



Index

NURSING COLLEGE

(A unit of Mayank Welfare Society)

(Recognized by Indian Nursing Council New Delhi, Madhya Pradesh Nurses Registration Council Bhopal)
[Affiliated to Malwanchal University, Indore (Madhya Pradesh)]

(2020-21)

SYLLABUS

B.SC. NURSING FOUR YEAR DEGREE COURSE

MALWANCHAL UNIVERSITY

CURRICULUM

Duration

Course Duration	=	4 years
Weeks available per year	=	52 weeks
Vacation	=	6 weeks
Gazetted Holiday	=	3 weeks
Examination (including preparatory)	=	4 weeks
Available weeks	=	4 weeks
Hours per week	=	40 hours
Practical	=	30 hours per week
Theory	=	10 hours per week
Hours available per academic year (1 st to 3 rd year)	=	1881 hours (37wks×40 hrs) ×3=4440 hrs
Hours available for 4 th year	=	576 hrs (14 weeks×40 hours)
Hours available for internship	=	1690 hours (48 hours per week)
Total hours for 4 years	=	6130 hours (as per INC)
Revised total hours	=	6212 hours

Course of Instruction

FIRST YEAR

Subjects	Theory (class and lab)	Practical (clinical)	
1. *English	60 hours		
2. Anatomy	60 hours		
3. Physiology	60 hours		
4. Nutrition	60 hours 30 minutes	1 hour	
5. Biochemistry	30 hours		
6. Nursing Foundations	265 + 200 hours	450 hours	
7. Psychology	60 hours		
8. Microbiology	60 hours		
9. Introduction to Computers	45 hours		
10. **Hindi/ Regional language	30 hours		
11 Library work / Self Study			50 hours
12 Co-curricular activities			50 hours
Total Hours	930 hours 30 minutes	451 hours	100 hours
Total hours = 1481 hours 30 minutes			

**Optional

SECOND YEAR

Subjects	Theory (class and lab)	Practical (Clinical)	
1. Sociology	60 hours		
2. Pharmacology	45 hours		
3. Pathology &	30 hours		
4. Genetics	15 hours		
5. Medical Surgical Nursing (Adult including geriatrics) I	213 hours 45 minutes	723 hours	
6. Community Health Nursing I	95 hours 10 minutes	137 hours	
7. Communication and Educational Technology	60 + 30 hours		
8. Library work / Self Study			50 hours
9. Co-curricular activities			35 hours
Total Hours	548 hours 55 minutes	860 hours	85 hours
Total hours = 1493 hours 55 minutes			

THIRD YEAR

Subjects	Theory (class and lab)	Practical (Clinical)	
1. Medical-Surgical Nursing (Adult including geriatrics)-II	121 hours	273 hours	
2. Child Health Nursing	94 hours 10 minutes	277 hours	
3. Mental Health Nursing	92 hours	271 hours	
4. Midwifery and Obstetrical Nursing	46 hours 30 minutes	186 hours	
5. Nursing research	45 hours		
6. Library work / Self Study			50 hours
7. Co-curricular activities			50 hours
Total Hours	398 hours 40 minutes	1007 hours	100 hours
Total hours = 1505 hours 40 minutes			

FOURTH YEAR

Subjects	Theory (In hrs) (class and lab)	Practical (In hrs) (Clinical)	(In hrs)
1. Midwifery and Obstetrical Nursing	50 hours 30 minutes	183 hours	
2. Community Health Nursing – II	101 hours 30 minutes	150 hours 30 minutes	
3. Management of Nursing Services and Education	93 hours	2 hours	
Total Hours	245 hours	335 hours 30 minutes	
Total Hours = 580 hours 30 minutes			

- *Project work to be carried out during internship.*

Internship (Integrated Practice)

Subject	Theory	Practical (In hrs)	In Weeks
1. Midwifery and Obstetrical nursing		240	5
2. Community Health Nursing-II		195	4
3. Medical Surgical Nursing (Adult and geriatric)		430	9
4. Child Health		145	3
5. Mental Health		95	2
6. Research Project		45	1
Total hours		1150	24
Total : 1730 hours 30 minutes			

Note:

1. Internship means 8 hours of integrated clinical duties in which 2 weeks of evening and night shift duties are included.
2. Internship should be carried out as 8 hours per day @ 48 hours per week.
3. Students during internship will be supervised by nursing teachers.
4. Fourth year final examination to be held only after completing internship

Scheme of Examination

FIRST YEAR

Subject	Assessment			
	Hours	Internal	External	Total
Theory				
1. Anatomy & Physiology	3	25	75	100
2. Nutrition and Biochemistry	3	25	75	100
3. Nursing Foundation	3	25	75	100
4. Psychology	3	25	75	100
5. Microbiology	3	25	75	100
6. English	3	25	75	100
7. Introduction to Computer		25	75	100
Practical and Viva Voce				
1. Nursing Foundations		100	100	200

SECOND YEAR

Subject	Assessment			
	Hours	Internal	External	Total
Theory				
8. Sociology	3	25	75	100
9. Medical Surgical Nursing- I	3	25	75	100
10. Pharmacology, Pathology, Genetics	3	25	75	100
11. Community Health Nursing – I	3	25	75	100
12. Communication and Educational Technology	3	25	75	100
Practical and Viva Voce				
2. Medical – Surgical Nursing - I		100	100	200

THIRD YEAR

Subject	Assessment			
	Hours	Internal	External	Total
Theory				
13. Medical Surgical Nursing- II	3	25	75	100
14. Child Health Nursing	3	25	75	100
15. Mental Health Nursing	3	25	75	100
16. Nursing Research & Statistics	3	25	75	100
Practical and Viva Voce				
3. Medical - Surgical Nursing- II		50	50	100
4. Child Health Nursing		50	50	100
5. Mental Health Nursing		50	50	100

FOURTH YEAR

Subject	Assessment			
	Hours	Internal	External	Total
Theory 17. Midwifery and Obstetrical Nursing	3	40	100	140
18. Community Health Nursing – II	3	40	100	140
19. Management of Nursing Services and Education	3	40	100	140
Practical and Viva Voce 6. Midwifery and Obstetrical Nursing		50	50	100
7. Community Health Nursing		50	50	100

Note:

1. Anatomy and physiology –Question paper will consist of section A Anatomy of 37 marks and B physiology should be 38 marks.
2. Nutrition and Biochemistry and question paper will consist of section a Nutrition of 45 marks and section B of Biochemistry of 30 marks.
3. Pharmacology, genetics, pathology: Section A of Pharmacology with 38 marks, Section B Pathology of 25 and genetics with 12 marks.
4. Nursing Research & Statistics- Nursing Research should be of 50 marks and Statistics of 25 marks.
5. Minimum pass marks shall be 40% for English only.
6. Theory and practical exams for introduction to computer to be conducted as college exam and marks to be sent to the University for Inclusion in the mark sheet.
7. Minimum pass marks shall be 50% in each of the Theory and Practical papers separately.
8. A candidate must have minimum of 80% attendance (irrespective of the kind of absence) in theory and practical in each subject for appearing for examination.
9. A candidate must have 100% attendance in each of the practical areas before award of degree.
10. A candidate has to pass in theory and practical paper exam separately in each of the paper.
11. If a candidate fails in either theory or practical paper he/she has to re-appear for both papers (Theory and practical).
12. The candidate if fails can be permitted for admission to next year.
13. The candidate shall have to clear all the previous examination before appearing for final year examination.
14. No institution shall submit average internal marks of the students more than 75% i.e., if 40 students are admitted in a course, the average score of the 40 students shall not exceed 75% of total internal marks. (Examples of 5 students: A=25, B=20, C=22, D=21, E=24 Average score =89.6%. This will not be accepted by the State Nursing Registration Council)
15. The maximum period to complete the course successfully should not exceed 8 year.
16. Maximum number of Candidates for practical examination should not exceed 20 per year.
17. All practical examinations must be held in the respective clinical areas.
18. One internal and one external examiner should jointly conduct practical examination for each student.
19. An examiner should be a lecture or above in a college of nursing with M.sc. (N) in concerned subject and minimum of 3 years of teaching experience in the collegiate program. To be an examiner for nursing foundation course faculty having M.sc (N) with any specialty shall be considered.
20. On completion of internship, internal assessment of 100 marks should be sent to the University for Inclusion in the mark sheets.
21. Final year marks shall be withheld till the candidate completes required attendance for practical and internship.

MALWANCHAL UNIVERSITY

CURRICULUM

MALWANCHAL UNIVERSITY

ENGLISH

Placement – First Year

Time: Theory – 60 hours

Course Description: The Course is designed to enable students to enhance ability to comprehend spoken and written English (and use English) required for effective communication in their professional work. Students will practice their skills in verbal and written English during clinical and classroom experience.

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
I	10	* Speak and write grammatically correct English	* Review of Grammar * Remedial study of Grammar * Building Vocabulary * Phonetics * Public Speaking	* Demonstrate use of dictionary * Class room conversion * Exercise on use of grammar * Practice in public speaking	* Essay type * Objective type * Fill in the blanks * Paraphrasing
II	30	* Develop ability to read, understand and express meaningfully the prescribed text	* Read and comprehend prescribed course books	* Exercise on : ▪ Reading ▪ Summarizing ▪ Comprehension	* Essay type * Short answers * Essay types
III	10	* Develop writing skills	* Various forms of Composition ▪ Letter writing ▪ Note taking ▪ Precise writing ▪ Nurses notes ▪ Anecdotal records ▪ Diary writing ▪ Reports on health problems etc. ▪ Resume/CV	* Exercises on writing ▪ Letter writing ▪ Nurses Notes ▪ Precise ▪ Diary ▪ Anecdote ▪ Health problems ▪ Story writing ▪ Resume/CV * Essay Writing ▪ Discussion on written reports/ documents	* Essay type * Assessment of the skills based on the check list.

IV	6	*Develop skill in spoken English	* Spoken English <ul style="list-style-type: none"> ▪ Oral report ▪ Discussion ▪ Debate ▪ Telephonic Conversation 	* Exercise on: <ul style="list-style-type: none"> ▪ Debating ▪ Participating in Seminar, panel, symposium ▪ Telephonic Conversation 	*Assessment of the skills based on the check list.
V	4	*Develop skill in listening comprehension	* Learning Comprehension <ul style="list-style-type: none"> ▪ Media, audio, video, speeches etc 	* Exercise on: <ul style="list-style-type: none"> ▪ Listening to audio, video tapes and identify the key points 	* Assessment of the skills based on the check list.

MALWANCHAL UNIVERSITY

ANATOMY

Placement – First year

Time: Theory – 60 hours

Course Description: The course is designed to enable students to acquire knowledge of the normal structure of various human body systems and understand the alterations in anatomical structures in disease and practice of nursing.

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment Method
I	5	* Describe the anatomical terms, organization of human body and structure of cell, tissues, membranes and glands.	Introduction to Anatomical terms organization of the human body * Human Cell structure * Tissues – Definition, Types, characteristics, classification, location, functions & formation. * Membranes and glands – classification and structure Alterations in disease Applications and implications in nursing	* Lecture discussion * Explain using charts, microscopic slides, Skeleton & torso * Demonstrate cells, types of tissues membranes and glands * Record book	* short answer questions *Objective type
II	6	* Describe the structure & function of bones and joints	The Skeletal System * Bones – types, structure, Axial & Appendicle Skeleton, * Bone formation and growth * Description of bones * Joints classification and structure Alterations in disease Applications and implications in nursing	* Lecture discussion * Explain using charts, skeleton, loose bones and joins * Record book	* short answer questions *Objective type
III	7	* Describe the structure and function of muscles	The Muscular System * Types and structure of muscles * Muscle groups Alterations in disease Applications and implications in nursing.	* Lecture discussion * Explain using chart, models and films * Demonstrate muscular movements * Record book	* short answer questions *Objective type
IV	6	* Describe the structure & function of nervous system	The Nervous System * Structure of neurologic & neurons * Somatic Nervous system ▪ Structure of brain, spinal chord, cranial	* Lecture discussion * Explain using models, charts, slides, specimens * Record book	* short answer questions *Objective type

			<p>nerves, spinal nerves, peripheral nerves</p> <p>* Autonomic Nervous System – Sympathetic, parasympathetic</p> <p>* Structure, location</p> <p>Alterations in disease</p> <p>Applications and implications in nursing</p>		
V	6	Explain the structure & functions of sensory organs	<p>The Sensory Organs</p> <p>* Structure of skin, eye, ear, nose tongue, (Auditory and olfactory apparatus)</p> <p>Alterations in disease</p> <p>Applications and implications in nursing</p>	<p>* Lecture discussion</p> <p>* Explain using models, charts, slides, specimens</p> <p>* Record book</p>	<p>* short answer questions</p> <p>* Objective type</p>
VI	7	Describe the structure & function of circulatory and lymphatic system	<p>Circulatory and lymphatic system</p> <p>* The Circulatory System</p> <ul style="list-style-type: none"> ▪ Blood – Microscopic structure ▪ Structure of Heart ▪ Structure of blood vessels- Arterial & Venous System ▪ Circulation: Systemic, pulmonary, coronary <p>* Lymphatic System</p> <ul style="list-style-type: none"> ▪ Lymphatic vessels & lymph ▪ Lymphatic tissues <ul style="list-style-type: none"> - Thymus gland - Lymph nodes - Spleen - Lymphatic tissues <p>Alterations in disease</p> <p>Applications and implications in nursing.</p>	<p>* Lecture discussion</p> <p>* Explain using models, charts, slides, specimens</p> <p>* Record book</p>	<p>* short answer questions</p> <p>* Objective type</p>
VII	5	* Describe the structure & functions of respiratory system.	<p>The Respiratory System</p> <p>* Structure of the organs of respiration</p> <p>* Muscles of respiration: Intercostals and Diaphragm</p> <p>Alterations in disease</p> <p>Applications and implications in nursing</p>	<p>* Lecture discussion</p> <p>* Explain using models, charts slides, specimens</p> <p>* Record book</p>	<p>* short answer questions</p> <p>* Objective type</p>

VIII	6	* Describe the structure & functions of digestive system.	The Digestive System * Structure of Alimentary tract and accessory organs of digestion Alterations in disease Applications and implications in nursing	* Lecture discussion * Explain using models, charts slides, specimens * Record book	* short answer questions *Objective type
IX	4	* Describe the structure & functions of excretory system	The Excretory system (Urinary) * Structure of organs of urinary * System: Kidney, Ureters, urinary, bladder, urethra, structure of skin Alterations in disease Applications and implications in nursing	* Lecture discussion * Explain using models, charts slides, specimens * Record book	* short answer questions *Objective type
X	4	* Describe the structure & functions of endocrine system	The Endocrine system * Structure of Pituitary, Pancreas, thyroid, Parathyroid, thymus and adrenal glands Alterations in disease Applications and implications in nursing	* Lecture discussion * Explain using models, charts slides, specimens * Record book	* short answer questions *Objective type
XI	4	* Describe the structure & functions of reproductive system	The Reproductive system including breast * Structure of female reproductive organs * Structure of male reproductive organs * Structure of breast Alterations in disease Applications and implications in nursing	* Lecture discussion * Explain using models, charts slides, specimens * Record book	* short answer questions *Objective type

PHYSIOLOGY

Placement – First Year

Time: Theory – 60 Hours

Course Description: The Course is designed to assist the students to acquire knowledge if the normal physiology of various human body systems and understand the alterations in physiology in diseases and practice of nursing.

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
I	4	* Describe the physiology of cell, tissues, membranes and glands	Cell Physiology * Tissue formation, repair * Membranes & glands – functions Alterations in disease Applications and implications in nursing	* Lecture discussion	* short answer questions *Objective type
II	4	* Describe the bone formation and growth and movements of skeleton system	Skeletal System * Bone formation & growth * Bones – Functions and movements of bones of axial and appendicular skeleton, bone healing * Joints and joint movement Alterations in disease Applications and implications in nursing	* Lecture discussion * Explain using charts, models and films * Demonstration of joint movements	* short answer questions *Objective type
III	4	* Describe the muscle movements and tone and demonstrate muscle contraction and tone	Muscular System * Muscle movements, Muscle tone, Physiology of muscle contraction, levels and maintenance of posture Alterations in disease Applications and implications in nursing	* Lecture discussion * Explain using Charts, models, slides, specimen and films *Demonstration of muscle movements, tone and contraction	* short answer questions *Objective type
IV	7	* Describe the physiology of nerve stimulus, reflexes, brain, cranial and spinal nerves *Demonstrate reflex action and	Nervous System * Functions of Neurologia & neurons * Stimulus & nerve-impulse- definitions and mechanism * Functions of brain, spinal cord, cranial and spinal nerves * Cerebrospinal fluid- composition, circulation and function * Reflex arc, Reflex action	* Lecture discussion * Explain using, Charts, models and films * Demonstrate nerve stimulus, reflex action, reflexes	* short answer questions *Objective type

		stimulus	and reflexes * Automatic functions – <ul style="list-style-type: none"> ▪ Pain: somatic, visceral and referred ▪ Automatic learning and biofeedback Alterations in disease Applications and implications in nursing		
V	8	* Describe the physiology of blood and functions of Heart * Demonstrate blood cell count, coagulation, grouping Hb: BP and Pulse monitoring	Circulatory System * Blood formation, composition, blood groups, blood coagulation * Hemoglobin: Structure, Synthesis and breakdown, Variation of molecules, estimation * Functions of Heart, Conduction, Cardiac cycle, circulation-Principles, Control, factors influencing BP and Pulse Alterations in disease Applications and implications in nursing	* Lecture discussion * Explain using charts, films * Demonstration of Blood cell count, coagulation, grouping, Hemoglobin estimation, Heart conduction system. * Measurement of pulse, BP	* short answer questions * Objective type
VI	6	* Describe the physiology and mechanisms of respiration * Demonstrate spirometry	The Respiratory System * Functions of respiratory organs * Physiology of respiration * Pulmonary ventilation, Volume * Mechanics of respiration * Gaseous exchange in lungs * Carriage of oxygen & carbon-dioxide * Exchange of gases in tissues * Regulation of respiration, Alterations in disease Applications and implications in nursing.	* Lecture discussion * Explain using Charts, films * Demonstration of spirometry	* short answer questions * Objective type
VII	6	* Describe the Physiology of digestive system * Demonstrate BMR	The Digestive System * Functions of organs of digestive tract. Movements of alimentary tract, Digestion in mouth, stomach, small intestines, Large intestines, Absorption of food. Functions of liver,	* Lecture discussion * Explain using Charts, Films	* short answer questions * Objective type

			gall bladder and pancreas * Metabolism of carbohydrates, protein and fat		
VIII	5	*Describe the Physiology of excretory system	The Excretory System * Functions of kidneys, ureters, urinary bladder & urethra * Composition of urine * Mechanism of urine formation * Functions of skin * Regulation of body temperature * Fluid and electrolyte balance Alterations in disease Applications and implications in nursing	* Lecture discussion * Explain using Charts, films	* short answer questions *Objective type
IX	4	*Describe the physiology of sensory organs	The Sensory Organs * Functions of skin, eye, ear, nose, tongue, Alterations in disease Applications and implications in nursing.	* Lecture discussion * Explain using Charts, films	* short answer questions *Objective type
X	5	*Describe the physiology of endocrine glands	The Endocrine Glands * Functions of Pituitary, pineal body, thymus, Thyroid, parathyroid, pancreas, Suprarenal, Placenta and ovaries & Testes Alterations in disease Applications and implications in nursing.	* Lecture discussion * Explain using Charts, films * Demonstration of BMR	* short answer questions *Objective type
XI	5	*Describe the physiology of male and female reproductive system	The Reproductive System * Reproduction of cells – DNA, Mitosis, Meiosis, spermatogenesis, oogenesis. * Functions of female reproductive organs; Functions breast, Female sexual cycle. * Introduction to embryology * Functions of male reproductive organs, Male	* Lecture discussion *Explain using Charts, films models, specimens	* short answer questions *Objective type

			function in reproduction, Male fertility system Alterations in disease Applications and implications in nursing		
XII	2	*Describe the Physiology of Lymphatic and Immunological System	Lymphatic & Immunological System * Circulation of lymph * Immunity <ul style="list-style-type: none"> ▪ Formation of T-cells and B cells ▪ Types of Immune response ▪ Antigens ▪ Cytokines ▪ Antibodies 	* Lecture discussion * Explain using Charts, films	* short answer questions * Objective type

MALWANCHAL UNIVERSITY

NUTRITION

Placement: First Year

**Time: Theory: 60hours 30 minutes
Practical: 1hours**

Course of Description: The course is designed to assist the students to acquire knowledge of nutrition for maintenance of optimum health at different stages of life and its application for practice of nursing

Unit	Time (Hrs)		Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
	Th	Pr				
I	4		* Describe the relationship between nutrition & Health	Introduction * Nutrition: <ul style="list-style-type: none"> History Concepts * Role of nutrition in maintaining health * Nutritional problems in India * National nutritional policy * Factors affecting food and nutrition: socio-economic, cultural, tradition, production, system of distribution, life style and food habits etc. * Role of food and its medicinal value * Classification of foods * Food standards * Elements of nutrition: macro and micro * Calorie, BMR	* Lecture * Discussion * Explaining using charts * Panel discussion	* short answer questions * Objective type
II	2		* Describe the classification, functions, sources and recommended daily allowances (RDA) of carbohydrates	Carbohydrates * Classification * Calorie Value * Recommended daily allowances * Dietary sources * Functions * Digestion, absorption and storage, metabolism of carbohydrates * Malnutrition: Deficiencies and Over consumption	* Lecture * discussion * Explaining using charts	* short answer questions * Objective type

III	2		<ul style="list-style-type: none"> * Describe the classification, functions, sources and recommended daily allowances (RDA) of Fats 	Fats <ul style="list-style-type: none"> * Classification * Caloric value * Recommended daily allowances * Dietary sources * Functions * Digestion, absorption and storage, metabolism * Malnutrition: Deficiencies and over consumption 	<ul style="list-style-type: none"> * Lecture discussion * Explaining using charts 	<ul style="list-style-type: none"> * short answer questions * Objective type
IV	2		<ul style="list-style-type: none"> * Describe the classification, functions, sources and recommended daily allowances (RDA) of Proteins 	Proteins <ul style="list-style-type: none"> * Classification * Caloric value * Recommended daily allowances * Dietary sources * Functions * Digestion, absorption, metabolism and storage * Malnutrition: Deficiencies and Over consumption 	<ul style="list-style-type: none"> * Lecture discussion * Explaining using charts 	<ul style="list-style-type: none"> * short answer questions * Objective type
V	3		<ul style="list-style-type: none"> * Describe the daily calorie requirement for different categories of people 	Energy <ul style="list-style-type: none"> * Unit of Energy – Kcal * Energy requirements of different categories of people * Measurements of energy * Body Mass Index (BMI) and basic metabolism * Basal Metabolic Rate (BMR) - determination and factors affecting 	<ul style="list-style-type: none"> * Lecture discussion * Explaining using charts * Exercise * Demonstration 	<ul style="list-style-type: none"> * short answer questions * Objective type
VI	4		<ul style="list-style-type: none"> * Describe the classification, functions, sources and recommended daily allowances (RDA) of Vitamins 	Vitamins <ul style="list-style-type: none"> * Classification * Recommended daily allowances * Dietary sources * Functions * Absorption, synthesis, metabolism storage and excretion * Deficiencies * Hypervitaminosis 	<ul style="list-style-type: none"> * Lecture discussion * Explaining using charts 	<ul style="list-style-type: none"> * short answer questions * Objective type

VII	4		<ul style="list-style-type: none"> * Describe the classification, functions, sources and recommended daily allowances (RDA) of Minerals 	Minerals <ul style="list-style-type: none"> * Classification * Recommended daily allowances * Dietary sources * Functions * Absorption, synthesis, metabolism storage and excretion * Deficiencies * Over consumption and toxicity 	<ul style="list-style-type: none"> * Lecture discussion * Explaining using charts 	<ul style="list-style-type: none"> * short answer questions * Objective type
VIII	3		<ul style="list-style-type: none"> * Describe the sources, functions and requirements of Water & electrolytes 	Water & electrolytes <ul style="list-style-type: none"> * Water: Daily requirement, regulation of water metabolism, distribution of body water, * Electrolytes: Types, sources, composition of body fluids * Maintenance of fluid & electrolyte balance * Over hydration, dehydration and water intoxication * electrolyte imbalances 	<ul style="list-style-type: none"> * Lecture discussion * Explaining using charts 	<ul style="list-style-type: none"> * short answer questions * Objective type
IX	5	15	<ul style="list-style-type: none"> * Describe the Cookery rules and preservation of nutrients * Prepare and serve simple beverages and different types of foods 	Cookery rules and preservation of nutrients <ul style="list-style-type: none"> * Principles, methods of cooking and serving <ul style="list-style-type: none"> ▪ Preservation of nutrients * Safe Food handling-toxicity * Storage of food * Food preservation, food additives and its principles * prevention of food adulteration Act (PFA) * Food standards * Preparation of simple beverages and different types of food 	<ul style="list-style-type: none"> * Lecture discussion * Demonstration * Practice session 	<ul style="list-style-type: none"> * short answer questions * Objective type

X	7	5	<ul style="list-style-type: none"> * Describe and plan balanced diet for different categories of people 	Balanced diet <ul style="list-style-type: none"> * Elements * Food groups * Recommended Daily allowance * Nutritive value of foods * Calculation of balanced diet for different categories of people * Planning menu * Budgeting of food * Introduction to therapeutic diets: Naturopathy – diet 	<ul style="list-style-type: none"> * Lecture discussion * Explaining with slide /film shows * Demonstration of assessment of nutritional status 	<ul style="list-style-type: none"> * short answer questions * Objective type
XI	4		<ul style="list-style-type: none"> * Describe various national programmes related to nutrition * Describe the role of nurse in assessment of nutritional status and nutrition education 	Role of nurse in nutritional programmes <ul style="list-style-type: none"> * National programmes related to nutrition <ul style="list-style-type: none"> ▪ Vitamin A deficiency programme ▪ National iodine deficiency disorders (IDD) programme ▪ Mid-day meal programme ▪ Integrated child development scheme (ICDS) * National and International agencies working towards food/nutrition <ul style="list-style-type: none"> ▪ NIPCCD, CARE, FAO, NIN, CFTRI (Central food technology and research institute) etc. * Assessment of nutritional status * Nutrition education and role of nurse 	<ul style="list-style-type: none"> * Lecture Discussion * Explaining with Slide / Film shows * Demonstration of Assessment of nutritional status 	<ul style="list-style-type: none"> * short answer questions * Objective type
XII	30 mnt	1	Explain National Nutrition Mission	National Nutrition Mission-Theory: Purpose, strategy, components of Poshan Abhiyaan Practical- Activity 41 of module 3 of CCH (Promoting and Monitoring Growth and Development and Plotting Chart)	Lesson Plan; PPT/Job Aid Checklist	<ul style="list-style-type: none"> * short answer questions * Objective type

BIOCHEMISTRY

Placement – First Year

Time: Theory –30 Hours

Course Description: The Course is designed to assist the students to acquire knowledge of the normal biochemical composition and functioning of human body and understand the alterations in biochemistry in diseases for practice of nursing.

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
I	3	<ul style="list-style-type: none"> *Describe the structure Composition and functions of cell *Differentiate between Prokaryote & Eukaryote cell * Identify techniques of Microscopy 	Introduction <ul style="list-style-type: none"> * Definition and significance in nursing * Review of structure, Composition and functions of cell * Prokaryote and Eukaryote cell organization * Microscopy 	<ul style="list-style-type: none"> * Lecture discussion using charts, slides * Demonstrate use of microscope 	<ul style="list-style-type: none"> * short answer questions *Objective type
II	6	<ul style="list-style-type: none"> * Describe the structure and functions of cell membrane 	Structure and functions of Cell membrane <ul style="list-style-type: none"> * Fluid mosaic model tight junction, Cytoskeleton * Transport mechanism: diffusion osmosis, filtration, active channel, sodium pump * Acid base balance-maintenance & diagnostic tests <ul style="list-style-type: none"> ▪ PH buffers 	<ul style="list-style-type: none"> * Lecture discussion 	<ul style="list-style-type: none"> * short answer questions *Objective type
III	6	<ul style="list-style-type: none"> * Explain the metabolism of carbohydrates 	Composition and metabolism of Carbohydrates <ul style="list-style-type: none"> * Types, structure, composition and uses <ul style="list-style-type: none"> ▪ Monosaccharides, Disaccharides, Polysaccharides Oligosaccharides * Metabolism <ul style="list-style-type: none"> ▪ Pathways of glucose: <ul style="list-style-type: none"> • Glycolysis • Gluconeogenesis: Cori's cycle, Tricarboxylic acid (TCA) cycle • Glycogenolysis • Pentose phosphate ▪ Pathways (Hexose mono 	<ul style="list-style-type: none"> * Lecture discussion *Demonstration of Blood glucose monitoring 	<ul style="list-style-type: none"> * short answer questions *Objective type

			phosphate) Regulation of blood glucose level Investigations and their interpretation		
IV	4	* Explain the metabolism of Lipids	Composition and metabolism of Lipids * Types, Structure, composition and uses of fatty acids <ul style="list-style-type: none"> ▪ Nomenclature, Roles and Prostaglandins * Metabolism of fatty acid <ul style="list-style-type: none"> ▪ Breakdown ▪ Synthesis * Metabolism of triacylglycerols * Cholesterol metabolism <ul style="list-style-type: none"> ▪ Biosynthesis and its Regulation • Bile salts and bilirubin • Vitamin D • Steroid hormones * Lipoproteins and their functions <ul style="list-style-type: none"> ▪ VLDLs- IDLs, LDLs and HDLs ▪ Transport of lipids ▪ Atherosclerosis, Investigations and their interpretation 	* Lecture discussion using charts * Demonstration of laboratory tests	* short answer questions * Objective type
V	6	* Explain the metabolism of Amino acids and Proteins	Composition and metabolism of Amino acids and Proteins * Types, structure, composition and uses of Amino acids and Proteins * Metabolism of Amino acids and Proteins <ul style="list-style-type: none"> ▪ Protein synthesis, targeting and Glycosylation ▪ Chromatography ▪ Electrophoresis ▪ Sequencing * Metabolism of Nitrogen <ul style="list-style-type: none"> ▪ Fixation and Assimilation ▪ Urea Cycle ▪ Hemes and chlorophylls * Enzymes and co-enzymes <ul style="list-style-type: none"> ▪ Classification ▪ Properties ▪ Kinetics and inhibition 	* Lecture discussion using charts * Demonstration of laboratory tests	* short answer questions * Objective type

			<ul style="list-style-type: none"> ▪ Control Investigations and their interpretations 		
VI	2	*Describe types, composition and utilization of Vitamins & minerals	Composition of Vitamins and minerals * Vitamins and minerals: <ul style="list-style-type: none"> ▪ Structure, Classification, Properties, Absorption ▪ Storage & transportation ▪ Normal concentration *investigations and their interpretation	* Lecture discussion using charts *Demonstration of laboratory tests	* short answer questions *Objective type
VII	3	*Describe Immune-chemistry	Immunochemistry * Immune response, * Structure and classification of immunoglobins * Mechanism of antibody production * Antigens: HLA typing * Free radical and Antioxidants * Specialized Protein: Collagen, Elastin, Keratin, Myosin, Lens Protein. * Electrophoretic and Quantitative determination of immunoglobins – ELISA etc. Investigations and their interpretations	* Lecture discussion using charts *Demonstration of laboratory tests	* short answer questions *Objective type

NURSING FOUNDATIONS

Placement: First Year

Time: Theory - 265 hours
Practical - 650 hours
(200 lab and 450 clinical)

Course Description: This course is designed to help the students to develop an understanding of the philosophy, objectives, theories and process of nursing in various Supervised Clinical settings. It is aimed at helping the students to acquire knowledge, understanding and skills in techniques of nursing and practice them in Supervised Clinical settings.

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
I	10	<ul style="list-style-type: none"> * Describe the concept of health, illness and health care agencies 	Introduction <ul style="list-style-type: none"> * Concept of Health: Health – illness continuum * Factors influencing health * Causes and risk factors for developing illness * Body defenses: Immunity and immunization * Illness and illness Behavior: * Impact of illness on patient and family * Health Care Services: Health Promotion and Prevention, Primary Care, Diagnosis, Treatment, Rehabilitation and Continuing Care * Health care teams * Types of health care agencies * Hospitals: Types, Organization and Functions * Health Promotion and Levels of Disease Prevention * Primary Health care and its delivery: Role of nurse 	<ul style="list-style-type: none"> * Lecture discussion * Visit to health care agencies 	<ul style="list-style-type: none"> * Essay type * short answer questions * Objective type
II	16	<ul style="list-style-type: none"> * Explain concept and scope of nursing * Describe values, code of ethics and professional conduct for nurses of India 	Nursing as a profession <ul style="list-style-type: none"> * Definition and Characteristics of a profession * Nursing: <ul style="list-style-type: none"> ▪ Definition, Concepts, philosophy, objectives ▪ Characteristics, nature and scope of nursing practice ▪ Functions of nurse ▪ Qualities of a nurse ▪ Categories of nursing personnel 	<ul style="list-style-type: none"> * Lecture discussion * Case discussion * Role plays 	<ul style="list-style-type: none"> * Essay type * short answer questions * Objective type

			<ul style="list-style-type: none"> ▪ Nursing as a profession ▪ History of Nursing in India. <p>* Values: Definition, Types, Values Classification and values in professional Nursing: Caring & Advocacy</p> <p>* Ethics:</p> <ul style="list-style-type: none"> ▪ Definition and Ethical Principles ▪ Code of ethics and professional conduct for nurses 		
III	4	<p>* Explain the admission and discharge procedure</p> <p>* Performs admission and discharge procedure</p>	<p>Hospital admission and discharge</p> <p>* Admission to the hospital</p> <ul style="list-style-type: none"> ▪ Unit and its preparation-admission bed ▪ Admission procedure ▪ Special considerations ▪ Medico-legal issues ▪ Roles and Responsibilities of the nurse <p>* Discharge from the hospital</p> <ul style="list-style-type: none"> ▪ Types: Planned discharge, LAMA and abscond, Referrals and transfers ▪ Discharge Planning ▪ Discharge procedure ▪ Special consideration ▪ Medico-legal issues ▪ Roles and Responsibilities of the nurse ▪ Care of the unit after discharge 	<p>* Lecture discussion</p> <p>* Demonstration</p> <p>* Lab Practice</p> <p>* Supervised Clinical practice</p>	<p>* Essay type</p> <p>* short answer questions</p> <p>* Objective type</p> <p>* Assess skills with check list</p> <p>* clinical practical Examination</p>
IV	10	<p>* Communicate effectively with patient, families and team members and maintain effective human relations (projecting professional image)</p> <p>*</p>	<p>Communication and Nurse patient relationship</p> <p>* Communication: Levels, Elements, Types, Modes, Process, Factors influencing Communication</p> <ul style="list-style-type: none"> ▪ Methods of Effective Communication, • Attending skills • Rapport building skills • Empathy skills ▪ Barriers to effective communication, <p>* Helping Relationship (NPR): Dimensions of Helping Relationships, Phase of a helping relationship</p> <p>* Communicating effectively with</p>	<p>* Lecture discussion</p> <p>* Role play and video film on the nurses interacting with the patient</p> <p>* Practice session on patient teaching</p> <p>* Supervised Clinical Practice</p>	<p>* Essay type</p> <p>* short answer questions</p> <p>* Objective type</p>

		Appreciate the importance of patient teaching in nursing	patient, families and team members and maintain effective human relations with special reference to communicating with vulnerable group(children, women, physically and mentally challenged and elderly) * Patient Teaching: Importance, Purposes, Process, role of nurse and Integrating teaching in Nursing Process.		
V	15	* Explain the concept, uses, format and steps of nursing process * Documents nursing process as per the format	The Nursing Process * Critical Thinking and Nursing Judgment <ul style="list-style-type: none"> ▪ Critical Thinking: Thinking and Learning ▪ Competencies, Attitudes for Critical Thinking, Levels of critical thinking in Nursing * Nursing Process Overview: Application in Practice <ul style="list-style-type: none"> ▪ Nursing process format: INC, current format ▪ Assessment - Collection of Data : Types, Sources, Methods - Formulating Nursing Judgment: Data interpretation ▪ Nursing Diagnosis - Identification of client problems - Nursing diagnosis statement - Difference between medical and nursing diagnosis ▪ Planning - Establishing Priorities - Establishing Goals and Expected Outcomes - Selection of interventions : Protocols and standing Orders - Writing the Nursing Care Plan ▪ Implementation - Implementing the plan of care ▪ Evaluation - Outcome of care - Review and Modify ▪ Documentation & Reporting 	* Lecture discussion * Demonstration * Exercise * Supervised Clinical Practice	* Essay type * short answer questions * Objective type
VI	4	* Describe the purposes, types and	Documentation and Reporting * Documentation : Purposes of Recording and reporting * Communication within the Health	* Lecture discussion * Demonstration	* Essay type * short answer

		techniques of recording and reporting	<p>Care Team</p> <ul style="list-style-type: none"> * Types of records; ward records, medical/nursing records, * Common Record-keeping forms, Computerized documentation * Guidelines for Reporting: Factual Basis, Accuracy, Completeness, correctness', Organization, confidentiality * Methods of Recording * Reporting: Change of shift reports: Transfer reports, incident reports <ul style="list-style-type: none"> • Minimizing legal Liability through effective record keeping 	<ul style="list-style-type: none"> * Practice Session * Supervised Clinical Practice 	<p>questions</p> <ul style="list-style-type: none"> *Objective type
VII	15	<ul style="list-style-type: none"> * Describe principles and techniques of monitoring and maintaining vital signs * Monitor and maintain vital signs 	<p>Vital signs</p> <ul style="list-style-type: none"> * Guidelines for taking vital signs : * Body temperature: <ul style="list-style-type: none"> ▪ Physiology, Regulation, Factors affecting body temperature, ▪ Assessment of body temperature: sites, equipments and technique, special considerations ▪ Temperature alterations: Hyperthermia, Heatstroke, Hypothermia ▪ Hot and cold applications * Pulse: <ul style="list-style-type: none"> ▪ Physiology & Regulation, Characteristics of the pulse, Factors affecting pulse ▪ Assessment of the pulse: sites, location, equipments and technique, special considerations ▪ Alterations in pulse: * Respiration <ul style="list-style-type: none"> ▪ Physiology and Regulation, Mechanics of breathing Characteristics of the respiration, Factors affecting respiration ▪ Assessment of respirations: Technique, special considerations ▪ Alterations in respiration * Blood pressure : <ul style="list-style-type: none"> ▪ Physiology and Regulation, 	<ul style="list-style-type: none"> * Lecture discussion * Demonstration * Practice * Supervised Clinical Practice 	<ul style="list-style-type: none"> * Essay type * short answer questions * Objective type * Assess with check list and clinical practical examination

			<p>Characteristics of the blood pressure, Factors affecting blood pressure</p> <ul style="list-style-type: none"> Assessment of blood pressure: sites, equipments and technique, special considerations Alterations in blood pressure <p>Recording of vital signs</p>		
VIII	30	<p>* Describe purpose and process of health assessment</p> <p>* Describe the health assessment of each body system</p> <p>* Perform health assessment of each body system</p>	<p>Health assessment</p> <p>* Purposes</p> <p>* Process of Health assessment</p> <ul style="list-style-type: none"> Health History Physical examination : <ul style="list-style-type: none"> Methods-Inspection, Palpation, Percussion, Auscultation, Olfaction Preparation for examination: patient and unit General assessment Assessment of each body system Recording of health assessment 	<p>* Lecture discussion</p> <p>* Demonstration</p> <p>* Practice on stimulators</p> <p>* Supervised Clinical Practice</p>	<p>* Essay type</p> <p>* short answer questions</p> <p>* Objective type</p>
IX	5	<p>* Identify the various machinery, equipment and linen and their care</p>	<p>Machinery, Equipment and linen</p> <p>* Types: Disposables and reusable- Linen, rubber goods, glass ware, metal, plastics, furniture, machinery</p> <p>* Introduction</p> <ul style="list-style-type: none"> Indent Maintenance Inventory 	<p>* Lecture discussion</p> <p>* Demonstration</p>	<p>* Essay type</p> <p>* short answer questions</p> <p>* Objective type</p>
X	60	<p>* Describe the basic, psychological needs of patient</p> <p>* Describe the principles and techniques for meeting basic, Physiological and psychosocial needs of</p>	<p>Meeting needs of patient</p> <p>* Basic needs (Activities of daily living)</p> <ul style="list-style-type: none"> Providing safe and clean environment: <ul style="list-style-type: none"> Physical-environment: Temperature, Humidity, Noise, Ventilation, light, Odour, pests control Reduction of physical hazards: fire, accidents Safety devices: Restraints, side rails, airways, trapeze etc. Role of nurse in providing 	<p>* Lecture discussion</p> <p>* Demonstration</p> <p>* Practice sessions</p> <p>* Supervised Clinical Practice</p>	<p>* Essay type</p> <p>* short answer questions</p> <p>* Objective type</p>

		<p>patient</p> <p>* Perform nursing assessment, plan implement and evaluate the care for meeting basic, physiological and psychosocial needs of patient</p>	<p>safe and clean environment.</p> <ul style="list-style-type: none"> ▪ Hygiene:- • Factors Influencing Hygienic Practice • Hygienic care: Care of the Skin-Bath and pressure points, feet and nail, Oral cavity, Hair Care, Eyes, Ears and Nose <ul style="list-style-type: none"> ○ Assessment, Principles, Types, Equipments, Procedure, Special Considerations - Patient environment: Room Equipment and linen, making patient beds <ul style="list-style-type: none"> ○ Types of beds and bed making ▪ Comfort:- - Factors influencing Comfort - Comfort devices <p>* Physiological needs:-</p> <ul style="list-style-type: none"> ▪ Sleep and Rest : <ul style="list-style-type: none"> - Physiology of sleep - Factors affecting sleep - Promoting Rest and sleep - Sleep Disorders ▪ Nutrition :- <ul style="list-style-type: none"> - Importance - Factors affecting nutritional needs - Assessment of nutritional needs - Meeting Nutritional needs: Principles, equipments, procedure and special considerations <ul style="list-style-type: none"> ○ Oral ○ Enteral : Naso/ Orogastric, gastrostomy ○ Parenteral : ▪ Urinary Examination <ul style="list-style-type: none"> - Review of Physiology of Urine Elimination, Composition and characteristics of urine. - Factors influencing Urination - Alteration in Urinary Elimination - Types and Collection of urine specimen: 		
--	--	---	--	--	--

			<p>Observation, urine testing</p> <ul style="list-style-type: none"> - Facilitating urine elimination: assessment, types, equipments, procedures and special considerations <ul style="list-style-type: none"> ○ Providing urinal/bed pan ○ Condom drainage ○ Perineal care ○ Catheterization ○ Care of urinary drainage ○ Care of urinary diversions ○ Bladder irrigation ▪ Bowel Elimination - Review of Physiology of Bowel Elimination, Composition and characteristics of faeces - Factors affecting Bowel elimination - Alteration in Bowel Elimination - Types and Collection of specimen of faeces: Observation - Facilitating bowel elimination: assessment, equipments, procedures and special considerations <ul style="list-style-type: none"> ○ Passing of Flatus tube ○ Enemas ○ Suppository ○ Sitz bath ○ Bowel was ○ Care of Ostomies ▪ Mobility and Immobility - Principles of Body Mechanics - Maintenance of normal body Alignment and mobility - Factors affecting body Alignment and mobility - Hazards associated with immobility - Alteration In body Alignment and mobility - Nursing interventions for impaired Body Alignment and Mobility: assessment, types, devices used, method and special considerations, rehabilitation aspects 		
--	--	--	---	--	--

			<ul style="list-style-type: none"> ○ Range of motion exercises ○ Maintaining body alignment: Positions ○ Moving ○ Lifting ○ Transferring ○ Walking ○ Restraints ▪ Oxygenation <ul style="list-style-type: none"> - Review of Cardiovascular and respiratory Physiology - Factors Affecting Oxygenation - Alterations in oxygenation - Nursing interventions in oxygenation : assessment, types, equipment used, procedure and special considerations ○ Maintenance of patent airway ○ Oxygen administration ○ Suction ○ Inhalations: dry and moist ○ Chest physiotherapy and postural drainage ○ Pulse oximetry ○ CPR-Basic life support ▪ Fluid, Electrolyte, and Acid – Base Balances <ul style="list-style-type: none"> - Review of Physiological regulation of Fluid, Electrolyte, and Acid-Base Balances - Factors Affecting Fluid, Electrolyte, and Acid-Base Balances - Alterations in Fluid, Electrolyte, and Acid- Base Balances - Nursing interventions in Fluid, Electrolyte and Acid - Base Imbalances : assessment, types, equipment, procedure and special considerations ○ Measurement fluid intake and output ○ Correcting Fluid Electrolyte Imbalance: <ul style="list-style-type: none"> ➤ Replacement of fluids: Oral and Parenteral - Venipuncture, regulating IV flow rates, changing IV solutions and 		
--	--	--	--	--	--

			tubing, changing IV dressing, ➤ Administering Blood transfusion ➤ Restriction of fluids • Psychosocial Needs ○ Concepts of Cultural Diversity, Stress and Adaptation, Self-concept, Sexuality, Spiritual Health, coping with loss, death and grieving ○ Assessment of psychosocial needs ○ Nursing intervention for psychosocial needs - Assist with coping and adaptation - Creating therapeutic environment ○ Recreational and diversional therapies		
XI	20	* Describe principles and techniques for infection control and biomedical waste management in Supervised Clinical settings	Infection control in Clinical settings * Infection control <ul style="list-style-type: none"> ▪ Nature of infection ▪ Chain of infection transmission ▪ Defenses against infection: Natural and acquired ▪ Hospital acquired infection (Nosocomial infection) * Concept of asepsis: medical asepsis, and surgical asepsis * Isolation precautions (Barrier nursing): <ul style="list-style-type: none"> ▪ Hand washing: simple, hand antisepsis and surgical antisepsis (scrub) ▪ Isolation: source and protective ▪ Personal protecting equipments: types, uses and technique of wearing and removing ▪ Decontamination of equipment and unit ▪ Transportation of infected patients ▪ Standard safety precautions (Universal precautions) 	* Lecture discussion * Demonstration * Practice session * Supervised Clinical practice	* Essay type * short answer questions * Objective type

			<ul style="list-style-type: none"> ▪ Transmission based precautions <p>* Biomedical waste management :</p> <ul style="list-style-type: none"> ▪ Importance ▪ Types of hospital waste ▪ Hazards associated with hospital waste ▪ Decontamination of hospital waste ▪ Segregation and Transportation and disposal 		
XII	40	<p>* Explain the principles, routes, effects of administration of medications</p> <p>* Calculate conversions of drugs and dosages within and between systems of measurements</p> <p>* Administer drugs by the following routes-oral, Intradermal, Subcutaneous, Intramuscular, Intravenous, topical, inhalation</p>	<p>Administration of Medications</p> <p>* General Principles/Considerations</p> <ul style="list-style-type: none"> ▪ Purposes of Medication ▪ Principles: 5 rights, Special Considerations, Prescriptions, Safety in Administering Medications and Medication Error ▪ Drugs forms ▪ Routes of administration ▪ Storage and maintenance of drugs and Nurses responsibility ▪ Broad classification of drugs ▪ Therapeutic Effect, Side Effects, Toxic Effects, Idiosyncratic Reactions, Allergic Reactions, Drug Tolerance, Drug Interactions, ▪ Factors influencing drug Actions, ▪ Systems of Drug Measurement: Metric System, Apothecary System, Household Measurements, Solutions. ▪ Converting Measurements units: Conversions within one system, Conversion between systems, Dosage Calculation, ▪ Terminologies and abbreviations used in prescriptions of medications <p>* Oral Drugs Administration: Oral, Sublingual and Buccal : Equipment, procedure</p> <p>* Parenteral</p> <ul style="list-style-type: none"> ▪ General principles: 	<p>* Lecture discussion</p> <p>* Demonstration</p> <p>* Practice session</p> <p>* Supervised Clinical practice</p>	<p>* Essay type</p> <p>* short answer questions</p> <p>* Objective type</p>

			<p>Decontamination and disposal of syringes and needles</p> <ul style="list-style-type: none"> ▪ Types of Parenteral therapies ▪ Types of syringes, needles, canula, and infusion sets ▪ Protection from Needle stick Injuries: Giving Medications with a safety syringes ▪ Routes of Parenteral therapies <ul style="list-style-type: none"> - Intradermal: purpose, site, equipment, procedure, special considerations. - Subcutaneous: purpose, site, equipment, procedure, special considerations - Intramuscular: purpose, site, equipment, procedure, special considerations - Intra Venous: purpose, site, equipment, procedure, special considerations - Advanced techniques: epidural, intrathecal, intraosseous, intraperitoneal, intraplural, intra arterial - Role of nurse <p>* Topical Administration : purposes, site, equipment, procedure, special considerations for</p> <ul style="list-style-type: none"> ▪ Application to Skin ▪ Application to mucous membrane - Direct application of liquids- Gargle and swabbing the throat - Insertion of Drug into body cavity: Suppository/ medicated packing in rectum/vagina - Institutions: Ear, Eye, Nasal, Bladder, and Rectal - Irrigations: Eye, Ear, Bladder, Vaginal and Rectal - Spraying: Nose and throat <p>* Inhalation: Nasal, oral, endotracheal/tracheal (steam, oxygen and medications) - purposes, types, equipment, procedure, special considerations</p> <ul style="list-style-type: none"> ▪ Recording and reporting of medications administered 		
XIII	10	*Describe the pre and	Meeting needs of Preoperative patients	* Lecture discussion	* Essay type

		<p>post operative care of patients</p> <p>* Explain the process of wound healing</p> <p>* Explain the principles and techniques of wound care</p> <p>* Perform care of wounds</p>	<p>* Definition and concept of Preoperative Nursing</p> <p>* Preoperative Phase</p> <ul style="list-style-type: none"> Preparation of patient for surgery <p>* Intraoperative</p> <ul style="list-style-type: none"> Operation theatre Set up and environment Role of nurse <p>* Postoperative Phase</p> <ul style="list-style-type: none"> Recovery unit Post operative unit Post operative care, <p>* Wounds: types, Classifications, wound Healing Process, Factors affecting Wound, Complications of Wound Healing</p> <p>* Surgical asepsis</p> <p>* Care of the wound: types, equipments, procedure and special consideration</p> <ul style="list-style-type: none"> Dressings, Suture Care, Care of Drainage Application of Bandages, Binders, Splints & Slings Heat and Cold Therapy 	<p>* Demonstration</p> <p>* Practice session</p> <p>* Supervised Clinical practice</p>	<p>* short answer questions</p> <p>* Objective type</p>
XIV	15	<p>* Explain care of patients having alterations in body functioning</p>	<p>Meeting special needs of the patient</p> <p>* Care of patients having alteration in</p> <ul style="list-style-type: none"> Temperature (hyper and hypothermia); Types, Assessment, Management Sensorium (Unconsciousness); Assessment, Management Urinary Elimination (retention and incontinence); Assessment, Management Functioning of sensory organs: (Visual & hearing impairment) Assessment of Self-Care ability Communication methods and special considerations Mobility (physically challenged, cast) assessment of Self-Care ability: Communication Methods and 	<p>* Lecture discussion</p> <p>* Case Discussions</p> <p>* Supervised Clinical practice</p>	<p>* Essay type</p> <p>* short answer questions</p> <p>* Objective type</p>

			<ul style="list-style-type: none"> special considerations ○ Mental state (mentally challenged), assessment of Self-Care ability; ○ Communication Methods and special considerations ○ Respiration (distress); Types, Assessment, Management ○ Comfort – (Pain) – Nature, Types, Factors influencing Pain, Coping, Assessment, Management; ○ Treatment related to gastrointestinal system: naso-gastric suction, gastric irrigation, gastric analysis. 		
XV	5	* Explain care of terminally ill patient	Care of Terminally ill patient <ul style="list-style-type: none"> ○ Concepts of Loss, Grief, grieving Process ○ Signs of clinical death ○ Care of dying patient: special considerations ● Advance directives: Euthanasia, will, dying declaration, organ donation etc. ○ Medico-legal issues ○ Care of dead body: equipment, procedure and care of unit ○ Autopsy ○ Embalming 	<ul style="list-style-type: none"> * Lecture discussion * Demonstration * Case discussion/Role play * Practice session * Supervised Clinical practice 	<ul style="list-style-type: none"> * Essay type * short answer questions * Objective type
XVI	6	* Explain the basic concepts of conceptual and theoretical models of nursing	Professional Nursing concepts and practices <ul style="list-style-type: none"> * Conceptual and theoretical models of nursing practice: Introduction of models-holistic model, health belief model, health promotion model etc. * Introduction to Theories in Nursing; Peplau's, Henderson's, Orem's, Neuman's, Roger's and Roy's * Linking theories with nursing process 	* Lecture discussion	<ul style="list-style-type: none"> * Essay type * short answer questions

NURSING FOUNDATIONS – PRACTICAL

Placement: First Year

**Time: Practical – 650 hours
(200 lab and 450 clinical)**

Course Description: This Course is designed to help the students to develop an understanding of the philosophy, objectives, theories, and process of nursing in various clinical settings. It is aimed at helping the students to acquire knowledge, understanding and skills in techniques of nursing and practice them in clinical setting

Areas	Time (Hrs)	Objectives	Skills	Assignments	Assessment Methods
Demonstration Lab General Medical and Surgery ward	200 450 Minimum practice time in clinical area: 100	<ul style="list-style-type: none"> * Performs admission and discharge procedure * Prepares nursing care plans as per the nursing process format 	Hospital admission and discharge (III) <ul style="list-style-type: none"> * Admission * Prepare Unit for new patient * Prepare admission bed * Performs admission procedure <ul style="list-style-type: none"> o New patient o Transfer in * Prepare patient records Discharge / Transfer out <ul style="list-style-type: none"> * Gives discharge counseling * Perform discharge procedure (Planned discharge, LAMA and abscond, Referrals and transfers) * Prepare records of discharge/transfer * Dismantle, and disinfect unit and equipment after discharge / transfer. Perform assessment: <ul style="list-style-type: none"> * History taking, Nursing diagnosis, problem list, Prioritization, Goals & Expected Outcomes, selection of interventions * Write Nursing Care Plan * Gives care as per the plan 	<ul style="list-style-type: none"> * Practice in Unit/hospital * Write nursing process records of patient * Simulated-1 * Actual - 1 	<ul style="list-style-type: none"> * Evaluate with checklist * Assessment of clinical performance with rating scale * Competition of practical record * Assessment of nursing process records with checklist * Assessment of actual care given with rating scale * Assess role plays

		<p>*Communicate effectively with patient, families and tea members and</p> <p>* Maintain effective human relations</p> <p>* Develops plan for patient teaching</p> <p>* Prepare patient reports</p> <p>* Presents reports</p> <p>* Monitor vital sign</p> <p>* Perform heath assessment of each body system</p> <p>* Provide basic</p>	<p>Communication</p> <p>* Use verbal and non verbal communication techniques</p> <p>Prepare a plan for patient teaching session</p> <p>Write patient report</p> <p>* Change-of shift reports, Transfer reports, Incident reports etc.</p> <p>* Presents patient report</p> <p>Vital Signs</p> <p>* Measure, Records and interpret alterations in body temperature, pulse respiration and blood pressure</p> <p>Health assessment</p> <p>* Health history taking</p> <p>* Perform assessment:</p> <ul style="list-style-type: none"> ○ General ○ Body system <p>* Use various methods of physical examination</p> <p>* Inspection, Palpation, Percussion, Auscultation, Olfaction</p> <p>* Identification of system wise deviations</p> <p>Prepare Patient's unit:</p> <p>* Prepare beds:</p> <ul style="list-style-type: none"> ○ Open, closed, occupied, operation, amputation, ○ Cardiac, fracture, burn, Divided, & Fowlers bed <p>* Pain assessment and provision for comfort</p> <p>Use comfort devices</p> <p>Hygienic care</p>	<p>* Role-plays in simulated situations on communication techniques-1</p> <p>* Health talk-1</p> <p>* Write nurses notes and present the patient report of 2-3 assigned patient</p> <p>* Lab practice</p> <p>* Measure Vital signs of assigned patient</p> <p>* Practice in lab & hospital</p> <p>* Simulated exercise on CPR manikin</p> <p>* Observa-</p>	<p>with the check list on communication techniques</p> <p>* Assess health talk with the checklist</p> <p>*Assessme nt of communication techniques by rating scale</p> <p>*Assessme nt of performance with rating scale</p> <p>*Assessme nt of each skill with checklist</p> <p>*Completi on of activity record</p> <p>*Assessme nt of each skill with rating scale</p> <p>*Completi on of activity record</p>
--	--	--	---	---	---

		nursing care to patients	<p>* Oral hygiene: * Baths and care of pressure points * Hair wash, Pediculosis treatment</p> <p>Feeding: * Oral, Enteral, Naso/Orogastric, gastrostomy and Parenteral feeding * Naso-gastric insertion, suction, and irrigation</p> <p>Assisting patient in urinary elimination * Provides urinal/bed pan * Condom drainage * Perineal care * Catheterization * Care of urinary drainage</p> <p>Bladder irrigation Assisting bowel Elimination: * Insertion of Flatus tube * Enemas * Insertion of Suppository</p> <p>Bowel wash Body Alignment and Mobility:</p> <ul style="list-style-type: none"> ○ Range of motion exercises ○ Positioning: Recumbent, Lateral (rt/lt), Flowers, Sims, Lithotomy, Prone, Trendelenburg position ○ Assist patient in Moving lifting, transferring, walking, ○ Restraints <p>Oxygen administration Suctioning: Oropharyngeal, nasopharyngeal Chest physiotherapy and postural drainage Care of Chest drainage CPR-Basic life support Intravenous therapy Blood and blood</p>	<p>tion study - 2</p> <p>* Department of Infection control & CSSD</p> <p>* Visits CSSD write observation report 1</p> <p>* Collection of samples for culture * Do clinical postings in infection control department and write report * Practice in lab/ward</p>	
--	--	--------------------------	--	---	--

			<p>component therapy Collect/assist for collection of specimens for investigations Urine, sputum, faeces, vomitus, blood and other body fluids</p> <p>Perform lab tests: * Urine: sugar, albumin, acetone * Blood: sugar(with strip/ gluco-meter)</p> <p>Hot and cold applications: Local and general Sitz bath</p> <p>Communicating and assisting with self-care of visually & hearing impaired patients</p> <p>Communicating and assisting with self-care of mentally challenged/disturbed patients Recreational and diversional therapies.</p> <p>Caring of patient with alteration in Sensorium</p> <p>Infection control</p>		<p>* Evaluate all procedures with checklist</p>
		<p>* Perform infection control procedures</p>	<p>* Perform following procedures :</p> <ul style="list-style-type: none"> ○ Hand washing techniques ○ (Simple, hand antisepsis and surgical antisepsis (scrub) ○ Prepare isolation unit in lab/ward ○ Practice technique of wearing and removing Personal protective equipment (PPE) ○ Practice Standard safety precautions 		

			<p>(Universal precautions)</p> <p>Decontamination of equipment and unit:-</p> <p>* Surgical asepsis:</p> <ul style="list-style-type: none"> ○ Sterilization ○ Handling sterilized equipment ○ Calculate strengths of lotions, ○ Prepare lotions ● Care of articles <p>Pre and post operative care:</p> <p>* Skin preparations for surgery : Local</p> <p>* Preparation of Post operative unit</p> <p>* Pre & Post operative teaching and counseling</p> <p>* Pre & Post operative monitoring</p> <p>* Care of the wound</p> <p>* Dressings, Suture Care, care of Drainage, Application of Bandages, Binders, splints & Slings</p> <p>* Bandaging of various body parts</p> <p>Administration of medications</p> <p>* Administer medications in different forms and routes</p> <p>* Oral, Sublingual and Buccal</p> <p>* Parenteral : Intradermal, subcutaneous, Intramuscular etc.</p> <p>* Assist with Intra venous mediations</p> <p>* Drug measurements and dose calculations</p> <p>* Preparation of lotions and solutions</p> <p>* Administers topical applications</p> <p>* Insertion of drug into body cavity: Suppository &</p>		
	100	<p>* Provide care to pre and post operative patients</p> <p>* Perform procedures for care of wounds</p> <p>* Administer drugs</p> <p>* Provide care to dying and dead</p> <p>* Counsel and support relatives.</p>			

			<p>medicated packing etc.</p> <ul style="list-style-type: none"> * Instillation of medicines and spray into Ear, Eye, Nose and throat * Irrigations: Eye, Ear, Bladder, Vagina and Rectum * Inhalations: dry and moist <p>Care of dying patient</p> <ul style="list-style-type: none"> * Caring and packing of dead body * Counseling and supporting grieving relatives * Terminal care of the unit 		
--	--	--	--	--	--

MALWANCHAL UNIVERSITY

PSYCHOLOGY

Placement: First Year

Time: Theory 60 Hours

Course Description: This course is designed to assist the students to acquire knowledge of fundamentals of Psychology and develop an insight into behavior of self and others. Further it is aimed at helping them to practice the principles of mental hygiene for promoting mental health in nursing practice.

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
I	2	* Describe the history, scope and methods of Psychology	Introduction: * History and origin of Science of Psychology * Definitions and scope of Psychology * Relevance to Nursing * Methods of Psychology	* Lecture Discussion	*Essay type *Short answers
II	4	* Explain the Biology of Human behavior	Biology of Behavior * Body mind relationship – modulation process in health and illness. * Genetics and behavior : Heredity and Environment * Brain and behavior: Nervous system, Neurons and synapse * Association cortex, Rt and Lt Hemispheres * Psychology of sensations * Muscular and glandular controls of behavior * Nature of behavior of an organism/integrated responses	*Lecture Discussion	* Essay type *Short answers
III	20	* Describe various cognitive processes and their applications	Cognitive processes * Attention: Types, determinants, duration and degree, alterations * Perception: Meaning, Principles, factors affecting, errors * Learning: Nature, Types, learner and learning, Factors influencing, laws and theories, process, transfer, study habits. * Memory: Meaning, types,	*Lecture Discussion *Psycho metric assessment *Practice session	*Essay type *Short answers

			<p>nature factors influencing, development theories and methods of memorizing and forgetting</p> <ul style="list-style-type: none"> * Thinking: Types and levels, stages of development, relationship with language and communication * Intelligence: Meaning, classification, uses, theories * Aptitude: Concepts, types, individual differences and variability. * Psychometric assessments of cognitive processes * Alterations in cognitive processes * Applications 		
IV	8	<ul style="list-style-type: none"> * Describe motivation, emotions, stress, attitudes and their influence on behavior 	<p>Motivation and Emotional processes:</p> <ul style="list-style-type: none"> * Motivation: Meaning, concepts, types, theories, motives and behavior, conflicts and frustration, conflict resolution * Emotions and stress <ul style="list-style-type: none"> o Emotions: Definition, components, changes in emotions, theories, emotional adjustments, emotions in health and illness. o Stress: stressors, cycle, effect, adaptation and coping * Attitude: Meaning, nature, development, factors affecting, <ul style="list-style-type: none"> o Behaviour and attitudes o Attitudinal change * Psychometric assessments of emotions and attitudes * Alterations in emotions * Applications 	<ul style="list-style-type: none"> *Lecture Discussion *Role play *Case discussion *Demonstration 	<ul style="list-style-type: none"> *Essay type *Short answers
V	7	<ul style="list-style-type: none"> * Explain the concepts of 	<p>Personality</p> <ul style="list-style-type: none"> * Definitions, topography, 	<ul style="list-style-type: none"> *Lecture Discussion 	<ul style="list-style-type: none"> *Essay type *Short

		personality and its influence on behaviour	types, Theories * Psychometric assessments of personality * Alterations in personality * Applications	*Demonstration	answers
VI	7	* Describe Psychology of people during the life cycle	Developmental Psychology * Psychology of people at different ages from infancy to old age * Psychology of vulnerable individuals-challenged, women, sick, etc. * Psychology of groups	*Lecture Discussion *Case discussion	*Essay type *Short answers
VII	8	* Describe the characteristics of * Mentally health person * Explain ego defense mechanisms	Mental hygiene and mental Health * Concepts of mental hygiene and mental health * Characteristics of mentally healthy person * Warning signs of poor mental health * Promotive and Preventive mental health-strategies and services * Ego Defense mechanisms and implications * Personal and social adjustments * Guidance and counseling * Role of nurse	* Lecture Discussion * Case Discussion * Role Play *Demonstration	*Essay type *Short answers
VIII	4	* Explain the Psychological assessments and role of nurse	Psychological assessment & tests * Types, development, Characteristics, Principles, Uses, Interpretations and Role of nurse in psychological assessment	* Lecture Discussion * Demonstration * Practice sessions	*Assessment of practice

MICROBIOLOGY

Placement: First Year

**Time: Theory-60 Hours
(Theory 45+15 lab)**

Course Description: This course is designed to enable students to acquire understanding of fundamentals of Microbiology and identification of various microorganisms. It also provides opportunities for practicing infection control measures in hospital and community settings.

Unit	Time (Hrs)		Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
	Th	Pr				
I	5		* Explain concepts and principles of microbiology and their importance in nursing	Introduction: * Importance and relevance to nursing * Historical perspective * Concepts and terminology * Principles of microbiology	* Lecture Discussion	*Short answer *Objective type
II	10	5	* Describe structure, classification on morphology and growth of bacteria * Identify Micro-organisms	General characteristics of Microbes * Structure and classification of Microbes * Morphological types * Size and form of bacteria * Motility * Colonization * Growth and nutrition of microbes o Temperature o Moisture o Blood and body fluids * Laboratory methods for Identification of Micro-organisms * Staining techniques, Gram staining, Acid fast staining, Hanging drop preparation * Culture; various medias	* Lecture Discussion *Demonstration	*Short answer *Objective type
III	10	2	* Describe the methods of infection control * Identify the role of	Infection Control * Infection: Sources, portals of entry and exit, transmission * Asepsis * Disinfection: Types and methods * Sterilization: Types and	* Lecture Discussion *Demonstration * Visits to CSSD * Clinical	*Short answer *Objective type

			nurse in hospital infection control programme	<p>methods</p> <ul style="list-style-type: none"> * Chemotherapy and antibiotics * Standard safety measures * Biomedical waste management * Role of Nurse * Hospital acquired infection * Hospital infection control programme <ul style="list-style-type: none"> o Protocols, collection of samples, preparation of report and status of rate of infection in the unit/ hospital, nurse's accountability, Continuing education etc. 	practice	
IV	12	4	* Describe the different disease producing organisms	<p>Pathogenic organisms</p> <ul style="list-style-type: none"> * Micro-organisms <ul style="list-style-type: none"> o Cocci – gram positive and gram negative o bacilli – gram positive and gram negative o Spirochete o Mycoplasma o Rickettsiae o Chlamydia * Viruses * Fungi-Superficial and Deep mycoses * Parasites * Rodents & vectors <p>Characteristics, Source, portal of entry, transmission of infection</p> <p>Identification of disease producing micro-organisms</p> <p>collection, handling and transportation of various specimens</p>	<ul style="list-style-type: none"> * Lecture Discussion * Demonstration * Clinical practice 	<ul style="list-style-type: none"> * Short answer * Objective type
V	8	4	Explain the concept of immunity, hyper sensitivity and immunization	<p>Immunity</p> <ul style="list-style-type: none"> * Immunity – Types, classification, * Antigen & antibody reaction * Hypersensitivity – skin test, * Serological tests * Immunoprophylaxis <ul style="list-style-type: none"> o Vaccines & sera – Types & classification, storage and handling, cold chain o Immunization for various diseases o Immunization schedule 	<ul style="list-style-type: none"> * Lecture Discussion * Demonstration * Clinical practice 	<ul style="list-style-type: none"> * Short answer * Objective type

INTRODUCTION TO COMPUTERS

Placement: First Year

**Time: Theory – 45 Hours
(Theory 15 & Practical 30)**

Course Description: This course is designed for students to develop basic understanding of uses of computer and its application in Nursing.

Unit	Time (Hrs)		Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
	Th	Pr				
1	3		<ul style="list-style-type: none"> * Identify & define various concepts used in computer * Identify application of computer in nursing 	Introduction: <ul style="list-style-type: none"> * Concepts of Computers * Hardware and software; trends and technology * Application of computers in nursing. 	<ul style="list-style-type: none"> * Lecture Discussion * Demonstration 	<ul style="list-style-type: none"> * Short answers * Objective type
II	6	20	<ul style="list-style-type: none"> * Describe and Use the Disk Operating System * Demonstrate skill in the use of MS Office 	<ul style="list-style-type: none"> * Introduction to disk – operating system <ul style="list-style-type: none"> o DOS o Windows (all version) * Introduction <ul style="list-style-type: none"> o MS-Word o MS-Excel with pictorial presentation o MS-Access o MS-Power point 	<ul style="list-style-type: none"> * Lecture Discussion * Demonstration * Practice session 	<ul style="list-style-type: none"> * Short answers * Objective type * Practical Exam
III	2	3	<ul style="list-style-type: none"> * Demonstrate skill in using multimedia * Identify features of computer aided teaching and testing 	<ul style="list-style-type: none"> * Multimedia; types & uses * Computer aided teaching & testing 	<ul style="list-style-type: none"> * Lecture Discussion * Demonstration 	<ul style="list-style-type: none"> * Short answers * Objective type * Practical Exam and Viva Voce
IV	1	3	<ul style="list-style-type: none"> * Demonstrate use of internet and Email 	<ul style="list-style-type: none"> * Use of Internet and: e-mail 	<ul style="list-style-type: none"> * Lecture Discussion * Demonstration 	<ul style="list-style-type: none"> * Short answers * Objective type * Practical

						Exam and Viva Voce
V	2	2	* Describe and use the statistical packages	* Statistical packages: types and their features	* Lecture Discussion * Demonstration * Practice session	* Short answers * Objective type * Practical Exam and Viva Voce
VI	1	2	* Describe the use of Hospital Management System	* Hospital Management System: Types and uses	* Lecture Discussion * Demonstration	* Short answers * Objective type * Practical Exam and Viva Voce

MALWANCHAL UNIVERSITY

SOCIOLOGY

Placement: Second Year

Time: Theory 60 Hours

Course Description: This course is designed to introduce the concepts of sociology related to community and social institutions in India and its relationship with health, illness and nursing.

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
I	1	* State the importance of sociology in Nursing	Introduction * Definition of Sociology * Nature and Scope of the discipline * Importance and application of Sociology in Nursing	* Lecture Discussion * Demonstration	* Essay type * Short answers
II	3	* Describe the inter-relationship of individual in society and community	Individual and Society * Society and Community * Nature of Society * Difference between Society and Community * Process of Socialization and individualization * Personal disorganization	* Lecture Discussion	* Essay type * Short answers
III	3	* Describe the influence of culture and disease	Culture * Nature of culture * Evolution of culture * Diversity and uniformity of culture * Culture and socialization * Transcultural society * Influence on health and disease	* Lecture Discussion * Panel Discussion	* Essay type * Short answers
IV	4	* Identify various social groups and their interactions	Social groups and processes * The meaning and classification of groups * Primary & Secondary group * In-group V/s. Out-group, class, tribe, caste * Economic, Political, Religious, groups, Mob, Crowd, Public and Audience Interaction & Social Processes * Co-operation, Competition, Conflict * Accommodation, Assimilation & Isolation	* Lecture Discussion	* Essay type * Short answers

V	6	* Explain the growth of population in India and its impact on health	Population * Society and population * Population distribution in India Demographic characteristics * Malthusian theory of Populations * Population explosion in India and its impact on health status * Family welfare programmes	* Lecture Discussion * Community identification	*Essay type *Short answers *Assessment of report on community identification
VI	5	* Describe the Institutions of family and marriage in India	Family and Marriage * Family – functions * Types – Joint, Nuclear, blended and extended family: characteristics * The modern family changes, problems – dowry etc, welfare services * Changes and legislations on family and marriage in India – Marriage acts * Marriage: forms and functions of marriage * Marriage and family problems in India * Family, Marriage and their influence on health and health practices	* Lecture Discussion * Family case study	*Essay type *Short answers *Assessment of family case study
VII	7	* Describe the class and caste system and their influence on health and health practices	Social stratification * Meaning and types of social stratification * The Indian caste system-origin and features * Features of caste in India today * Social class system and status * Social Mobility –Meaning & types * Race as a biological concept, criteria of racial classification * Salient features of Primary races-Racism * Influence of Class, Caste and Race on health and health practices	* Lecture Discussion * Community survey	*Essay type *Short answers *Assessment of report on community identification
VIII	6	* Describe the types of communities in India,	Types of Communities in India (Rural, Urban and Regional) * Features of village community and characteristics of Indian	* Lecture Discussion * Visits to rural and urban community * Community	*Essay type *Short answers *Assessment of report

		their practices and the impact on health	villages Panchayat system, social dynamics * Community Development project & planning * Changes in Indian Rural life * Availability of health facilities in rural and its impact on health and health practices * Urban–Community – features * The growth of cities: urbanization and its impact on health and health practices * Major Urban problems – Urban Slums * Region: Problems and impact on Health	survey	on community survey
IX	4	* Explain the process of Social Change	Social Change * Nature and process of social change * Factors influencing Social change: cultural change, Cultural lags. * Introduction to Theories of social change: :Linear, Cyclical, Marxian, Functional Role of nurse-Change agents	* Lecture Discussion	*Essay type *Short answers
X	2	* Describe the Social system and inter-relationship of social organizations	Social Organization and Social System * Social organization: elements, types * Democratic and authoritarian modes of participation * Voluntary association * Social system: Definition and Types of social system * Role and Status as structural elements of social system * Inter-relationship of institutions	* Lecture Discussion * Observation visits	*Essay type *Short answers *Assessment of visit report
XI	2	* Explain the nature and process of social control	Social control * Nature and process of social control * Political, Legal, Religious, Educational, Economic, Industrial and Technological system, Norms & Values – Folkways & Mores Customs, Laws and fashion Role of Nurse	* Lecture Discussion * Community survey	*Essay type *Short answers *Assessment of report on community survey
XII	15	* Describe	Social Problems	* Lecture	*Essay type

		the role of the nurse in dealing with social problems in India	<ul style="list-style-type: none"> * Social disorganization * Control & planning: poverty, housing, illiteracy, food supplies, prostitution, rights of women & children, vulnerable groups: Elderly, handicapped, minority groups and other marginalized groups, child labour, child abuse, delinquency and crime, substance abuse, HIV/Aids * Social welfare programmes in India <p>Role of Nurse</p>	<p>Discussion</p> <ul style="list-style-type: none"> * Institutional visits 	<ul style="list-style-type: none"> *Short answers *Assessment of report on community visit report
--	--	--	---	--	---

MALWANCHAL UNIVERSITY

PHARMACOLOGY

Placement: Second Year

Time: Theory – 45 hours

Course Description: This course is designed to enable students to acquire understanding of pharmaco-dynamics, pharmacokinetics, principles of therapeutics and nursing implications.

Unit	Time (Hrs)	Learning Objectives	Content	Teaching learning activity	Assessment Methods
I	3	*Describe pharmacokinetics, classification and the principles of drug administration	Introduction to pharmacology <ul style="list-style-type: none"> Definitions Sources Terminology used Types: Classification Pharmacodynamics: Actions, therapeutic Adverse, toxic Pharmacokinetics : absorption, distribution, metabolism, interaction, excretion Review: Routes and principles of administration of drugs Indian pharmacopoeia : Legal issues Rational use of drugs Principles of therapeutics 	* Lecture Discussion	* Short answers * Objective type
II	6	*Explain Chemotherapy of specific infections and infestations and nurse's responsibilities	Chemotherapy <ul style="list-style-type: none"> Pharmacology of commonly used; <ul style="list-style-type: none"> Penicillin Cephalosporin Amino glycosides Macrolide & Broad Spectrum Antibiotics Sulfonamides Quinolones Antiamoebic Antimalarials Anthelmintics Antiscabies agents Antiviral & anti-fungal agents Antitubercular drugs Anti leprosy drugs 	* Lecture Discussion * Drug study/ presentation	* Short answers * Objective type

			<ul style="list-style-type: none"> ❑ Anticancer drugs ❑ Immuno-suppressants <p>Composition, action, dosage, route, indications, contraindications, drug interactions, side effects, adverse effects, toxicity and role of nurse</p>		
III	2	*Describe Antiseptics Disinfectants insecticides and nurse's responsibilities	Pharmacology of commonly used antiseptics, disinfectants and insecticides <ul style="list-style-type: none"> • Antiseptics; • Disinfectants • Insecticides 	* Lecture Discussion * Drug study/presentation	* Short answers * Objective type
IV	2	*Describe Drugs acting on Gastro Intestinal system and nurse's responsibilities	Drugs acting on G.I. system <ul style="list-style-type: none"> • Pharmacology of commonly used – <ul style="list-style-type: none"> ❑ Antiemetic, ❑ Emetics ❑ Purgatives ❑ Antacids ❑ Cholinergic ❑ Anticholinergics ❑ Fluid and electrolyte therapy ❑ Anti diarrhoeals ❑ Histamines <p>Composition, action, dosage, route, indications, contraindications, drug interactions, side effects, adverse effects, toxicity and role of nurse</p>	* Lecture Discussion * Drug study/presentation	* Short answers * Objective type
V	2	*Describe Drugs used on Respiratory systems and nurse's responsibilities	Drugs used on Respiratory Systems <ul style="list-style-type: none"> • Pharmacology of commonly used – <ul style="list-style-type: none"> ❑ Antiasthmatics ❑ Mucolytics ❑ Decongestants ❑ Expectorants ❑ Antitussives ❑ Bronchodilators ❑ Broncho constrictors ❑ Antihistamines <p>Composition, action, dosage, route, indications, contraindications, drug</p>	* Lecture Discussion * Drug study/presentation	* Short answers * Objective type

			interactions, side effects, adverse effects, toxicity and role of nurse		
VI	2	*Describe Drugs used on Urinary System and nurse's responsibilities	Drugs used on Urinary System <ul style="list-style-type: none"> Pharmacology of commonly used – □ Diuretics and antidiuretics □ Urinary antiseptics □ Cholinergic and anticholinergics □ Acidifiers and alkalinizers Composition, action, dosage, route, indications, contraindications, drug interactions, side effects, adverse effects, toxicity and role of nurse	* Lecture Discussion * Drug study/presentation	* Short answers * Objective type
VII	4	*Describe Drugs used in De-addiction, emergency, deficiency of vitamins & minerals, poisoning, for immunization and immunosuppression and nurse's responsibilities	Miscellaneous <ul style="list-style-type: none"> Drugs used in de-addiction Drugs used in CPR and emergency Vitamins and minerals Immunosuppressants Antidotes Antivenom Vaccines and sera 	* Lecture Discussion * Drug study/presentation	* Short answers * Objective type
VIII	1	*Describe Drugs used on skin and mucous membranes and nurse's responsibilities	Drugs used on skin and mucous membranes <ul style="list-style-type: none"> Topical applications for skin, eye, ear, nose and buccal cavity Antipruritics Composition, action, dosage, route, indications, contraindications, drug interactions, side effects, adverse effects, toxicity and role of nurse	* Lecture Discussion * Drug study/presentation	* Short answers * Objective type
IX	8	*Describe Drugs	Drugs acting on Nervous system	* Lecture Discussion	* Short answers

		used on Nervous System and nurse's responsibilities	<ul style="list-style-type: none"> • Basic & applied Pharmacology of commonly used : • Analgesics and Anaesthetics <ul style="list-style-type: none"> ❑ Analgesics <ul style="list-style-type: none"> - Non steroidal anti-inflammatory (NSAID) drugs ❑ Antipyretics ❑ Hypnotics and Sedatives <ul style="list-style-type: none"> - Opioids - Non-Opioids - Tranquilizers - General & local anesthetics - Gases : oxygen, nitrous oxide, carbon-dioxide • Cholinergic and anti-cholinergic: <ul style="list-style-type: none"> ❑ Muscle relaxants ❑ Major tranquilizers ❑ Anti-psychotics ❑ Antidepressants ❑ Anticonvulsants ❑ Adrenergics ❑ Noradrenics ❑ Mood stabilizers ❑ Acetylcholine ❑ Stimulants <p>Composition, action, dosage, route, indications, contraindications, drug interactions, side effects, adverse effects, toxicity and role of nurse</p>	* Drug study/presentation	* Objective type
X	5	*Describe Drugs used on Cardio-vascular System and nurse's responsibilities	Cardiovascular drugs <ul style="list-style-type: none"> • Haematinics • Cardiotonics • Anti anginals • Anti-hypertensives& Vasodilators • Anti-arrhythmias • Plasma expanders • Coagulants & anticoagulants • Antiplatelets&thrombolytics • Hypolipidemics <p>Composition, action, dosage, route, indications, contraindications, drug interactions, side effects, adverse effects, toxicity and role of nurse</p>	* Lecture Discussion * Drug study/presentation	* Short answers * Objective type

XI	4	<p>*Describe drugs used for hormonal disorders and supplementation, contraception and medical termination of pregnancy and nurse's responsibilities</p>	<p>Drugs used for hormonal disorders & supplementation, contraception and medical termination of pregnancy</p> <ul style="list-style-type: none"> • Insulins& Oral hypoglycemics • Thyroid supplements and suppressants • Steroids, Anabolics • Uterine stimulants and relaxants • Oral contraceptives • Other estrogen-progestrone preparations • Corticotrophine&Gonadotrophins • Adrenaline • Prostaglandins • Calcitonins • Calcium salts • Calcium regulators <p>Composition, action, dosage, route, indications, contraindications, drug interactions, side effects, adverse effects, toxicity and role of nurse</p>	<p>* Lecture Discussion * Drug study/presentation</p>	<p>* Short answers * Objective type</p>
XII	6	<p>*Demonstrate awareness of the common drugs used in alternative system of medicine</p>	<p>Introduction to Drugs used in alternative systems of medicine:</p> <ul style="list-style-type: none"> • Ayurveda, Homeopathy, Unani and Siddha etc. 	<p>* Lecture Discussion * Observational Visits</p>	<p>* Short answers * Objective type</p>

PATHOLOGY AND GENETICS

Placement: Second Year

Time: Theory – 45 hours
(Pathology 30 & Genetics 15 Hrs)

Section A-Pathology

Time: Theory -30 hours

Course Description: This course is designed to enable students to acquire knowledge of pathology of various disease conditions and apply this knowledge in practice of nursing.

Unit	Time (Hrs)		Objectives	Content	Teaching learning activity	Assessment Method
	Th.	Pr.				
I	3		*Define the common terms used in pathology *Appreciate the deviations from normal to abnormal structure and functions of the body system	*Introduction <ul style="list-style-type: none"> ❑ Importance of the study of pathology ❑ Definition of terms ❑ Methods and techniques ❑ Cellular and Tissue changes ❑ Infiltration and regeneration ❑ Inflammations and Infections ❑ Wound healing ❑ Vascular changes *Cellular growth, Neoplasms <ul style="list-style-type: none"> ❑ Normal and Cancer cell ❑ Benign and Malignant growths ❑ In situ carcinoma *Disturbances of fluid and electrolyte imbalance	*Lecture *Discussion *Explaining charts	*Short answer *Objective type
II	10	5	*Explain Pathological changes in disease conditions of various systems	Special pathology *Pathological changes in disease conditions of various systems: *Respiratory tract <ul style="list-style-type: none"> ❑ Tuberculosis, Bronchitis, Pleural effusion and pneumonia ❑ Lung abscess, emphysema, 	*Discussion *Explain using charts, slides, specimen, X-rays and scans *Visit to Pathology lab, endoscopy unit and OT	*Short answer *Objective type

				bronchiectasis <input type="checkbox"/> Bronchial asthma, Chronic obstructive Pulmonary disease and tumours • Cardio-vascular system <input type="checkbox"/> Pericardial effusion <input type="checkbox"/> Rheumatic heart disease <input type="checkbox"/> Infective endocarditis, atherosclerosis <input type="checkbox"/> Ischemia, infarction & aneurysm • Gastro Intestinal Tract <input type="checkbox"/> Peptic ulcer, typhoid <input type="checkbox"/> Carcinoma of GI tract-buccal, Esophageal, <input type="checkbox"/> Gastric & intestinal • Liver, Gall bladder & pancreas <input type="checkbox"/> Hepatitis, Chronic liver abscess, cirrhosis <input type="checkbox"/> Tumours of liver, gall bladder and pancreas, <input type="checkbox"/> Cholecystitis • Kidneys & Urinary tract <input type="checkbox"/> Glomerulonephritis, pyelonephritis <input type="checkbox"/> Calculi, renal failure, renal carcinoma & cystitis • Male genital systems <input type="checkbox"/> Cryptorchidism, testicular atrophy <input type="checkbox"/> Prostatic hyperplasia, carcinoma Penis & prostate • Female genital system <input type="checkbox"/> Fibroids <input type="checkbox"/> Carcinoma cervix and Endometrium <input type="checkbox"/> Vesicular mole,		
--	--	--	--	--	--	--

				choriocarcinoma <input type="checkbox"/> Ectopic gestation <input type="checkbox"/> Ovarian cyst & tumours <input type="checkbox"/> Cancer Breast <input type="checkbox"/> Central Nervous system <input type="checkbox"/> Hydrocephalus, Meningitis, encephalitis, <input type="checkbox"/> Vascular disorders – thrombosis, embolism <input type="checkbox"/> Stroke, paraplegia, quadriplegia <input type="checkbox"/> Tumours, meningiomas-gliomas <input type="checkbox"/> Metastatic tumour <input type="checkbox"/> Skeletal system <input type="checkbox"/> Bone healing, osteoporosis, osteomyelitis <input type="checkbox"/> Arthritis & tumours		
III	4	3	<ul style="list-style-type: none"> Describe various laboratory tests in assessment and monitoring of disease conditions 	Clinical pathology <ul style="list-style-type: none"> Various blood and bone marrow tests in assessment and monitoring of disease conditions <input type="checkbox"/> Hemoglobin <input type="checkbox"/> RBC, White cell & platelet counts <input type="checkbox"/> Bleeding time, clotting time and prothrombine time <input type="checkbox"/> Blood grouping and cross matching <input type="checkbox"/> Blood chemistry <input type="checkbox"/> Blood culture <input type="checkbox"/> Serological and immunological tests <input type="checkbox"/> Other blood tests <input type="checkbox"/> Examination of Bone marrow <input type="checkbox"/> Methods of collection of blood specimen for various 	*Lecture Discussion *Demonstration *Visit to Clinical Pathology & Bio-Chemistry lab and Blood bank	*Short answer *Objective type

				clinical pathology, biochemistry, microbiology tests, inference and normal values		
IV	2	1	*Describe the laboratory tests for examination of body cavity fluids, transudates and exudates	<p>Examination of body cavity fluids, transudates and exudates</p> <ul style="list-style-type: none"> • The laboratories tests used in CSF analysis • Examination of other body cavity fluids, transudates and exudates –sputum, wound discharge etc • Analysis of gastric and duodenal contents • Analysis of semen- sperm count, motility and morphology and their importance in infertility • Methods of collection of CSF and other cavity fluids specimen for various clinical pathology, biochemistry, microbiology tests, inference and normal values 	*Lecture Discussion *Demonstration	*Short answer *Objective type
V	1	1	*Describe laboratory tests for examination of Urine and faeces	<p>Urine and faeces</p> <ul style="list-style-type: none"> • Urine <ul style="list-style-type: none"> ❑ Physical characteristics ❑ Analysis ❑ Culture and sensitivity • Faeces <ul style="list-style-type: none"> ❑ Characteristics ❑ Stool examination: occult blood, ova, parasite and cyst, reducing substance etc. 	*Lecture Discussion *Demonstration	

				<ul style="list-style-type: none"> • Methods of collection for various tests, inference and normal values 		
--	--	--	--	--	--	--

MALWANCHAL UNIVERSITY

Section B-Genetics**Placement: Second Year****Time: Theory – 15 hours****Course Description:** This course is designed to enable students to acquire understanding of Genetics, its role in causation and management of defects and diseases

Unit	Time (Hrs)	Objectives	Content	Teaching Learning Activities	Assessment Method
I	3	*Explain nature, principles and perspectives of heredity	Introduction : *Practical application of genetics in Nursing *Impact of genetic condition on families *Review of cellular division mitosis and meiosis. *Characteristics and structure of genes *Chromosomes – sex determination *Chromosomal aberrations Patterns of inheritance *Mendelian theory of inheritance *Multiple allots and blood groups *Sex linked inheritance *Mechanism of inheritance *Errors in transmission (Mutation)	*Lecture Discussion *Explain using charts, slides	*Short answer *Objective type
II	3	*Explain Maternal, prenatal and genetic influences on development of defects and diseases	Maternal, prenatal and genetic influences on development of defects and diseases <ul style="list-style-type: none">• Conditions affecting the mother : genetic and infections• Consanguinity atopy• Prenatal nutrition and food allergies• Maternal Age• Maternal drug therapy• Prenatal testing and diagnosis• Effect of Radiation, drugs and chemicals• Infertility• Spontaneous abortion• Neural Tube Defects and the role of folic acid in lowering the risks• Down syndrome (Trisomy 21)	*Lecture Discussion *Explain using charts, slides	*Short answer *objective type

III	2	*Explain the screening methods for genetic defects and diseases in neonates and children	Genetic testing in the neonates and children <ul style="list-style-type: none"> • Screening for <ul style="list-style-type: none"> ❑ Congenital abnormalities ❑ Developmental delay ❑ Dysmorphism 	*Lecture Discussion *Explain using charts, slides	*Short answer *Objective type
IV	2	*Identify genetic disorders in adolescents and adults	Genetic conditions of adolescents and adults <ul style="list-style-type: none"> • Cancer genetics – Familial Cancer • Inborn errors of metabolism • Blood group alleles and hematological disorder • Genetic haemochromatosis • Huntington's disease • Mental illness 	*Lecture Discussion *Explain using charts, slides	*Short answer *Objective type
V	5	*Describe the role of nurse in genetic services and counseling	Services related to Genetics <ul style="list-style-type: none"> • Genetic testing • Human genome project • Gene therapy • The Eugenics movement • Genetic Counseling Legal and Ethical issues Role of nurse	*Lecture Discussion *Explain using charts, slides	*Short answer *Objective type

MEDICAL SURGICAL NURSONG-I (ADULT INCLUDING GERIATRICS)

Placement: Second Year

Time: Theory – 213 hours 45 minutes
Practical – 723 hours

Course Description: The purpose of this course is to acquire knowledge and develop proficiency in caring for patients with medical and surgical disorders in varieties of health care settings and at home.

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment Method
I	15	*Appreciate the trends in medical and surgical nursing *Describe the role of nurse in caring for adult patient in hospital and community *Describe the concepts of medical surgical asepsis	Introduction : *Introduction to medical surgical nursing – Evolution and trends of medical and surgical nursing <ul style="list-style-type: none"> Review of Concepts of Health and illness Disease - concepts, causations, classification diseases (ICD - 10 or later version), Acute illness Chronic illness & Terminal illness, stages of illness Review of concepts of comprehensive nursing care in medical surgical conditions based on nursing process Role of nurse, patient and family in care of adult patient Role and responsibilities of a nurse in medical surgical settings : <ul style="list-style-type: none"> Outpatient department In-patient unit Intensive care unit Home and Community settings Introduction to Medical Surgical asepsis <ul style="list-style-type: none"> Inflammation & Infection Immunity Wound healing *Care of Surgical Patient <ul style="list-style-type: none"> Pre-operative Intra operative 	*Lecture Discussion *Demonstration *Practice session *Supervised clinical practice	*Short answer *Objective type *Assessment skills with check list

			<input type="checkbox"/> Post operative		
II	15	*Describe the common signs, symptoms, problems and their *Specific nursing interventions	Common signs and symptoms and management <ul style="list-style-type: none"> • Fluid and electrolyte imbalance • Vomiting • Dyspnea and cough, respiratory obstruction • Fever • Shock • Unconsciousness, Syncope • Pain • Incontinence • Edema • Age related problems – geriatric 	*Lecture Discussion *Seminar *Case discussion	*Short answer *Objective type
III	20	*Describe the etiology, patho-physiology clinical manifestations, diagnostic measures and management of patients (adults including elderly) with disorders of respiratory systems	Nursing management of patients (adults including elderly) with respiratory problems <ul style="list-style-type: none"> • Review of anatomy and physiology of respiratory system, • Nursing Assessment – History and Physical assessment • Etiology, Pathophysiology clinical manifestations, diagnosis, treatment modalities and medical, surgical, dietetics & nursing management of adults including elderly with <ul style="list-style-type: none"> <input type="checkbox"/> Upper Respiratory tract infections <input type="checkbox"/> Bronchitis <input type="checkbox"/> Asthma <input type="checkbox"/> Emphysema <input type="checkbox"/> Empyema <input type="checkbox"/> Atelectasis <input type="checkbox"/> Chronic Obstructive Pulmonary Diseases (COPD) <input type="checkbox"/> Bronchiectasis <input type="checkbox"/> Pneumonia <input type="checkbox"/> Pulmonary tuberculosis <input type="checkbox"/> Lung abscess <input type="checkbox"/> Pleural effusion <input type="checkbox"/> Cysts and Tumors' <input type="checkbox"/> Chest injuries 	*Lecture Discussion *Explain using charts, graphs *Models, films, slides *Demonstration *Practice session *Case discussions/ Seminar *Health education *Supervised clinical practice *Drug book *Presentation	*Essay type *Short answer *Objective type *Assessment of patient management problem *Assessment of skills with check list

			<ul style="list-style-type: none"> ❑ Respiratory arrest and insufficiency ❑ Pulmonary embolism <p>Special therapies, alternative therapies</p> <p>Nursing procedures</p> <p>Drugs used in treatment of respiratory disorders</p>		
IV	30	<p>*Describe the etiology, pathophysiology clinical manifestations, diagnostic measures and management of patients (adults including elderly) with disorders of digestive systems</p>	<p>Nursing management of patient (adults including elderly) with disorders of digestive system</p> <ul style="list-style-type: none"> • Review of anatomy and physiology of digestive system • Nursing Assessment – History and physical assessment • Etiology, Pathophysiology clinical manifestations, diagnosis, treatment modalities and medical, surgical, dietetics & nursing management • Disorders of <ul style="list-style-type: none"> ❑ Oral cavity – lips, gums, tongue, salivary glands and teeth ❑ Oesophagus-inflammation stricture, obstruction, bleeding and tumours ❑ Stomach and deudenum-hiatus hernia, gastritis, peptic and deudenal ulcer, bleeding, tumours, pyloric stenosis ❑ Small intestinal disorders-inflammation & infection, entritis, malabsorption, obstruction, tumour and perforation ❑ Large intestinal disorders-Colitis, inflammation and infection, obstruction and tumour and lump ❑ Hernias ❑ Appendix – inflammation, mass, abscess, rupture ❑ Anal & Rectum ; hemorrhoids, fissures, Fistulas 	<p>*Lecture</p> <p>Discussion</p> <p>*Explain using charts, graphs</p> <p>*Models, films, slides</p> <p>*Demonstration</p> <p>*Practice session</p> <p>*Case discussions/ Seminar</p> <p>*Health education</p> <p>*Supervised clinical practice</p> <p>*Drug book/ presentation</p> <p>*Assess-ment of skills with check list</p> <p>*Assess-ment of patient manage-ment problem</p>	<p>*Essay type</p> <p>*Short answer</p> <p>*Objective type</p> <p>*Assessm ent of patient managem ent problem</p> <p>*Assessm ent of skills with check list</p>

			<ul style="list-style-type: none"> ❑ Peritonitis/acute abdomen ❑ Pancreas; inflammation, cyst, abscess and tumours ❑ Liver; inflammation, cyst, abscess, cirrhosis, portal hypertension, hepatic failure, tumours ❑ Gall Bladder; inflammation, obstruction, stones and tumours <p>Special therapies, alternative therapies</p> <p>Nursing procedures</p> <p>Drugs used in treatment of disorders of digestive system</p>		
V	30	<p>*Describe the etiology, pathophysiology clinical manifestations, diagnostic measures and management of patients (adults including elderly) with blood and cardio vascular problems</p> <p>*Describe the vascular conditions and its nursing management</p>	<p>Nursing management of patient (adults including elderly) with blood and cardio vascular problems</p> <ul style="list-style-type: none"> • Review of anatomy and physiology of blood and cardio vascular system, • Nursing Assessment – History and Physical assessment • Etiology, Pathophysiology clinical manifestations, diagnosis, treatment modalities & medical, surgical, dietetics & nursing management of • Vascular system <ul style="list-style-type: none"> ❑ Hypertension, Hypotension ❑ Arteriosclerosis ❑ Raynaud's disease ❑ Aneurism and Peripheral vascular disorders <p>Heart</p> <ul style="list-style-type: none"> • Coronary artery diseases ❑ Ischemic Heart Disease ❑ Coronary atherosclerosis ❑ Angina pectoris ❑ Myocardial infarction • Valvular disorders of the heart ❑ Congenital and acquired ❑ Rheumatic Heart diseases • Endocarditis, Pericarditis <p>Myocarditis</p>	<p>*Lecture</p> <p>Discussion</p> <p>*Explain using charts, graphs</p> <p>*Models, films, slides</p> <p>*Demonstration</p> <p>*Practice session</p> <p>*Case discussions/ Seminar</p> <p>*Health education</p> <p>*Supervised clinical practice</p> <p>*Drug book presentation</p> <p>*Visit to blood bank</p> <p>*Participation in blood donation camps</p> <p>*Counseling</p> <p>*Assessment of skills with check list</p> <p>*Assessment of patient management problem</p>	<p>*Essay type</p> <p>*Short answer</p> <p>*Objective type</p> <p>*Assessment of patient management problem</p> <p>*Assessment of skills with check list</p>

			<ul style="list-style-type: none"> • Cardio Myopathies • Cardiac dysrhythmias, Heart Block • Congestive cardiac failure ❑ Cor-pulmonale, pulmonary edema, cardiogenic shock, cardiac tamponade • Cardiac emergencies and arrest • Cardio Pulmonary Resuscitation (CPR) • Blood ❑ Anemia ❑ Polycythemia ❑ Bleeding disorders; clotting factor defects and platelets defects ❑ Thalassemia ❑ Leukemia ❑ Leukopenias and agranulocytosis ❑ Lymphomas ❑ Myelomas • Special therapies ❑ Blood transfusion, safety checks, procedure and requirements, management of adverse transfusion reaction, records for blood transfusion. ❑ Management & counseling of blood donors, phlebotomy procedure, & post donation management Blood bank functioning & hospital transfusion committee. Bio-safety and waste management in relation to blood transfusion ❑ Role of a nurse in Organ donation, retrieval and banking <p>Alternative therapies Nursing procedures Drugs used in treatment of blood and cardio vascular disorders</p>		
VI	10	*Describe the etiology,	Nursing management of patient (adults including elderly) with genito-urinary problems	*Lecture Discussion *Explain using	*Essay type *Short

		patho-physiology Clinical manifestations, diagnostic measures and management of patients (adults including elderly) with disorders of genito-urinary system	<ul style="list-style-type: none"> • Review of anatomy and physiology of genito-urinary system • Nursing Assessment – History and Physical assessment • Etiology, Pathophysiology clinical manifestations, diagnosis, treatment modalities & medical, surgical, dietetics and nursing management of – • Nephritis • Nephrotic syndrome • Nephrosis • Renal calculus • Tumours • Acute renal failure • Chronic renal failure • End stage renal disease • Dialysis, renal transport • Congenital disorders, urinary infections • Benign prostate hypertrophy • Disorders of ureter, urinary bladder and urethra-inflammation, infection, stricture.obstruction, tumour, prostrate Special therapies, alternative therapies Nursing procedures Drugs used in treatment of genito-urinary disorders	charts, graphs *Models, films, slides *Demonstration *Practice session *Case discussions/ Seminar *Health education *Supervised clinical practice *Drug book/ presentation	answer *Objective type *Assessment of patient management problem *Assessment of skills with check list
VII	5	*Describe the etiology, patho-physiology clinical manifestations, diagnostic measures and management of patients (adults	Nursing management of disorders of male (adults including elderly) reproductive system <ul style="list-style-type: none"> • Review of anatomy and physiology of male reproductive system • Nursing Assessment -History and physical assessment • Etiology, Pathophysiology, clinical manifestations, diagnosis, treatment modalities & medical, surgical, dietetics & nursing management of disorders of 	*Lecture Discussion *Explain using charts, graphs *Models, films, slides *Demonstration *Practice session *Case discussions/ Seminar *Health education	*Essay type *Short answer *Objective type *Assessment of patient management problem *Assessment of skills

		including elderly) with disorders of male reproductive system	<p>male reproductive system</p> <ul style="list-style-type: none"> • Congenital malformations; cryptorchidism • Hypospadias, Epispadias • Infections • Testis and adjacent structures • Penis • Prostate: inflammation, infection, hypertrophy, tumour • Sexual Dysfunction • Infertility • Contraception • Breast ; gynecomastia, tumour • Climacteric changes <p>Special therapies, alternative therapies</p> <p>Nursing procedures</p> <p>Drugs used in treatment of disorders of male reproductive system</p>	<p>*Supervised clinical practice</p> <p>*Drug book/ presentation</p>	with check list
VIII	10	*Describe the etiology, pathophysiology clinical manifestations, diagnostic measures and management of patients (adults including elderly) with disorders of endocrine system	<p>Nursing management of patient (adults including elderly) with disorders of endocrine system</p> <ul style="list-style-type: none"> • Review of anatomy and physiology endocrine system • Nursing Assessment -History and Physical assessment • Etiology, Pathophysiology, clinical manifestations, diagnosis, treatment modalities & medical, surgical, dietetics & nursing management of – <ul style="list-style-type: none"> ❑ Disorders of Thyroid and Parathyroid ❑ Diabetes mellitus ❑ Diabetes insipidus ❑ Adrenal tumour ❑ Pituitary disorders <p>Special therapies, alternative therapies</p> <p>Nursing procedures</p> <p>Drugs used in treatment of disorders of endocrine system</p>	<p>*Lecture</p> <p>Discussion</p> <p>*Explain using charts, graphs</p> <p>*Models, films, slides</p> <p>*Demonstration</p> <p>*Practice session</p> <p>*Case discussions/ Seminar</p> <p>*Health education</p> <p>*Supervised clinical practice</p> <p>*Drug book/ presentation</p> <p>*Assessment of skills with check list</p> <p>*Assessment of patient management problem</p>	<p>*Essay type</p> <p>*Short answer</p> <p>*Objective type</p> <p>*Assessment of patient management problem</p> <p>*Assessment of skills with check list</p>

IX	10	<p>*Describe the etiology, patho-physiology clinical manifestations, diagnostic measures and management of patients (adults including elderly) with disorders of skin</p>	<p>Nursing management of patient (adults including elderly) with disorders of Integumentary system</p> <ul style="list-style-type: none"> • Review of anatomy and physiology of Skin and its appendages • Nursing Assessment -History and Physical assessment • Etiology, Pathophysiology, clinical manifestations, diagnosis, treatment modalities & medical, surgical, dietetics & nursing management of disorders of skin and its appendages <ul style="list-style-type: none"> ❑ Lesions and abrasions ❑ Infection and infestations; Dermatitis ❑ Dermatoses ; infectious and Non infectious <p>“inflammatory dermatoses”</p> <ul style="list-style-type: none"> ❑ Acne Vulgaris ❑ Allergies and Eczema ❑ Psoriasis ❑ Malignant melanoma ❑ Alopecia <p>Special therapies, alternative therapies Nursing procedures Drugs used in treatment of disorders of Integumentary system</p>	<p>*Lecture Discussion *Explain using charts, graphs *Models, films, slides *Demonstration *Practice session *Case discussions/ Seminar *Health education *Supervised clinical practice *Drug book/ presentation *Assessment of skills with check list *Assessment of patient management problem</p>	<p>*Essay type *Short answer *Objective type *Assessment of patient management problem *Assessment of skills with check list</p>
X	15	<p>*Describe the etiology, patho-physiology clinical manifestations, diagnostic measures and management of patients (adults including elderly)</p>	<p>Nursing management of patient (adults including elderly) with musculo-skeletal problems</p> <ul style="list-style-type: none"> • Review of anatomy and physiology of musculo-skeletal system • Nursing Assessment -History and Physical assessment • Etiology, Pathophysiology, clinical manifestations, diagnosis, treatment modalities & medical, surgical, dietetics & nursing management of – • Disorders of : 	<p>*Lecture Discussion *Explain using charts, graphs *Models, films, slides *Demonstration *Practice session *Case discussions/ Seminar *Health education *Supervised</p>	<p>*Essay type *Short answer *Objective type *Assessment of patient management problem *Assessment of skills with</p>

		elderly) with disorders of musculo – skeletal system	<ul style="list-style-type: none"> ❑ Muscles, Ligaments and Joints- inflammation, infection, trauma ❑ Bones –inflammation, infection, dislocation, fracture, tumour and trauma ❑ Osteomalacia and osteoporosis ❑ Arthritis ❑ Congenital deformities ❑ Spinal column – defects & deformities, Tumor, Prolapsed inter vertebral disc, pott's spine ❑ Paget's disease • Amputation • Prosthesis • Transplant & replacement surgeries • Rehabilitation <p>Special therapies, alternative therapies Nursing procedures Drugs used in treatment of disorders of musculoskeletal system</p>	clinical practice *Drug book/ presentation *Assess-ment of skills with check List *Assess-ment of patient manage-ment problem	check list
XI	10	*Describe the etiology, patho-physiology clinical manifestations, diagnostic measures and management of patients (adults including elderly) with disorders of musculo – skeletal system	Nursing management of patient (adults including elderly) with Immunological problems <ul style="list-style-type: none"> • Review of Immune system • Nursing Assessment -History and Physical assessment • Etiology, Pathophysiology, clinical manifestations, diagnosis, treatment modalities & medical, surgical, dietetics & nursing management of – • Immunodeficiency disorder • Primary immuno deficiency • Phagocytic dysfunction • B-cell and T-cell deficiencies • Secondary immuno-deficiencies • Acquired immunodeficiency syndrome (AIDS) • Incidence of HIV & AIDS • Epidemiology • Transmission - Prevention of 	*Lecture Discussion *Explain using charts, graphs *Models, films, slides *Demonstration *Practice session *Case discussions/ Seminar *Health education *Supervised clinical practice *Drug book/ presentation *Orientation visit to Hospital Control system *Assessment of skills with	*Essay type *Short answer *Objective type *Assessment of patient management problem *Assessment of skills with check list

			<p>Transmission</p> <ul style="list-style-type: none"> • Standard Safety precautions • Role of Nurse; Counseling • Health education and home care consideration • National AIDS Control Program- NACO, various national and international agencies • Infection control program • Rehabilitation <p>Special therapies, alternative therapies</p> <p>Nursing procedures</p> <p>Drugs used in treatment of disorders of immunological system</p>	<p>check list</p> <p>*Assessment of patient management problem</p>	
XII	20	<p>*Describe the etiology, patho-physiology clinical manifestations, diagnostic measures and management of patients (adults including elderly) with Communicable Diseases</p>	<p>Nursing management of patient (adults including elderly) with Communicable Diseases</p> <ul style="list-style-type: none"> • Overview of infectious disease, the infectious process • Nursing Assessment - History and Physical assessment • Epidemiology, infectious process, clinical manifestations, diagnosis, treatment, prevention and dietetics. Control and eradication of common Communicable Diseases- <ul style="list-style-type: none"> <input type="checkbox"/> Tuberculosis <input type="checkbox"/> Diarrhoeal diseases <input type="checkbox"/> Hepatitis A- E <input type="checkbox"/> Herpes <input type="checkbox"/> Chickenpox <input type="checkbox"/> Smallpox <input type="checkbox"/> Typhoid <input type="checkbox"/> Meningitis <input type="checkbox"/> Gas gangrene <input type="checkbox"/> Leprosy <input type="checkbox"/> Dengue <input type="checkbox"/> Plague <input type="checkbox"/> Malaria <input type="checkbox"/> Diphtheria <input type="checkbox"/> Pertussis <input type="checkbox"/> Poliomyelitis 	<p>*Lecture</p> <p>Discussion</p> <p>*Explain using charts, graphs</p> <p>*Models, films, slides</p> <p>*Demonstration</p> <p>*Practice session</p> <p>*Case discussions/ Seminar</p> <p>*Health education</p> <p>*Supervised clinical practice</p> <p>*Drug book/ presentation</p> <p>*Orientation visit to Hospital</p> <p>Control system</p> <p>*Assessment of skills with check list</p> <p>*Assessment of patient management problem</p>	<p>*Essay type</p> <p>*Short answer</p> <p>*Objective type</p> <p>*Assessment of patient management problem</p> <p>*Assessment of skills with check list</p>

			<ul style="list-style-type: none"> ❑ Measles ❑ Mumps ❑ Influenza ❑ Tetanus ❑ Yellow fever ❑ Filariasis ❑ HIV, AIDS • Reproductive Tract Infections • Special Infection control measures : Notification, Isolation, Quarantine, Immunization, Infectious Disease Hospitals <p>Special therapies, alternative therapies Nursing procedures Drugs used in treatment of Communicable diseases</p>		
XIII	25	<p>*Describe the Organisation and physical set up of operation theatre</p> <p>*Identify the various instruments and equipments used for common surgical procedures</p> <p>*Describe the infection control measures in the operation theatre</p> <p>*Describe the role of the nurse in the Peri Operative nursing</p>	<p>Peri operative nursing:</p> <ul style="list-style-type: none"> • Organization and Physical set up of the Operation Theatre (OT) : <ul style="list-style-type: none"> ❑ Classifications ❑ O.T. Design ❑ Staffing ❑ Members of the OT team ❑ Duties and responsibilities of nurse in O.T. ❑ Principles of Health and operating room attire ❑ Instruments, ❑ Sutures & suture materials ❑ Equipments ❑ O.T. tables and sets for common surgical procedures ❑ Positions and draping for common surgical procedures ❑ Scrubbing procedures ❑ Gowning and gloving ❑ Preparation of O.T. Sets ❑ Monitoring the patient during surgical procedures • Maintenance of therapeutic environment in O.T • Standard Safety measures <ul style="list-style-type: none"> ❑ Infection control ; fumigation, disinfection and sterilization ❑ Biomedical waste 	<p>*Lecture Discussion</p> <p>*Explain using charts, graphs, Models, films, slides</p> <p>*Demonstration</p> <p>*Practice session</p> <p>*Supervised clinical practice</p> <p>*Drug book/ presentation</p> <p>*Assessment of skills with check list</p> <p>*Assessment of patient management problem</p>	<p>*Essay type</p> <p>*Short answer</p> <p>*Objective type</p> <p>*Assessment of skills with check list</p>

			care	management <ul style="list-style-type: none"> ❑ Prevention of accidents and hazards in O.T. • Anesthesia ❑ Types ❑ Methods of administration ❑ Effects and Stages ❑ Equipments ❑ Drugs • Cardio Pulmonary Resuscitation (CPR) • Pain management techniques • Legal Aspects 		
XIV	1		*Describe the role of the nurse	*Role of nurse in treating COVID 19 patients	Lecture Discussion *Explain using charts, graphs, Models, films, slides	Essay type *Short answer *Objective type *Assessment of skills with check list
XV	T H. 1	P R 2	*Describe Drug dispensing	Drug dispensing-Theory: Drug prescription; Drug dispensing; Administration of medications (Oral and Injections); Handling and disposal of injection related wastes Practical: Activity 14 of module 3 of CCH	*Lesson Plan; *PPT *Check list	*Essay type *Short answer
XI	45 m nt		*Describe Food Born diseases	Food Born diseases-Theory: Food poisoning and food intoxication, Public health response to food borne diseases, Food safety, food storage, and handling. Eat right Campaign	*Lesson Plan; *PPT *Check list	*Essay type *Short answer
XII	1	1	*Describe BMW and rules of 2016	BMW and rules of 2016-Theory: Based on revised bio – medical waste management guidelines of 2016. Practical: Activity 11-Hand washing skills and Activity 12-Bio-medical Waste Management	Lesson Plan; *PPT *Check list	*Essay type *Short answer

MEDICAL SURGICAL NURSONG-I PRACTICAL (ADULT INCLUDING GERIATRICS)

Placement :Second Year

Time :723 hours

Unit	Duration (in week)	Objectives	Skills	Assignments	Assessment Methods
General Medical Ward (*Respiratory, GI,Endocrine, Renal, Hematology	6	*Provide nursing care to adult patients with medical disorders *Counsel and educate patients and families	*Assessment of the patient <input type="checkbox"/> Taking history <input type="checkbox"/> Perform general and specific physical examination <input type="checkbox"/> Identify alterations and deviations • Practice medical surgical asepsis-standard safety measures • Administer medications <input type="checkbox"/> Oral, IV, IM, Subcutaneous • IV therapy <input type="checkbox"/> IV canulation <input type="checkbox"/> Maintenance and monitoring • Oxygen therapy by different methods • Nebulization • Chest physiotherapy • Naso gastric feeding • Assist in common diagnostic • Perform/Assist in therapeutic procedures • Blood and component therapy • Throat Suctioning	*Plan and give care to 3 - 4 assigned patients *Nursing care plan-2 *Nursing case study/presentation – 1 *Drug presentation-1 *Maintain drug book *Maintain Practical record book	*Assess performance with rating scale *Assess each skill with checklist *Evaluation of case study/pre-sanitation *Completion of practical record

			<ul style="list-style-type: none"> • Collect specimens for common investigations • Maintain elimination <ul style="list-style-type: none"> □ Catheterization □ Bowel wash □ Enema □ Urinary drainage • Maintain Intake, output and documentation • Counsel and teach related to specific disease conditions 		
General Surgical Ward (GI, Urinary, CTVS)	6	*Provide pre and post operative nursing care to adult patients with surgical disorders *Counsel and educate patients and families	*Practice medical surgical asepsis-standard safety measures *Pre operative preparation of patients *Post operative care- Receiving pt, assess – ment, monitoring care *Care of wounds and drainage *Suture removal *Ambulation and exercise *Naso gastric aspiration *Care of chest drainage *Ostomy care <ul style="list-style-type: none"> □ Gastrostomy □ Colostomy *Blood & component therapy *Practice universal precautions	*Plan and give care to 3 - 4 assigned patients *Nursing care plan-2 *Nursing case study/ presentation – 1 *Maintain drug book	*Assess performance with rating scale *Assess each skill with checklist *Evaluation of case study/presentation *Completion of activity record
Cardiology ward	2	*Provide nursing care to patients with cardiac disorders *Counsel and educate patients and	*Physical examination of cardiovascular system Recording and interpreting ECG *Monitoring of patients *Preparation and	*Plan and give care to 2 - 3 assigned patients *Nursing care plan-1 *Nursing case study/	*Assess performance with rating scale *Assess each skill with checklist

		families	assisting in non-invasive and invasive diagnostic procedures <ul style="list-style-type: none"> • Administer cardiac drugs • Cardio pulmonary Resuscitation • Teach patients and families • Practice medical and surgical asepsis –Standard safety measures 	presentation/ Health talk – 1 *Maintain drug book	*Evaluation of case study/presentation/health talk *Completion of activity record
Skin & Communicable diseases Ward	1	*Identify skin problems *Provide nursing care to patients with skin disorders & Communicable diseases *Counsel and educate patients and families	*Assessment of patients with skin disorders *Assist in diagnostic and therapeutic procedures *Administer topical medication *Practice medical surgical asepsis – Standard safety measures *Use of personal protective equipment (PPE) *Give medicated baths *Counseling HIV positive patients *Teach prevention of infectious diseases	*Plan and give care to 2 - 3 assigned patients *Health talk /Counseling HIV positive patients and families –1 *Maintain drug book	*Assess performance with rating scale *Evaluation health talk /Counseling session *Completion of activity record
Orthopaedic ward	2	*Provide nursing care to patients with musculo - skeletal disorders *Counsel and educate patients and families	*Assessment of orthopaedic patients *Assist in application of plaster cast and removal of cast *Apply skin traction-buck's extension traction *Assist in application and removal of prosthesis *Physiotherapy - Range of motion exercises (ROM), muscle strengthening	*Plan & give care to 2-3 assigned patients *Nursing care plan-1 *Nursing case study/ presentation – 1 *Maintain drug book	*Assess performance with rating scale *Evaluation of nursing care plan & nursing case study /presentation *Completion of activity record

			<p>exercises</p> <ul style="list-style-type: none"> • Crutch maneuvering technique • Activities of daily living • Ambulation • Teach and counsel patients & families 		
Operation Theatre	6	<p>*Identify instruments used in common operations</p> <p>*Participate in Infection control practices in the Operation Theatre</p> <p>*Set-up the table/ trolleys for common operative procedures</p> <p>*Assist in giving anesthesia</p> <p>*Assist in the operative procedures</p> <p>*Provide peri operative nursing care</p>	<p>*Scrubbing, gowning gloving</p> <p>*Identify instruments suturing materials for common operations</p> <p>*Disinfection, Carbonization, fumigation</p> <p>*Preparation of instrument sets for common operations</p> <ul style="list-style-type: none"> • Sterilization of sharps and other instruments • Prepare the OT table depending upon the operation • Positioning and monitoring of patients • Endotracheal intubation • Assisting in minor and major operations • Handling specimens • Disposal of waste as per the guidelines 	<p>*Assist as a circulatory nurse in</p> <p>*Major cases- 10</p> <p>*Minor cases – 5</p> <p>*Assist as a scrub nurse in</p> <p>*Major cases- 10</p> <p>*Minor cases – 5</p> <p>*Maintain drug book</p>	<p>*Assess performance with rating scale</p> <p>*Completion of activity record</p>

INTERNSHIP**TIME: 260 HOURS (9 weeks)**

Unit	Durati on (in week)	Objectives	Skills	Assignments	Assessment Methods
ICU, CCU, CARDI AC OT	2	<ul style="list-style-type: none">*To gain proficiency in ICU nursing*Develop advance skill in special procedures used in critical care unit*Identify potential problems and provide accordingly*Skill in setting and handling ventilator*Administer injection in infusion pump*Record accurately findings and medications*Develop IPR with family members<ul style="list-style-type: none">• Acquaint with OT technique	<ul style="list-style-type: none">*Assist in arterial puncture for blood gas analysis*Perform ECG and interpret accordingly.*Conduct & analysis pulse oximetry*Care with artificial airway*Assist in end tracheal intubation*Setting up ventilator*Giving care in ventilator*Drug sheet*Observation of special procedure in OT.	<ul style="list-style-type: none">*Arterial puncture –5*Taking out ECG stripe –5*Tracheal suction-5*For all assigned patients*Oxygen administration by CPAP mask and use AMBU bag.*Assessment for all assigned patients*Nursing care in ventilator*Drug sheet	<ul style="list-style-type: none">*Record book*Checking with supervisor

Neuro ICU, ITU, OT	2	<ul style="list-style-type: none"> *Develop skill in neurological assessment *Give care to the pt with head injury and spinal injury *Care with chest surgery and cranial surgery 	<ul style="list-style-type: none"> *Assess neurological status *Implement care to head injury spinal injury patients *Drug sheet *Pre and postoperative care with neuro surgery patients 	<ul style="list-style-type: none"> *Assessment for all assigned patients *Nursing care plan-2 *Drug sheet 	<ul style="list-style-type: none"> *Record book *Observation checklist
Burns & plastic Reconstructive surgery	2	<ul style="list-style-type: none"> *Assess the severity of burns *Administer rehydration therapy *Observe reconstructive surgery 	<ul style="list-style-type: none"> *Nursing care 		
OT Lapro – scopic Orthopaedic Eye ENT	3	<ul style="list-style-type: none"> *Identify instruments *Assist in OT set up *Supervise sterilization *Assist in OT table lay out *Observe immediately after operation *Supervise infection control 		<ul style="list-style-type: none"> *Assist - 5 cases 	<ul style="list-style-type: none"> *Record book

COMMUNITY HEALTH NURSING – I

Placement: Second Year

Time: Theory -95 hours 10 minutes

Practical – 137 hours

Course Description: This course is designed for students to appreciate the principles of promotion and maintenance of health

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
I	2	*Describe concept and dimensions of health	Introduction *Community health nursing *Definition, concept and dimensions of health *Promotion of health *Maintenance of health	*Lecture discussion	*Short answer
II	20	*Describe determinants of health	1. Determinants of health <ul style="list-style-type: none"> • Eugenics • Environment : <ul style="list-style-type: none"> □ Physical : Air, light, Ventilation, Water, Housing, Sanitation; disposal of waste, disposal of dead bodies, Forestation, Noise, Climate, Communication: infrastructure facilities and Linkages □ Acts regulating the environment: National Pollution control board □ Bacterial & viral: Agents, host carriers and immunity □ Arthropods and Rodents • Food hygiene: Production, Preservation, Purchase, Preparation, Consumption • Acts regulating food hygiene- Prevention of food adulteration act, drugs and cosmetic act • Socio-cultural <ul style="list-style-type: none"> □ Customs, taboos 	*Lecture discussion *Explain using Charts, graphs, Models, films, slides *Visits to water supply, sewage disposal, milk plants, slaughter house etc	*Essay type *Short answer *Objective type

			<ul style="list-style-type: none"> ❑ Marriage system ❑ Family structure ❑ Status of special groups; Females, Children, Elderly, challenged groups and Sick persons • Life Style • Hygiene • Physical activity ❑ Recreation and sleep ❑ Sexual life ❑ Spiritual life philosophy ❑ Self reliance ❑ Dietary pattern ❑ Education ❑ Occupation • Financial Management ❑ Income ❑ Budget ❑ Purchasing power ❑ Security 		
III	10	*Describe concept, scope, uses methods and approaches of epidemiology	<p>Epidemiology</p> <ul style="list-style-type: none"> • Definition, concept, aims, scope, uses and terminology used in epidemiology • Dynamics of disease transmission : epidemiological transition • Morbidity and mortality : measurements • Levels of prevention • Methods of epidemiology of <ul style="list-style-type: none"> ❑ Descriptive ❑ Analytical: Epidemic investigation ❑ Experimental 	<p>*Lecture discussion</p> <p>*Explain using Charts, graphs Models, films, slides</p>	<p>*Essay type</p> <p>*Short answer</p>
IV	25	*Describe Epidemiology and nursing management of common Communicable diseases	<p>Epidemiology and nursing management of common Communicable Diseases</p> <ul style="list-style-type: none"> • Respiratory infections <ul style="list-style-type: none"> ❑ Small Pox ❑ Chicken Pox ❑ Measles ❑ Influenza ❑ Rubella ❑ ARI's & Pneumonia ❑ Mumps 	<p>*Lecture discussion</p> <p>*Explain using Charts, graphs</p> <p>*Models, films, slides</p> <p>*Seminar</p> <p>*Supervised field practice - health centers, clinics and</p>	<p>*Essay type</p> <p>*Short answer</p> <p>*Objective type</p>

		<ul style="list-style-type: none"> <input type="checkbox"/> Diphtheria <input type="checkbox"/> Whooping cough <input type="checkbox"/> Meningococcal meningitis <input type="checkbox"/> Tuberculosis <input type="checkbox"/> SARS • Intestinal Infections <input type="checkbox"/> Poliomyelitis <input type="checkbox"/> Viral Hepatitis <input type="checkbox"/> Cholera <input type="checkbox"/> Diarrhoeal diseases <input type="checkbox"/> Typhoid Fever <input type="checkbox"/> Food poisoning <input type="checkbox"/> Amoebiasis <input type="checkbox"/> Hook worm infection <input type="checkbox"/> Ascariasis <input type="checkbox"/> Dracunculiasis • Arthropod infections <input type="checkbox"/> Dengue <input type="checkbox"/> Malaria <input type="checkbox"/> Filariasis • Zoonoses Viral <input type="checkbox"/> Rabies <input type="checkbox"/> Yellow fever <input type="checkbox"/> Japanese encephalitis <input type="checkbox"/> Kyasanur Forest Disease • Bacterial <input type="checkbox"/> Brucellosis <input type="checkbox"/> Plague <input type="checkbox"/> Human Salmonellosis <input type="checkbox"/> Anthrax <input type="checkbox"/> Leptospirosis • Rickettsial diseases <input type="checkbox"/> Rickettsial Zoonoses <input type="checkbox"/> Scrub typhus <input type="checkbox"/> Murine typhus <input type="checkbox"/> Tick typhus <input type="checkbox"/> Q fever • Parasitic zoonoses <input type="checkbox"/> Taeniasis <input type="checkbox"/> Hydatid disease <input type="checkbox"/> Leishmaniasis • Surface infection <input type="checkbox"/> Trachoma <input type="checkbox"/> Tetanus <input type="checkbox"/> Leprosy <input type="checkbox"/> STD & RTI <input type="checkbox"/> Yaws <input type="checkbox"/> HIV/AIDS Any other 	<p>homes</p> <p>Group projects</p> <p>Health education</p>	
--	--	---	--	--

V	10	<p>*Describe Epidemiology and nursing management of common Non-communicable diseases</p>	<p>Epidemiology and nursing management of Non - communicable diseases</p> <ul style="list-style-type: none"> • Malnutrition: under nutrition, over nutrition, nutritional deficiencies • Anemia • Hypertension • Stroke • Rheumatic Heart Disease • Coronary Heart Disease • Cancer • Diabetes mellitus • Blindness • Accidents • Mental illness • Obesity • Iodine deficiency • Fluorosis • Epilepsy 	<p>*Lecture discussion</p> <p>*Explain using Charts, graphs</p> <p>*Models, films, slides</p> <p>*Seminar</p> <p>*Supervised field practice - health centers, clinics and homes</p> <p>Group projects/ Health education</p>	<p>*Essay type</p> <p>*Short answer</p> <p>*Objective type</p>
VI	6	<p>*Describe the concepts & scope of Demography</p> <p>*Describe methods of data collection, analysis & interpretation of demographic data</p>	<p>Demography</p> <ul style="list-style-type: none"> • Definition, concept and scope • Methods of collection, analysis & interpretation of demographic data • Demographic rates and ratios 	<p>*Lecture discussion</p> <p>*Community identification survey</p>	<p>*Essay type</p> <p>*Short answer</p> <p>*Objective type</p> <p>*Assessment of survey report</p>
VII	17	<p>*Identify the impact of population explosion in India</p> <p>*Describe methods of population control</p>	<p>Population and its control</p> <ul style="list-style-type: none"> • Population explosion and its impact on social, economic development of individual, society and country • Population control : <ul style="list-style-type: none"> □ Overall development: Women empowerment, social, economic and educational development • Limiting family size : <ul style="list-style-type: none"> □ Promotion of small family norm 	<p>*Lecture discussion</p> <p>*Population survey</p> <p>*Counseling</p> <p>*Demonstration</p> <p>*Practice session</p> <p>*Supervised field practice</p> <p>*Assessment of survey report</p>	<p>*Essay type</p> <p>*Short answer</p> <p>*Objective type</p> <p>*Assessment of survey report</p>

			<ul style="list-style-type: none">❑ Methods : spacing (natural, biological, chemical, mechanical methods etc)❑ Terminal : surgical methods❑ Emergency contraception			
VIII	3		<p>*Explain about the awareness and prevention</p> <p>*Discuss the nature and precautionary measures</p>	<p>*Awareness and prevention during COVID 19 pandemic</p> <p>*Nature of spread of pandemic and precautionary measures while caring COVID patients.</p>	<p>*Lecture discussion</p> <p>*Population survey</p> <p>*Counseling</p> <p>*Demonstration</p> <p>*Practice session</p>	<p>*Essay type</p> <p>*Short answer</p> <p>*Objective type</p>
IX	Th	P r	*Explain Investigation of Outbreak	<p>Investigation of Outbreak-Theory: Steps of Investigation of an Outbreak with example of Outbreak of Acute Gastro-Enteritis</p> <p>Practical: Activity 5 of module 3 of CC</p>	Lesson Plan; *PPT *Check list	<p>*Essay type</p> <p>*Short answer</p>
	1	2				
X	40 m nt		*Describe Chikungunya	<p>Chikungunya-Theory: Disease characteristics, care and management</p>	Lesson Plan: *PPT *Check list	<p>*Essay type</p> <p>*Short answer</p>
XI	30 m nt		Describe Time trend in disease occurrence in Epidemiology	<p>Time trend in disease occurrence in Epidemiology</p> <p>Theory: concept and definitions, examples in local context</p>	PPT	<p>Essay type</p> <p>*Short answer</p>

COMMUNITY HEALTH NURSING - I

Placement: Second Year

Time : Practical – 137 hours

Areas	Duration (in week)	Objectives	Skills	Assignments	Assessment methods
Community health nursing	2 wks urban and 2 wks rural	<p>*Build and Maintain rapport</p> <p>*Identify demographic characteristics, health determinants & community health resources</p> <p>*Diagnose health needs of individual and families</p> <p>*Provide primary care in health centre</p> <p>*Counsel & educate individual, family & community</p>	<ul style="list-style-type: none"> • Use techniques of inter-personal relationship • Identification of health determinants of community • History taking • Physical examination • Collect specimens- sputum, malaria smear • Perform simple lab tests at centre - blood for Hemoglobin and sugar, urine for albumin and sugar • Administer vaccines and medications to adults • Counsel and teach individual, family and community <ul style="list-style-type: none"> ❑ Nutrition ❑ Hygiene ❑ Self health monitoring ❑ Seeking health services ❑ Healthy life style ❑ Family welfare methods ❑ Health promotion 	<p>*To work with 2 assigned families each in urban & rural</p> <p>*Family study – 1</p> <p>*Observation report of community – 1</p> <p>*Health talks 2 (1 in urban & in rural)</p>	<p>*Assess clinical performance with rating scale</p> <p>*Assess each skill with checklist</p> <p>*Evaluation of family study, observation report and health talk</p> <p>*Completion of activity record</p>

COMMUNICATION & EDUCATIONAL TECHNOLOGY

Placement :Second Year

Time : Theory – 90 hours

Course Description : This course is designed to help the students acquire an understanding of the principles and methods of communication and teaching. It helps to develop skill in communicating effectively, maintaining effective interpersonal relations, teaching individuals and group in clinical, community health and educational settings.

Unit	Time		Learning Objectives	Content and Teaching Learning Activities	Teaching Learning Activities	Assessment Method
	Th	Pr				
I	5		*Describe the communication process *Identify techniques of effective communication	Review of Communication Process <ul style="list-style-type: none"> • Process; elements and channel • Facilitators • Barriers and methods of overcoming • Techniques 	*Lecture Discussion *Role plays *Exercises with audio/video tapes *Respond to critical incidents	*Respond to critical incidence *Short Answer *Objective Type
II	5		*Establish effective interpersonal relations with patients families & co-workers	Interpersonal relations <ul style="list-style-type: none"> • Purpose & types • Phases • Barriers & methods of overcoming • Johari Window 	*Lecture Discussion *Role plays *Exercises with audio/video tapes Process recording	*Short Answer *Objective Type
III	5		*Develop effective human relations in context of nursing	Human relations <ul style="list-style-type: none"> • Understanding self • Social behavior, motivation, social attitudes • Individual and groups • Groups & individual • Human relations in context of nursing • Group dynamics • Team work 	*Lecture Discussion *Sociometry *Group games *Psychometric exercises followed by discussion *Respond to critical incidents	*Short Answer *Objective Type *Respond to test based on critical incidents
IV	10	5	*Develop basic skill of counseling and guidance	Guidance & counseling <ul style="list-style-type: none"> • Definition • Purpose, scope & need • Basic principles • Organization of 	*Lecture Discussion * Role play on counseling in different situations followed by	*Short Answer *Objective Type *Assess performance in role play situation

				<p>counseling services</p> <ul style="list-style-type: none"> • Types of counseling approaches • Role and preparation of counselor • Issues for counseling in nursing: students and practitioners • Counseling process – steps & techniques, tools of counselor • Managing disciplinary problems • Management of crisis & referral 	<p>discussion</p> <p>*Assess performance in role play situations</p>	
V	5		<p>*Describe the philosophy & principles of education</p> <p>*Explain the teaching learning process</p>	<p>Principles of education & teaching learning process</p> <ul style="list-style-type: none"> • Education: meaning, philosophy, aims, functions & Principles • Nature and characteristics of learning, • Principles and maxims of teaching, <p>Formulating objectives: general and specific</p> <ul style="list-style-type: none"> • Lesson planning • Classroom management 	<p>*Lecture Discussion</p> <p>*Prepare lesson plan</p> <p>*Micro teaching</p> <p>*Exercise on writing objectives</p> <p>*Assess lesson plans & teaching sessions</p>	<p>*Short Answer</p> <p>*Objective Type</p> <p>*Assess lesson plan and teaching session</p>
VI	10	10	<p>*Demonstrate teaching skill using various teaching methods in clinical, classroom & community settings</p>	<p>Methods of teaching</p> <ul style="list-style-type: none"> • Lecture, demonstration, group discussion, seminar symposium, panel discussion, role play, project, field trip, workshop, exhibition, programmed instruction, computer assisted learning, micro teaching problem based 	<p>*Lecture Discussion</p> <p>*Conduct 5 teaching sessions using different methods & media</p> <p>Assess teaching sessions</p>	<p>*Short Answer</p> <p>*Objective Type</p> <p>*Assess teaching session</p>

				<p>learning, Self instructional module and simulation etc.</p> <ul style="list-style-type: none"> Clinical teaching methods : case method, nursing round & reports, bedside clinic, conference (individual & group) process recording 		
VII	10	8	<p>*Prepare and use different types of educational media effectively</p>	<p>Educational media</p> <ul style="list-style-type: none"> Purposes & types of A.V. Aids, principles and sources etc. Graphic aids: chalk board, chart, graph, poster, flash cards, flannel graph, bulletin, cartoon Three dimensional aids : objects, specimens, models, puppets Printed aids: pamphlets & leaflets Projected aids : slides, overhead projector, films, TV, VCR/VCD, camera, microscope, LCD Audio aids : tape recorder public address system Computer 	<p>*Lecture Discussion *Demonstration *Prepare different teaching aids- projected & non projected Assess the teaching aids prepared</p>	<p>*Short Answer *Objective Type *Assess teaching session</p>
VIII	5	7	<p>*Prepare different types of questions for assessment of knowledge, skills and attitudes</p>	<p>Assessment</p> <ul style="list-style-type: none"> Purpose & scope of evaluation & assessment Criteria for selection of assessment techniques and methods Assessment of knowledge : essay type questions, Short answer questions (SAQ), Multiple choice questions (MCQ) 	<p>*Lecture Discussion *Demonstration *Prepare different teaching aids- projected & non projected *Assess the teaching aids prepared</p>	<p>*Short Answer *Objective Type *Assess The strategies used in practice teaching sessions and exercise sessions.</p>

				<ul style="list-style-type: none"> Assessment of skills : observation checklist, practical exam, Viva, Objective structured clinical examination (OSCE) Assessment of Attitudes: Attitude scales 		
IX	5		<ul style="list-style-type: none"> Teach individuals, groups and communities about health with their active participation 	<p>Information, Education & communication for health (IEC)</p> <ul style="list-style-type: none"> Health behavior& health education Planning for health education Health education with individuals, groups &communities Communicating health messages Methods & media for communicating health messages Using mass media Assess the strategies used in practice teaching sessions and exercise sessions 	<ul style="list-style-type: none"> Lecture Discussion Plan &conduct health education sessions for individuals , group & communities 	<ul style="list-style-type: none"> Short Answer Objective Type Assess the planning &conduct of the educational session

MEDICAL SURGICAL NURSING

(ADULT INCLUDING GERIATRICS) – II

Placement: Third Year

Time: Theory -121 hours
Practical –273 hours

Course Description: The purpose of this course is to acquire knowledge and develop proficiency in caring for patients with medical and surgical disorders in varieties of health care settings and at home.

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning activities	Assessment methods
I	15	*Describe the etiology, Pathophysiology, clinical manifestations, diagnostic measures and management of patients with disorders of Ear Nose and Throat	Nursing management of patient with disorders of Ear Nose and Throat <ul style="list-style-type: none"> Review of anatomy and physiology of the Ear Nose and Throat Nursing assessment- History and Physical assessment Etiology, Pathophysiology, clinical manifestations, diagnosis, treatment modalities and medical & Surgical nursing management of Ear Nose & Throat disorders: <ul style="list-style-type: none"> External ear: deformities otalgia, foreign bodies, and tumours Middle Ear – Impacted wax, Tympanic membrane perforation, otitis media, otosclerosis, mastoiditis, tumours Inner ear – Meniere’s Disease, labyrinthitis, ototoxicity, tumours Upper airway infections – Common cold, sinusitis, <u>ethinitis</u>, rhinitis, pharyngitis, tonsillitis and adenoiditis, peritonsillar abscess, laryngitis Upper respiratory airway – epistaxis, Nasal obstruction, 	*Lecture Discussion *Explain using Charts, graphs *Models, films, slides *Demonstration *Practice session *Case discussions/ Seminar *Health education *Supervised clinical practice *Drug book/ presentation Assessment of skills with check list	*Essay type *Shorts answers *Objective type *Assessment of skills with checklist *Assessment of patient management problem

			laryngeal obstruction, cancer of the larynx <ul style="list-style-type: none"> • Cancer of the oral cavity • Speech defects and speech therapy • Deafness – • Prevention, control and rehabilitation • Hearing Aids, implanted hearing devices Special Therapies Nursing procedures Drugs used in treatment of disorders of Ear Nose and Throat Role of nurse Communicating with hearing impaired and muteness.		
II	15	*Describe the etiology, pathophysiology, clinical manifestations, diagnostic measures and management of patients with disorders of eye.	Nursing management of patient with disorder of eye <ul style="list-style-type: none"> • Review of anatomy and physiology of the eye – • Nursing Assessment - History and Physical assessment • Etiology, Pathophysiology, clinical manifestations, diagnosis, treatment modalities and medical & Surgical nursing management of eye disorders: <ul style="list-style-type: none"> ○ Refractive errors ○ Eyelids- infection, tumours & deformities ○ Conjunctiva - inflammation and infection, bleeding ○ Cornea- inflammation and infection ○ Lens-Cataracts ○ Glaucoma ○ Disorder of the uveal tract, ○ Ocular tumours ○ Disorders of 	*Lecture Discussion *Explain using Charts, graphs *Models, films, slides *Demonstration *Practice session *Case discussions/ Seminar *Health education *Supervised clinical practice *Drug book/ presentation <ul style="list-style-type: none"> • Visit to eye bank • Participation in eye-camps 	*Essay type *Shorts answers *Objective type *Assessment of skills with checklist *Assessment of patient management problem

			<p>posterior chamber & retina : retinal and vitreous problems</p> <ul style="list-style-type: none"> ○ Retinal detachment ○ Ocular emergencies and their prevention <ul style="list-style-type: none"> ● Blindness ● National blindness control program ○ Eye Banking ○ Eye prostheses and Rehabilitation <p>Role of nurse - Communication with visually impaired patient, Eye camps Special Therapies Nursing procedures Drugs used in treatment of disorders of eye</p>		
III	16	*Describe the etiology, patho-physiology, clinical manifestations, diagnostic measures & nursing management of patients with neurological disorders	<p>Nursing management of patient with neurological disorders</p> <ul style="list-style-type: none"> ● Review of anatomy and physiology of the neurological system ● Nursing Assessment - History and Physical and neurological ● Etiology, Pathophysiology , clinical manifestations, diagnosis, treatment modalities and medical & Surgical nursing management of neurological disorders ● Congenital malformations ● Headache ● Head Injuries ● Spinal Injuries: <ul style="list-style-type: none"> ○ Paraplegia ○ Hemiplegia ○ Quadraplegia ● Spinal cord compression-herniation of intervertebral disc ● Tumors of the brain & spinal cord 	<p>*Lecture Discussion *Explain using Charts, graphs Models, films, slides *Demonstration *Practice session *Case discussions/ Seminar *Health education *Supervised clinical practice *Drug book/ presentation *Visit to rehabilitation centre *Assessment of skills with check list *Assessment of patient management problem</p>	<p>*Essay type *Shorts answers *Objective type *Assessment of skills with checklist *Assessment of patient management problem</p>

			<ul style="list-style-type: none"> • Intra cranial & cerebral aneurysms • Infections : <ul style="list-style-type: none"> ○ Meningitis, Encephalitis, Brain abscess, neurocysticercosis • Movement disorders <ul style="list-style-type: none"> ○ Chorea ○ Seizures ○ Epilepsies • Cerebro Vascular Accidents (CVA) • Cranial, Spinal Neuropathies - Bell's palsy, trigeminal neuralgia • Peripheral Neuropathies; Guillain-Barré Syndrome • Myasthenia gravis • Multiple sclerosis • Degenerative diseases <ul style="list-style-type: none"> ○ Delirium ○ Dementia ○ Alzheimer's disease ○ Parkinson's disease • Management of unconscious patients & patients with stroke • Role of the nurse in communicating with patient having neurological deficit • Rehabilitation of patients with neurological deficit <p>Role of nurse in long stay facility (institutions) and at home</p> <p>Special Therapies</p> <p>Nursing procedures</p> <p>Drugs used in treatment of neurological disorders</p>		
IV	16	*Describe the etiology, pathophysiology, clinical manifestations, diagnostic	Nursing management of patients with disorders of female reproductive system <ul style="list-style-type: none"> • Review of anatomy and physiology of the female reproductive system • Nursing Assessment - History and Physical assessment 	*Lecture Discussion *Explain using Charts, graphs Models, films, slides *Demonstration *Practice session	*Essay type *Shorts answers *Objective type *Assessment of skills with

		measures & nursing management of patients with disorders of female reproductive system *Describe concepts of reproductive health & family welfare programme	<ul style="list-style-type: none"> • Breast Self Examination • Etiology, Pathophysiology, clinical manifestations, diagnosis, treatment modalities and medical & Surgical nursing management of disorder of female reproductive system • Congenital abnormalities of female reproductive system • Sexuality & Reproductive Health • Sexual Health Assessment • Menstrual Disorders; Dysmenorrhea, Amenorrhea, Premenstrual Syndrome • Abnormal Uterine Bleeding; Menorrhagia, Metrorrhagia • Pelvic Inflammatory Disease – • Ovarian and fallopian tube disorders; infections, cysts, tumours • Uterine & cervical disorders; Endometriosis, polyps, Fibroids, Cervical & uterine tumours, uterine displacement, Cystocele/ Urethrocele/Rectocele • Vaginal disorders; Infections, cysts, tumours • Diseases of breasts; Deformities, Infections, Cysts and Tumours • Menopause and Hormonal Replacement Therapy • Infertility • Contraception ; Types Methods, Risk and effectiveness <ul style="list-style-type: none"> ○ Spacing Methods <ul style="list-style-type: none"> - Barrier methods, Intra Uterine Devices, Hormonal, Post Conceptional Methods, etc ○ Terminal methods <ul style="list-style-type: none"> - Sterilization 	*Case discussions/ Seminar *Health education *Supervised clinical practice *Drug book/ presentation *Assessment of skills with check list *Assessment of patient management problem	checklist *Assessment of patient management problem
--	--	--	---	--	--

			<ul style="list-style-type: none"> • Emergency Contraception methods • Abortion – Natural, Medical & surgical abortion – MTP Act • Toxic Shock Syndrome • Injuries & Trauma; Sexual violence <p>Special Therapies Nursing procedures Drugs used in treatment of gynaecological disorders National family welfare programme</p>		
V	10	<p>*Describe the etiology, patho-physiology, clinical manifestations, diagnostic measures & nursing management of patients with Burns, reconstructive and cosmetic surgery</p>	<p>Nursing management of patients with Burns, reconstructive & cosmetic surgery</p> <ul style="list-style-type: none"> • Review of anatomy and physiology of the skin & connective tissues and various deformities • Nursing Assessment - History and Physical assessment & Assessment of burns & fluid and electrolyte loss • Etiology, Classification, Pathophysiology, clinical manifestations, diagnosis, treatment modalities and medical & Surgical nursing management of Burns & Re-constructive and Cosmetic surgery; • Types of Re-constructive and Cosmetic surgery; for burns, congenital deformities, injuries & cosmetic purposes • Role of Nurse • Legal aspects • Rehabilitation • Special therapies <ul style="list-style-type: none"> ○ Psycho social aspects <p>Nursing procedures Drugs used in treatment of Burns, reconstructive and cosmetic surgery</p>	<p>*Lecture Discussion *Explain using Charts, graphs Models, films, slides *Demonstration *Practice session *Case discussions/ Seminar *Health education *Supervised clinical practice *Drug book/ presentation</p>	<p>*Essay type *Shorts answers *Objective type *Assessment of skills with checklist *Assessment of patient management problem</p>

VI	10	<p>*Describe the etiology, patho-physiology, clinical manifestations, diagnostic measures & nursing management of patients with oncology</p>	<p>Nursing management of patients with oncological conditions</p> <ul style="list-style-type: none"> • Structure & characteristics of normal & cancer cells • Nursing Assessment - History and Physical assessment • Prevention, Screening, Early detection, Warning signs of cancer • Epidemiology, Etiology, Classification, Patho-physiology, Staging, clinical manifestations, diagnosis, treatment modalities and medical & Surgical nursing management of oncological conditions • Common malignancies of various body systems ; Oral, larynx, lung, Stomach & Colon, Liver, Leukemias& lymphomas, Breast, Cervix, Ovary, Uterus, Sarcoma, Brain, Renal, Bladder, Prostate etc • Oncological emergencies • Modalities of treatment <ul style="list-style-type: none"> ○ Immunotherapy ○ Chemotherapy ○ Radiotherapy ○ Surgical Interventions ○ Stem cell and Bone marrow transplants ○ Gene therapy ○ Other forms of treatment • Psychosocial aspects of cancer • Rehabilitation • Palliative care; Symptom and Pain Management, Nutritional support • Home care • Hospice care • Stomal Therapy • Special therapies <ul style="list-style-type: none"> ○ Psycho social aspects 	<p>*Lecture Discussion *Explain using Charts, graphs Models, films, slides *Demonstration *Practice session *Case discussions/ Seminar *Health education *Supervised clinical practice *Drug book/ presentation *Assessment of skills with check list *Assessment of patient management problem</p>	<p>*Essay type *Shorts answers *Objective type *Assessment of skills with checklist *Assessment of patient management problem</p>
----	----	--	--	---	---

			<ul style="list-style-type: none"> Nursing procedures 		
VII	10	<p>*Describe organization of emergency & disaster care services</p> <p>*Describe the role of nurse in disaster management</p> <p>*Describe the role of nurse in management of common Emergencies</p>	<p>Nursing management of patient in Emergency & Disaster situations</p> <p>Disaster Nursing :</p> <ul style="list-style-type: none"> Concepts & principles of Disaster Nursing Causes and Types of Disaster : Natural and Man-made <ul style="list-style-type: none"> Earthquakes, Floods, Epidemics, Cyclones Fire, Explosion, Accidents Violence, Terrorism; bio-chemical, War Policies related to emergency/disaster management; International, national, state, institutional Disaster preparedness: Team, Guidelines, protocols, Equipments, Resources Coordination and involvement of; Community, various govt. departments, non-govt. organizations & International agencies Role of nurse: working Legal Aspects of Disaster Nursing Impact on Health and after effects; Post Traumatic Stress Disorder Rehabilitation; physical, psycho-social, Financial, Relocation <p>Emergency Nursing</p> <ul style="list-style-type: none"> Concept, priorities, principles & scope of emergency nursing Organization of emergency services: physical setup, staffing, equipment and supplies, protocols, Concepts of triage & role of triage nurse Coordination & 	<p>*Lecture</p> <p>Discussion</p> <p>*Explain using Charts, graphs</p> <p>Models, films, slides</p> <p>*Demonstration</p> <p>*Practice session</p> <p>*Case discussions/ Seminar</p> <p>*Health education</p> <p>*Supervised clinical practice</p> <p>*Disaster management Drills</p> <p>*Drug book/ presentation</p> <p>*Assessment of skills with check list</p> <p>*Assessment of patient management problem</p>	<p>*Essay type</p> <p>*Shorts answers</p> <p>*Objective type</p> <p>*Assessment of skills with checklist</p> <p>*Assessment of patient management problem</p>

			<p>involvement of different departments & facilities</p> <ul style="list-style-type: none"> • Nursing Assessment- History and Physical assessment • Etiology, Pathophysiology , clinical manifestations, diagnosis, treatment modalities and medical & Surgical nursing management of patient with medical & surgical Emergency • Principles of emergency management • Common Emergencies; • Respiratory Emergencies • Cardiac Emergencies • Shock & Hemorrhage • Pain • Poly-Trauma, road accidents, crush injuries, wound • Bites • Poisoning; Food, Gas, Drugs & chemical poisoning • Seizures • Thermal Emergencies Heat stroke & Cold injuries • Pediatric Emergencies • Psychiatric Emergencies • Obstetrical Emergencies • Violence, Abuse, Sexual assault • Cardio Pulmonary Resuscitation • Crisis Intervention • Role of the nurse; Communication & Inter personal Relations • Medico-Legal Aspects; 		
VIII	10	<p>*Explain the concept and problems of aging</p> <p>*Describe nursing</p>	<p>Nursing care of the elderly</p> <ul style="list-style-type: none"> • Nursing Assessment – History & Physical assessment • Ageing; • Demography; Myths and 	<p>*Lecture Discussion</p> <p>*Explain using Charts, graphs Models, films, slides</p> <p>*Demonstration</p>	<p>*Essay type</p> <p>*Shorts answers</p> <p>*Objective type</p> <p>*Assessme</p>

		care of the elderly	<p>realities</p> <ul style="list-style-type: none"> • Concepts & theories of ageing • Cognitive Aspects of Ageing • Normal biological ageing • Age related body systems changes • Psychosocial Aspects of Ageing • Medications and elderly • Stress & coping in older adults • Common Health Problems & Nursing Management; • Cardiovascular, Respiratory, Musculoskeletal, • Endocrine, genitor-urinary, gastrointestinal • Neurological, Skin and other Sensory organs ○ Psychosocial and Sexual ○ Abuse of elderly • Role of nurse for care of elderly: ambulation, nutritional, communicational, psychosocial & spiritual • Role of nurse for caregivers of elderly • Role of family and formal and non formal caregivers • Use of aids & prosthesis (hearing aids, dentures, • Legal & Ethical Issues • Provisions & Programmers' for elderly; privileges, Community Programs and health services; • Home & institutional care 	<p>*Practice session</p> <p>*Case discussions/ Seminar</p> <p>*Health education</p> <p>*Supervised clinical practice</p> <p>*Drug book/ presentation</p> <p>*Visit to old age home</p>	<p>nt of skills with checklist</p> <p>*Assessment of patient management problem</p>
IX	10	<p>*Describe organization of critical care units</p> <p>*Describe the role of nurse in management</p>	<p>Nursing management of patient in critical care units</p> <ul style="list-style-type: none"> • Nursing Assessment – History & Physical assessment • Classification • Principles of critical care nursing 	<p>* Lecture Discussion</p> <p>*Explain using Charts, graphs Models, films, slides</p> <p>*Demonstration</p> <p>*Role plays</p>	<p>*Essay type</p> <p>*Shorts answers</p> <p>*Objective type</p> <p>*Assessment of skills</p>

		t of patients critical care units	<ul style="list-style-type: none"> • Organization; Physical setup, Policies, staffing norms, • Protocols, equipment and supplies • Special equipments; ventilators, cardiac monitors, defibrillators, • Resuscitation equipments • Infection Control Protocols • Nursing management of critically ill patient; • Monitoring of critically ill patient • CPR-Advance Cardiac Life support • Treatments & procedures • Transitional care • Ethical & Legal Aspects • Communication with patient and family • Intensive care records • Crisis Intervention • Death & Dying-coping with • Drugs used in critical care unit 	<ul style="list-style-type: none"> *Counseling *Practice session *Case discussions/ Seminar *Health education *Supervised clinical practice *Drug book/ presentation *Assessment of skills with check list *Assessment of patient management problem 	with checklist *Assessment of patient management problem
X	8	*Describe the etiology, patho-physiology, clinical manifestations, assessment, diagnostic measures & management of patients with occupational and industrial health disorder	Nursing management of patients adults including elderly with Occupational and Industrial disorders <ul style="list-style-type: none"> • Nursing Assessment – History & Physical assessment • Etiology, Pathophysiology, clinical manifestations, diagnosis, treatment modalities and medical & Surgical nursing management of occupational and industrial health disorders • Role of nurse Special Therapies, alternative therapies Nursing procedures Drugs used in treatment of Occupational & Industrial disorder		

XI	Th	Pr	*Describe use of equipment	Use of equipment – Practical: Activity 43 of module 3 of CCH (use of equipment) during visit to District hospital/CHC	*Lesson Plan; *PPT	*Essay type *Short answer
		2				
XII	1	1	*Discuss Suturing of superficial wounds	Suturing of superficial wounds - Theory: Immediate wound care, Dressing of wound, Primary sutures and techniques of suturing skin Practical: Activity 19 (BNSL 043)- Suturing of superficial Wounds	*Lesson Plan; *PPT	*Essay type *Short answer

MALWANCHAL UNIVERSITY

MEDICAL SURGICAL NURSING – II

(ADULT AND GERIATRICS)PRACTICAL – II

Placement: Third Year

Time: Practical – 273 hrs
Internship – 430 hrs

Areas	Duration (in wks)	Objectives	Skills	Assignments	Assessment methods
ENT	1	<ul style="list-style-type: none"> *Provide care to patients with ENT disorders *Counsel and educate patient and families 	<ul style="list-style-type: none"> *Perform examination of ear, nose and throat *Assist with diagnostic procedures *Assist with therapeutic procedures *Instillation of drops *Perform/assist with irrigations *Apply ear bandage *Perform tracheotomy care *Teach patients & families 	<ul style="list-style-type: none"> *Provide care to 2-3 assigned patients *Nursing care plan -1 *Observation reports of OPD *Maintain drug book 	<ul style="list-style-type: none"> *Assess each skill with checklist *Assess performance with rating scale Evaluation of observation report of OPD *Completion of activity record
Ophthalmology	1	<ul style="list-style-type: none"> *Provide care to patients with Eye disorders *Counsel and educate patient and families 	<ul style="list-style-type: none"> *Perform examination of eye *Assist with diagnostic procedures *Assist with therapeutic procedures *Perform/assist with irrigations *Apply eye bandage *Apply eye drops/ointments *Assist with foreign body removal *Teach patients & families 	<ul style="list-style-type: none"> *Provide care to 2-3 assigned patients *Nursing care plan -1 *Observation reports of OPD & Eye bank *Maintain drug book 	<ul style="list-style-type: none"> *Assess each skill with checklist *Assess performance with rating scale *Evaluation of observation report of OPD /Eye bank *Completion of activity record
Neurology	2	<ul style="list-style-type: none"> *Provide care to patients with neurological disorders *Counsel and educate 	<ul style="list-style-type: none"> *Perform Neurological Examination *Use Glasgow coma scale *Assist with diagnostic procedures *Assist with therapeutic procedures *Teach patients & 	<ul style="list-style-type: none"> *Provide care to assigned 2-3 patients with neurological disorders *Case study/ case presentation – 	<ul style="list-style-type: none"> *Assess each skill with checklist *Assess performance with rating scale

		patient and families	families *Participate in rehabilitation program	1 *Maintains drug book *Health Teaching-1	*Evaluation of case study & health teaching *Completion of activity record
Gynecology ward	1	*Provide care to patients with gynecological disorders *Counsel and educate patient and families	*Assist with gynecological Examination *Assist with diagnostic procedures *Assist with therapeutic procedures *Teach patients families *Teaching self Breast Examination *Assist with PAP smear collection	*Provide care to 2-3 assigned patients *Nursing care plan -1 *Maintain drug book	*Assess each skill with checklist *Assess performance with rating scale *Evaluation of care plan *Completion of activity record
Burns Unit	1	*Provide care to patients with Burns *Counsel and educate patient and families	*Assessment of the burns patient *Percentage of burns *Degree of burns *Fluid & electrolyte replacement therapy *Assess *Calculate *Replace *Record intake/output *Care of Burn wounds *Bathing *Dressing *Perform active & passive exercises *Practice medical & surgical asepsis *Counsel & Teach patients and families *Participate in rehabilitation program	*Provide care to 1-2 assigned patients *Nursing care plan -1 *Observation reports of Burns unit	*Assess each skill with checklist *Assess performance with rating scale *Evaluation of care plan and observation report *Completion of activity record
Oncology Unit	1	*Provide care to patients with Cancer *Counsel and educate	*Screen for common cancers-TNM classification *Assist with diagnostic procedures *Biopsies *Pap smear	*Provide care to 2-3 assigned patients *Nursing care plan -1 *Observation report of	*Assess each skill with checklist *Assess performance with rating

		patient and families	<ul style="list-style-type: none"> *Bone-marrow aspiration *Breast examination *Assist with therapeutic procedures *Participates in various modalities of treatment <ul style="list-style-type: none"> ○ Chemotherapy ○ Radiotherapy ○ Pain management ○ Stomalththerapy ○ Hormonal therapy ○ Immuno therapy ○ Gene therapy ○ Alternative therapy • Participating palliative care • Counsel and teach patients families ○ Self Breast Examination ○ Warning signs • Participate in rehabili-tation program 	cancer unit	scale *Evaluation of care plan and observation report *Completi n of activity record
Critical care unit	2	*Provide care to critically ill patients *Counsel patient and families for grief and bereavement	*Monitoring of patients in ICU *Maintain flow sheet *Care of patient on ventilators *Perform Endotracheal suction *Demonstrates use of ventilators, cardiac monitors etc. *Collect specimens and interprets ABG analysis *Assist with arterial puncture *Maintain CVP line *Pulse oximetry *CPR – ALS *Defibrillators *Pace makers *Bag-mask ventilation *Emergency tray/trolley-	*Provide care to 1 assigned patient *Observation report of Critical care unit *Drugs book	*Assess each skill with checklist *Assess performance with rating scale *Evaluation of observation report *Completi n of activity record

			<p>Crash Cart</p> <p>*Administration of drugs</p> <ul style="list-style-type: none"> ○ Infusion pump ○ Epidural ○ Intra thecal ○ Intracardiac ● Total parenteral therapy ● Chest physiotherapy ● Perform active & passive exercises ● Counsel the patient and family in dealing with grieving and bereavement 		
Casualty/Emergency	1	<p>*Provide care to patients in emergency and disaster situation</p> <p>*Counsel patient and families for grief and bereavement</p>	<p>*Practice "triage"</p> <p>*Assist with assessment, examination, investigations & their interpretations, in emergency & disaster situations</p> <p>*Assist in documentations</p> <p>*Assist in legal procedures in emergency unit</p> <p>*Participate in managing crowd</p> <p>*Counsel patient & families in grief and bereavement</p>	*Observation report of Emergency unit	<p>*Assess performance with rating scale</p> <p>*Evaluation of observation report</p> <p>*Completion of activity record</p>

Placement: Internship**Time : 9 weeks**

Areas	Duration (in week)	Objective	Skills	Assessment
Medical ward	2	Provide comprehensive care to patients with medical and surgical conditions including emergencies Assist with common operations	Integrated Practice	Assess clinical performance with rating scale
Surgical ward	2			
Critical care unit /ICCU	1			
Casualty/Emergency Operation Theatre (Eye, ENT, Neuro)	2			

CHILD HEALTH NURSING

Placement: Third Year

Time: Theory – 94 hours 10 minutes

Practical - 277 hours

Internship -145 hours

Course Description: This course is designed for developing an understanding of the modern approach to child – care, identification, prevention and nursing management of common health problems of neonates and children.

Unit	Time (Hrs)	Learning Objective	Content	Teaching Learning Activity	Assessment method
I	15	<ul style="list-style-type: none"> *Explain the modern concept of child care & principles of child health Nursing *Describe national policy programs and legislation in relation to child health and welfare. *List major causes of death during infancy, early & late childhood *Describe the major functions and role of the pediatric nurse in caring for a hospitalized child. *Describe the principles of child health nursing 	Introduction Modern concepts of childcare *Internationally accepted rights of the Child *National policy & legislations in relation to child health and welfare *National programmers related to child health and welfare *Agencies related to welfare services to the children *Changing trends in hospital care, preventive, promotive & curative aspects of child health *Child morbidity and mortality rates *Differences between an adult and child *Hospital environment for a sick child *Impact of hospitalization on the child and family *Grief and bereavement *The role of a Child health nurse in caring for a hospitalized child *Principles of pre and post operative care of infants and children *Child health nursing procedures	*Lecture Discussion *Demonstration of common pediatric procedures	*Short answer *Objective type *Assessment of skills with checklist

II	20	<ul style="list-style-type: none"> *Describe the normal growth and development of children at different ages *Identify the needs of children at different ages & provide parental guidance *Identify the nutritional needs of children at different ages and ways of meeting the needs *Appreciate the role of play for normal & sick children. *Appreciate the preventive measures and strategies for children 	The healthy child <ul style="list-style-type: none"> *Principles of growth and development * Factors affecting growth & development *Growth and development from birth to adolescence * The needs of normal children through the stages of developmental and parental guidance *Nutritional needs of children & infants: breast feeding exclusive breast feeding supplementary/artificial feeding and weaning. *Baby friendly hospital concept * Accidents causes and prevention *Value of play and selection of play material *Preventive immunization, immunization programme and cold chain *Preventive pediatrics *Care of under five & under five clinics/well baby clinics 	<ul style="list-style-type: none"> *Lecture Discussion *Developmental study of infant and children *Observational study of normal and sick child *Field visit to Anganwadi, child guidance clinic *Film show on breast feeding *Clinical practice/field 	<ul style="list-style-type: none"> *Short answer *Objective type *Assessment of field visits and developmental study reports
III	15	<ul style="list-style-type: none"> *Provide care to normal & high risk neonates *Perform neonatal resuscitation *Recognize and manage common neonatal problems 	Nursing care of a neonate <ul style="list-style-type: none"> *Nursing care of a normal newborn/Essential newborn care *Neonatal resuscitation *Nursing management of a low birth weight baby *Kangaroo mother care *Nursing management of common neonatal disorders *Organization of neonatal unit *Identification & nursing management of common congenital malformations 	<ul style="list-style-type: none"> *Lecture Discussion *Workshop on neonatal resuscitation *Demonstration *Practice session *Clinical practice 	<ul style="list-style-type: none"> *Short answer *Objective type *Assessment of skills with checklist
IV	10		Integrated management of neonatal and childhood illnesses (IMNCI)		
V	20	*Provide nursing care in	Nursing management in common childhood	*Lecture Discussion	*Short answer

		<p>common childhood diseases</p> <p>*Identify measures to prevent common childhood diseases including immunization</p>	<p>diseases</p> <p>*Nutritional deficiency disorders</p> <p>*Respiratory disorders and infections</p> <p>*Gastrointestinal infections, infestations and congenital disorders</p> <p>*Cardio vascular problem: congenital defects and rheumatic fever, rheumatic heart disease</p> <p>*Genitor-urinary disorders: acute glomerulo nephritis, Nephritic syndrome, Wilms' tumor, infection and congenital disorders</p> <p>*Neurological infections and disorders: convulsions, epilepsy, meningitis, hydrocephalus, spina-bifida</p> <p>*Hematological disorders : Anemia's, Thalassemia, ITP, Leukemia, hemophilia</p> <p>*Endocrine disorders: Juvenile Diabetes Mellitus</p> <p>*Orthopedic disorders :club feet, hip dislocation and fracture</p> <p>*Disorders of skin, eye, & ears</p> <p>*Common communicable diseases in children, their identification, nursing management in hospital and home and prevention</p> <p>*Child health emergencies: poisoning, foreign bodies, hemorrhage, burns & drowning</p> <p>*Nursing care of infant and children with HIV/AIDS</p>	<p>*Demonstration</p> <p>*Practice session</p> <p>*Clinical practice</p>	<p>*Objective type</p> <p>*Assessment of skills with checklist</p>
VI	10	<p>*Manage the child with behavioral& social problems</p> <p>*Identify the social & welfare services for</p>	<p>Management of behavioral& social problems in children</p> <p>*Management of common behavioral disorders</p> <p>*Management of common psychiatric problems</p> <p>*Management of challenged</p>	<p>*Lecture Discussion</p> <p>*Field visits to child guidance clinics, school for mentally & physically, socially</p>	<p>*Short answer</p> <p>*Objective type</p> <p>*Assessment of skills with checklist</p>

			challenged children	children : Mentally, Physically, & socially challenged *Welfare services for challenged children in India *Child guidance clinics	challenged	
VII	1		*Describe the Guidance related to child care during COVID 19 pandemic	*Guidance related to child care during COVID 19 pandemic	*Lecture Discussion	*Short answer *Objective type
VIII	Th	Pr	*Explain RBSK	RBSK-Theory: The recent updates and programmatic components Practical: Activity 38, 3 and 41 of module 3 of CCH	*Lesson Plan; *PPT *Check list	*Essay type *Short answer
	40 mnt	4				
IX	1	1	*Explain Adolescent Counseling	Adolescent Counselling-Theory: Need and rationale for adolescent counselling, forums for counselling, suggested topics Practical: Activity 36 of module 3 of CCH and visit to AFHC	*Lesson Plan; PPT/ Job Aid Checklist	*Essay type *Short answer
X	1	1	*Explain IYCF and counselling	IYCF and counselling-Theory: Appropriate infant and young child feeding practices, exclusive breast feeding and complementary feeding Practical: Activity 40 of module 3 of CCH (Infant and Young Child Feeding)	*Lesson Plan; PPT/Job Aid Checklist	*Essay type *Short answer
XI	30 mnt	1	*Explain Throat problem and febrile seizure in children	Throat problem and febrile seizure in children-Theory: Causes, symptoms, care and management of throat problem and febrile seizure. Practical: Activity 17 of module 3 of CCH- Assessment of patients with Ear, Nose and Throat (ENT) problems	*Lesson Plan; PPT/Job Aid Checklist	*Essay type *Short answer

CHILD HEALTH NRSING -PRACTICAL

**Placement: - Third year
Fourth year**

**Time:-Practical-277 Hours
Internship:-145 Hors (3 week)**

Areas	Durati on (in weeks)	Objectives	Skills	Assignments	Assessment Methods
Pediat ric Medic ine ward	3	<ul style="list-style-type: none"> *Provide nursing care to children with various medical disorders *Counsel and educate parents 	<ul style="list-style-type: none"> *Taking pediatric History *Physical examination and assessment of children *Administer of oral, I/M & IV medicine/fluids *Calculation of fluid requirements *Prepare different strengths of I.V. fluids *Apply restraints *Administer O₂ inhalation by different methods *Give baby bath Feed children by Katori spoon, etc. *Collect specimens for common investigations *Assist with common diagnostic procedures *Teach mothers/parents <ul style="list-style-type: none"> o Malnutrition o Oral rehydration therapy o Feeding & Weaning o Immunization schedule o Play therapy o Specific Disease conditions 	<ul style="list-style-type: none"> *Give care to three assigned pediatric patients *Nursing Care Plan – 1 *Case study/present ations-1 *Health Talk -1 	<ul style="list-style-type: none"> *Assess clinical performance with rating scale *Assess each skill with checklist OSCE/ OSPE *Evaluation of case study/presentation & Health education session *Completion of activity record
Pediat ric Surger y Ward	3	<ul style="list-style-type: none"> *Recognize different pediatric surgical conditions/ malformations *Provide pre and post operative care to children with common pediatric 	<ul style="list-style-type: none"> *Calculate, prepare and administer I/V fluids *Do bowel wash *Care for ostomies : *Colostomy irrigation *Ureterostomy *Gastrostomy *Enterostomy *Urinary catheterization and drainage *Feeding *Naso-gastric *Gastrostomy 	<ul style="list-style-type: none"> *Give care to three assigned pediatric surgical patients *Nursing Care Plan – 1 *Case study/present ation-1 	<ul style="list-style-type: none"> *Assess clinical performance with rating scale *Assess each skill with checklist OSCE/ OSPE *Evaluation of case study/presentation *Completion of activity record

		surgical conditions/ malformation *Counsel and educate parents	*Jejunostomy *Care of surgical wounds *Dressing *Suture removal		
Pediatric OPD/ Immunization room	1	*Perform assessment of children: Health, Developmental and Anthropometric *Perform Immunization *Give Health Education/Nutritional Education	*Assessment of children *Health assessment *Developmental assessment *Anthropometric assessment *Immunization *Health/Nutritional Education	*Developmental study -1	*Assess clinical performance with rating scale *Completion of activity record
Pediatric medicine and surgery ICU	1+1	*Provide nursing care to critically ill children	*Care of a baby in incubator/warmer *Care of a child on ventilator *Endotracheal suction *Chest physiotherapy *Administer fluids with infusion pump *Total parenteral nutrition *Phototherapy *Monitoring of babies *Cardio Pulmonary resuscitation	*Nursing care plan 1 *Observation report 1	*Assess clinical performance with rating scale *Completion of activity record *Evaluation of observation report

Area	Duration (in weeks)	Objective	Skills	Assessment Methods
Pediatric medicine ward/ICU	1	*Provide comprehensive care to children with medical conditions	*Integrated Practice	*Assess clinical performance with rating scale
Pediatric Surgery ward/ICU	1	*Provide comprehensive care to children with surgical conditions	*Integrated Practice	*Assess clinical performance with rating scale
NICU	1	*Provide intensive care to neonates	*Integrated Practice	*Assess clinical performance with rating scale

MALWANCHAL UNIVERSITY

MENTAL HEALTH NURSING

Placement: Third Year

Time: Theory - 92 hours

Practical - 271 hours

Internship- 95 hours (2 weeks)

Course Description: This course is designed for developing an understanding of the modern approach to mental health, identification, prevention and nursing management of common mental health problems with special emphasis on therapeutic interventions for individuals, family and community.

Unit	Time (Hrs)	Learning Objective	Content	Teaching Learning Activities	Assessment Method
I	5	<ul style="list-style-type: none"> *Describes the historical development & current trends in mental health nursing *Describe the epidemiology of mental health problems *Describe the National Mental Health Act, programmes and mental health policy *Discusses the scope of mental health nursing *Describe the 	Introduction <ul style="list-style-type: none"> *Perspectives of Mental Health and Mental Health nursing : evolution of mental health services, treatments and nursing practices, *Prevalence and incidence of mental health problems and disorders *Mental Health Act *National Mental health policy vies a vies National health policy *National Mental health programme *Mental Health team *Nature and scope of mental health nursing *Role and functions of mental health nurse in various settings and factors affecting the level of nursing practice *Concepts of normal and abnormal behavior 	<ul style="list-style-type: none"> *Lecture discussion *Assessment of field visits reports 	<ul style="list-style-type: none"> *objective type *short answer *assessment of the field visit report

		concept of normal & abnormal behavior			
II	5	<ul style="list-style-type: none"> *Defines the various terms used in mental health nursing *Explains the classification of mental disorders *Explain psychodynamics of maladaptive behavior *Discuss the etiological factors, psychopathology of mental disorders *Explain the Principles & standards of mental health nursing *Describe the conceptual models of mental health nursing 	Principles and Concepts of Mental Health Nursing <ul style="list-style-type: none"> *Definition: mental health nursing and terminology used *Classification of mental disorders : ICD *Review of personality development, defense mechanisms *Maladaptive behavior of individuals and groups: stress, crisis and disaster(s) *Etiology: bio-psychosocial factors *Psychopathology of mental disorders: review of structure & function of brain, limbic system and abnormal neuro transmission *Principles of Mental health Nursing *Conceptual models and the role of nurse: <ul style="list-style-type: none"> *Existential Model *Psycho-analytical models *Behavioral model *Interpersonal model 	<ul style="list-style-type: none"> *Lecture discussion *Explain using charts *Review of personality Development 	<ul style="list-style-type: none"> *Essay type *objective type *short answer
III	8	<ul style="list-style-type: none"> *Describe nature, purpose & process of 	Assessment of mental health status <ul style="list-style-type: none"> *History taking *Mental status 	<ul style="list-style-type: none"> *Lecture discussion *Demonstration *Practice session *Clinical practice 	<ul style="list-style-type: none"> *objective type *short answer * Assessment

		assessment of mental health status	examination *Mini mental status examination *Neurological examination : review *Investigations : Related Blood chemistry, EEG, CT & MRI *Psychological tests Role and responsibilities of nurse		of skills with checklist
IV	6	*Identify therapeutic communication techniques *Describe therapeutic relationship *Describe therapeutic impasse and its intervention	Therapeutic communication and nurse-patient relationship *Therapeutic communication: types, techniques, characteristics *Types of relationship, *Ethics and responsibilities *Elements of nurse patient contract *Review of technique of IPR-Johari Window *Goals, phases, tasks, therapeutic techniques *Therapeutic impasse and its intervention	*Lecture discussion *Demonstration *Role play *Process recording	*objective type *short answer
V	14	*Explain treatment modalities & therapies used in mental disorders and role of the nurse	Treatment modalities and therapies used in mental disorders *Psycho Pharmacology *Psychological therapies: Therapeutic community, psycho therapy-individual: psycho-analytical, cognitive & supportive, Family, Group, behavioral. Play, Psycho-drama, Music, Dance, Recreational & Light therapy, Relaxation therapies : Yoga, Meditation, bio	*Lecture discussion *Demonstration *Group work *Practice session *Clinical practice	*Essay type *objective type *short answer

			feedback *Alternative systems of medicine *Occupational therapy *Physical Therapy: electro convulsive therapy *Geriatric considerations Role of nurse in above therapies		
VI	5	*Describe the etiology, psychopathology, clinical manifestations, diagnostic criteria & management of patients with Schizophrenia, and other psychotic disorders	Nursing management of patient with Schizophrenia, and other psychotic disorders *Classification: ICD *Etiology, psychopathology, types, clinical manifestations, diagnosis *Nursing Assessment - History, Physical & mental assessment *Treatment modalities and nursing management of patients with Schizophrenia & other psychotic disorders *Geriatric considerations *Follow up and home care and rehabilitation	*Lecture discussion *Case discussion *Case presentation *Clinical practice *Assessment of patient management problems	*Essay type *short answer *assessment of patient management problem
VII	5	*Describe the etiology psychopathology, clinical manifestations, diagnostic criteria and management of patients with mood	Nursing management of patient with mood disorders *Mood disorders: Bipolar affective disorder, Mania depression & dysthymia etc *Etiology, psychopathology, clinical manifestations, diagnosis, *Nursing Assessment – History, Physical and mental assessment	*Lecture discussion *Case discussion *Case presentation *Clinical practice	*Essay type *short answer *assessment of patient management problem

		disorders	<ul style="list-style-type: none"> *Treatment modalities and nursing management of patients with mood disorders *Geriatric considerations *Follow-up and home care and rehabilitation 		
VIII	8	<ul style="list-style-type: none"> *Describe the etiology, psycho-pathology, clinical manifestations, diagnostic criteria and management of patients with neurotic, stress related and somatization disorders 	<p>Nursing management of patient with neurotic, stress related and somatization disorders</p> <ul style="list-style-type: none"> *Anxiety disorder, Phobias, Dissociation and Conversion disorder, Obsessive compulsive disorder, somatoform disorders, Post traumatic stress disorder *Etiology, psycho-pathology, clinical manifestations, diagnosis *Nursing Assessment- History, Physical & mental assessment *Treatment modalities and nursing management of patients with neurotic, stress related and somatization disorders *Geriatric considerations *Follow-up and home care and rehabilitation 	<ul style="list-style-type: none"> *Lecture discussion *Case discussion *Case presentation *Clinical practice *Assessment of patient management problems 	<ul style="list-style-type: none"> *Essay type *short answer *assessment of patient management problem
IX	5	<ul style="list-style-type: none"> *Describe the etiology psycho-pathology, clinical manifestations, diagnostic criteria 	<p>Nursing management of patient with substance use disorders</p> <ul style="list-style-type: none"> *Commonly used psychotropic substance: Classification, forms, routes, action, intoxication & 	<ul style="list-style-type: none"> *Lecture discussion *Case discussion *Case presentation *Clinical practice 	<ul style="list-style-type: none"> *Essay type *short answer *assessment of patient management problem

		and management of patients with substance use disorders	<p>withdrawal</p> <p>*Etiology of dependence: tolerance, psychological and physical dependence, withdrawal syndrome, diagnosis,</p> <p>*Nursing Assessment - History, Physical, mental assessment and drug assay</p> <p>*Treatment (detoxification, antabuse and narcotic antagonist therapy and harm reduction) & nursing management of patients with substance use disorders</p> <p>*Geriatric considerations</p> <p>*Follow-up and home care and rehabilitation</p>		
X	4	*Describe the etiology, psychopathology, clinical manifestations, diagnostic criteria and management of patients with personality, Sexual & Eating disorders	<p>Nursing management of patient with Personality, Sexual & Eating disorders</p> <p>*Classification of disorders</p> <p>*Etiology, psychopathology, characteristics, diagnosis,</p> <p>*Nursing assessment- History, Physical and mental assessment</p> <p>*Treatment modalities and nursing management of patients with Personality, Sexual & Eating disorders</p> <p>*Geriatric considerations</p> <p>*Follow-up and home care and rehabilitation</p>	<p>*Lecture discussion</p> <p>*Case discussion</p> <p>*Case presentation</p> <p>*Clinical practice</p>	<p>*Essay type</p> <p>*short answer</p> <p>*assessment of patient management problem</p>
XI	6	*Describe the etiology	Nursing management of child-hood and adolescent disorders	<p>*Lecture discussion</p> <p>*Case discussion</p> <p>*Case presentation</p>	<p>*Essay type</p> <p>*short answer</p> <p>*assessment of</p>

		psycho-pathology, clinical manifestations, diagnostic criteria and management of childhood and adolescent disorders including mental deficiency	including mental deficiency *Classification *Etiology, psycho-pathology, characteristics, diagnosis, Nursing assessment-History, Physical, mental and IQ assessment *Treatment modalities and nursing management of childhood disorders including mental deficiency *Follow-up and home care and rehabilitation	*Clinical practice	patient management problem
XII	5	*Describe the etiology, psycho-pathology, clinical manifestations, diagnostic criteria and management of organic brain disorders	Nursing management of organic brain disorders *Classification: ICD? *Etiology, psycho-pathology, clinical features, diagnosis, and Differential diagnosis (parkinsonism and Alzheimer's) Nursing assessment-History, Physical, mental and neurological assessment *Treatment modalities and nursing management of organic brain disorders *Geriatric considerations *Follow-up and home care and rehabilitation	*Lecture discussion *Case discussion *Case presentation *Clinical practice	*Essay type *short answer *assessment of patient management problem
XIII	6	*Identify psychiatric emergencies and carry out crisis intervention	Psychiatric emergencies and crisis intervention *Types of psychiatric emergencies and their management *Stress adaptation	*Lecture discussion *Demonstration *Practice session *Clinical practice	*Essay type *short answer *assessment of patient management problem

		n	<p>Model: stress and stressor, coping, resources and mechanism</p> <p>*Grief: theories of grieving process, principles, techniques of counseling</p> <p>*Types of crisis</p> <p>*Crisis Intervention: Principles, Techniques and Process</p> <p>*Geriatric considerations</p> <p>Role and responsibilities of nurse</p>		
XIV	4	*Explain legal aspects applied in mental health settings and role of the nurse	<p>Legal issued in Mental Health Nursing</p> <p>*The Mental Health Act 1987: Act, sections, Articles & their implications etc.</p> <p>*Indian Lunacy Act 1912</p> <p>*Rights of mentally ill clients</p> <p>*Forensic psychiatry</p> <p>*Acts related to narcotic and psychotropic substances and illegal drug trafficking</p> <p>*Admission and discharge procedures</p> <p>Role and responsibilities of nurse</p>	<p>*Lecture discussion</p> <p>*Case discussion</p>	<p>*Essay type</p> <p>*short answer</p> <p>*assessment of patient management problem</p>
XV	4	<p>*Describe the model of preventive psychiatry</p> <p>*Describes Community Mental health services &</p>	<p>Community Mental Health Nursing</p> <p>*Development of Community Mental Health Services:</p> <p>*National Mental Health Programme</p> <p>*Institutionalization Versus Deinstitutionalization</p>	<p>*Lecture discussion</p> <p>*Clinical/ field practice</p> <p>* Field visits to mental health service agencies</p> <p>*Assessment of field reports</p>	<p>*objective type</p> <p>*short answer</p> <p>*assessment of the field visit report</p>

			role of the nurse	*Model of Preventive Psychiatry: Levels of Prevention *Mental Health Services available at the primary, secondary, tertiary levels including rehabilitation and Role of nurse *Mental Health Agencies: Government and voluntary, National and International *Mental health nursing issues for special populations: Children, Adolescence, Women, Elderly, Victims of violence and abuse, Handicapped, HIV/AIDS etc.		
XVI	1		*Explain mental health issue	Mental health issues during COVID 19 pandemic	*Lecture discussion *Case discussion	*Essay type *short answer *assessment of patient management problem
XVII	TH	PR	*Describe BCC and soft skills	BCC and soft skills-Theory: Basics of Communication, health belief model, behaviour change, and problem solving	*Lesson Plan; *PPT	*Essay type *Short answer
	30 mnt					
XVII	30 mnt	1	*Mental health act and de-addicting programme	Mental health act and de-addicting programme-Theory: Mental Health Act, suicide prevention, de-addiction strategies and care/management at community level Practical: Wellness and health promotion activities at SC HWC	Lesson Plan; PPT/Job Aid Checklist	Essay type *Short answer

MENTAL HEALTH NURSING – PRACTICAL

**Placement: Third Year
Fourth Year**

**Time: Practical - 271 hours (9 Weeks)
Internship - 95 hours (2 Weeks)**

Areas	Duration (in week)	Objectives	Skills	Assignment s	Assessment Methods
Psychiatric OPD	1	<ul style="list-style-type: none"> *Assess patients with mental health problems *Observe & assist in therapies *Counsel & educate patient, & families 	<ul style="list-style-type: none"> *History taking *Perform mental status examination (MSE) *Assist in Psychometric assessment *Perform Neurological examination *Observe and assist in therapies *Teach patients and family members 	<ul style="list-style-type: none"> *History taking and mental status examination – 2 *Health education -1 *Observation report of OPD 	<ul style="list-style-type: none"> *Assess performance with rating scale *Assess each skill with checklist *Evaluation of health education *Assessment of observation report *Completion of activity record
Child Guidance clinic	1	<ul style="list-style-type: none"> *Assessment of children with various mental health problems *Counsel and educate children, families & significant others 	<ul style="list-style-type: none"> *History taking *Assist in psychometric assessment *Observe and assist in various therapies *Teach family and significant others 	<ul style="list-style-type: none"> *Case work – 1 *Observation report of different therapies – 1 	<ul style="list-style-type: none"> *Assess performance with rating scale *Assess each skill with checklist *Evaluation of the observation report
Inpatient ward	6	<ul style="list-style-type: none"> *Assess patients with mental health problems *To provide nursing care for patients with 	<ul style="list-style-type: none"> *History taking *Perform mental status examination (MSE) *Perform Neurological examination *Assist in psychometric assessment *Record therapeutic communication *Administer medications *Assist in Electro-convulsive therapy 	<ul style="list-style-type: none"> *Give care to 2-3 patients with various mental disorders *Case study-1 *Care plan-2 *Clinical Presentation - 1 	<ul style="list-style-type: none"> *Assess performance with rating scale *Assess each skill with checklist *Evaluation of the case study, care plan, clinical presentation,

		various mental health problems *Assist in various therapies *Counsel & educate patients, families & significant others	(ECT) *Participate in all therapies *Prepare patients for Activities of Daily living (ADL) *Conduct admission and discharge counseling *Counsel and teach patients and families	*Process recording 2 *Maintain drug book	process recording *Completion of activity record
Community Psychiatry	1	*To identify patients with various mental disorders *To motivate patients for early treatment & follow up *To assist in follow up clinic *Counsel and educate patient, family and community	*Conduct case work *Identify individuals with mental health problems *Assists in mental health camps and clinics *Counsel and Teach family members, patients and community	*Case work – 1 *Observation report on field visits	*Assess performance with rating scale *Evaluation of case work and observation report *Completion of activity record

Internship

Area	Duration	Objective	Skills	Assessment Methods
Psychiatry ward	2 weeks	Provide comprehensive care to patients with mental health problems	*Integrated Practice	*Assess clinical performance with rating scale

MIDWIFERY AND OBSTETRICAL NURSING

Placement: Third Year

Time: Theory - 46 hours 30 minutes
Practical - 186 hours

Course Description : This course is designed for students to appreciate the concepts and principles of midwifery and obstetrical nursing. It helps them to acquire knowledge and skills in rendering nursing care to normal and high risk pregnant women during antenatal, natal and post natal periods in hospitals and community settings. It also helps to develop skills in managing normal & high risk neonates & participate in family welfare programme.

Unit	Time (Hrs)	Learning Objective	Content	Teaching Learning Activities	Assessment Methods
I	3	*Recognize the trends & issues in midwifery and obstetrical nursing	Introduction to midwifery and obstetrical Nursing *Introduction to concepts of midwifery and obstetrical Nursing *Trends in midwifery and obstetrical nursing <ul style="list-style-type: none"> ○ Historical perspectives and current trends ○ Legal and ethical aspects ○ Pre-conception care and preparing for parenthood ○ Role of nurse in midwifery and obstetrical care ○ National policy and legislation in relation to maternal health & welfare ○ Maternal, morbidity, mortality and fertility rates ○ Perinatal, morbidity and mortality rates 	*Lecture discussion *Explain using Charts and graphs	* short answer *objective type
II	8	*Describe the anatomy & physiology of female reproductive system	Review of anatomy & physiology of female reproductive system and fetal development *Female pelvis- general description of the bones joints, ligaments, planes of the pelvis diameters of the true pelvis, important landmarks, variations in pelvis shape *Female organs of reproduction - external genital, internal genital organs and their anatomical relations, musculature – blood supply, nerves, lymphatic's, pelvic cellular tissue, pelvic peritoneum *Physiology of menstrual cycle	*Lecture discussion *Review with Charts and models	* short answer *objective type

			<p>*Human sexuality</p> <p>*Fetal development</p> <p>*Conception</p> <p>*Review of fertilization, implantation (embedding of the ovum), development of the embryo & placenta at term functions, abnormalities, the fetal sac, amniotic fluid, the umbilical cord,</p> <p>*Fetal circulation, fetal skull, bones, sutures and measurements</p> <p>*Review of Genetics</p>		
III	8	<p>*Describe the diagnosis & management of women during antenatal period</p>	<p>Assessment and management of pregnancy (ante-natal)</p> <ul style="list-style-type: none"> • Normal pregnancy • Physiological changes during pregnancy <ul style="list-style-type: none"> ○ Reproductive system ○ Cardio vascular system ○ Respiratory system ○ Urinary system ○ Gastro intestinal system ○ Metabolic changes ○ Skeletal changes ○ Skin changes ○ Endocrine system ○ Psychological changes ○ Discomforts of pregnancy • Diagnosis of pregnancy <ul style="list-style-type: none"> ○ Signs ○ Differential diagnosis ○ Confirmatory tests • Ante-natal care <ul style="list-style-type: none"> ○ Objectives ○ Assessment <p>*History and physical examination</p> <p>*Antenatal Examination</p> <p>*Signs of previous child-birth</p> <p>*Relationship of fetus to uterus and pelvis : Lie, Attitude, Presentation, Position</p> <p>*Per vaginal examination</p> <p>*Screening & assessment for high risk;</p> <p>*Risk approach</p> <p>*History and Physical Examination</p> <p>*Modalities of diagnosis; Invasive & Non-Invasive, ultrasonic's, cardiotomo-graphy , NST, CST</p> <p>*Antenatal preparation</p>	<p>*Lecture</p> <p>Discussion</p> <p>*Demonstration</p> <p>*Case discussion/ presentation</p> <p>*Health talk</p> <p>*Practice session</p> <p>*Counseling session</p> <p>*</p> <p>Supervised Clinical practice</p>	<p>* short answer</p> <p>*objective type</p> <p>*Assessment of skills with checklist</p> <p>*Assessment of patient management problems</p>

			<ul style="list-style-type: none"> *Antenatal counseling *Antenatal exercises *Diet *Substance use *Education for child-birth *Husband and families *Preparation for safe-confinement *Prevention from radiation *Psycho-social and cultural aspects of pregnancy *Adjustment to pregnancy *Unwed mother *Single parent *Teenage pregnancy *Sexual violence *Adoption 		
IV	12	<ul style="list-style-type: none"> *Describe the physiology and stages of labour *Describe the management of women during intra-natal period 	<p>Assessment and management of intra-natal period</p> <ul style="list-style-type: none"> *Physiology of labour, mechanism of labour *Management of labour <ul style="list-style-type: none"> ○ First stage *Signs and symptoms of onset of labour; normal & abnormal *Duration *Preparation of: <ul style="list-style-type: none"> *Labour room *Woman *Assessment & observation of women in labour ; partogram – maternal and foetal monitoring *Active management of labour, Induction of labour *Pain relief and comfort in labour <ul style="list-style-type: none"> ● Second stage <ul style="list-style-type: none"> ○ Signs and symptoms; normal & abnormal ○ Duration ○ Conduct of delivery ; principles and techniques ○ Episiotomy (only if required) ○ Receiving the new born *Neonatal resuscitation ; initial steps and subsequent resuscitation *Care of umbilical cord *Immediate assessment including screening for congenital anomalies *Identification *Bonding 	<ul style="list-style-type: none"> *Lecture Discussion *Demonstration *Case discussion/ presentation *Simulated practice *Supervised Clinical practice 	<ul style="list-style-type: none"> * short answer *objective type *Assessment of skills with checklist *Assessment of patient management problems

			<ul style="list-style-type: none"> *Initiate feeding *Screening and transportation of the neonate <ul style="list-style-type: none"> • Third stage <ul style="list-style-type: none"> ○ Signs and symptoms; normal & abnormal ○ Duration ○ Method of placental expulsion ○ Management; Principles and techniques ○ Examination of the placenta ○ Examination of perineum • Maintaining records and reports • Fourth Stage 		
V	5	*Describe the physiology of puerperium *Describe the management of women during post-natal period	Assessment and management of women during post natal period *Normal puerperium; Physiology Duration *Postnatal assessment and management *Promoting physical and emotional well-being *Lactation management *Immunization <ul style="list-style-type: none"> • Family dynamics after child-birth • Family welfare services; methods, counseling • Follow-up • Records and reports 	*Lecture Discussion *Demonstration *Health talk *Practice session *Supervised Clinical practice	* short answer *objective type *Assessment of patient management problems *Assessment of skills with checklist
VI	6	*Describe the Identification and management of women with high risk pregnancy	Assessment and management of normal neonates *Normal Neonate: <ul style="list-style-type: none"> ○ Physiological adaptation, ○ Initial & Daily assessment ○ Essential newborn care ; Thermal control, ○ Breast feeding, prevention of infections <ul style="list-style-type: none"> • Immunization • Minor disorders of newborn and its management • Levels of Neonatal care 	*Lecture Discussion *Demonstration *Practice Session *Supervised Clinical practice	* short answer * objective type *Assessment of patient management problems *Assessment of skills with checklist

			<ul style="list-style-type: none"> (level I, II, & III) At primary, secondary and tertiary levels Maintenance of Reports and Records 		
VII	1		<p>*Describe the Perinatal care during COVID 19 pandemic</p>	<p>*Perinatal care during COVID 19 pandemic</p> <p>*Lecture Discussion</p> <p>*Demonstration</p> <p>*Practice Session</p> <p>*Supervised Clinical practice</p>	<p>* short answer</p> <p>* objective type</p> <p>*Assessment of patient management problems</p>
VIII	Th	Pr	<p>*Describe Organization of Labor room</p>	<p>Organization of Labor room-</p> <p>Theory: Standardization of Labour Room at Delivery Points</p> <p>Practical: skill demonstration/orientation in skill lab or during Labor room visits</p>	<p>*Essay type</p> <p>*Short answer</p>
	30 mn t	2			
IX	30 mn t	2	<p>*Explain Safe childbirth checklist</p>	<p>Safe childbirth checklist-</p> <p>Theory: concept and use of SCC</p> <p>Practical: skill demonstration/orientation in during Labor room visits</p>	<p>*Lesson Plan;</p> <p>*PPT</p> <p>*Check list</p> <p>*Essay type</p> <p>*Short answer</p>
X	1	2	<p>*Describe Postpartum visit by Health worker</p>	<p>Postpartum visit by Health worker-</p> <p>Theory: Importance and operational aspects of home visits during post-partum period</p> <p>Practical: Post-partum visits as per SBA, HBNC/HBYC guidelines during internship</p>	<p>Lesson Plan;</p> <p>*PPT</p> <p>*Check list</p> <p>*Essay type</p> <p>*Short answer</p>
XI	30 mn t		<p>Describe Family Planning 2020</p>	<p>Family Planning 2020-</p> <p>Theory: India's vision and activities to achieve FP 2020 goals</p>	<p>Lesson Plan;</p> <p>*PPT</p> <p>*Check list</p> <p>*Essay type</p> <p>*Short answer</p>
XII	1		<p>Describe Micro birth Planning</p>	<p>Micro birth Planning-</p> <p>Theory: Concept, steps involved and role of ANM/ASHA and</p>	<p>Lesson Plan;</p> <p>PPT/Job Aid</p> <p>Essay type</p> <p>*Short answer</p>

MIDWIFERY AND OBSTETRICAL NURSING – PRACTICAL

Placement: Third Year & Fourth Year

Time: Practical - 186 hours
Internship - 240 hours

Areas	Duration (in week)	Objectives	Skills	Assignments	Assessment Methods
Antenatal clinic/ OPD	2	<ul style="list-style-type: none"> Assess ment of pregnan t women 	<ul style="list-style-type: none"> Antenatal history taking Physical examination Recording of Weight & B.P. Hb& Urine testing for sugar and albumin Antenatal examination-abdomen and breast Immunization Assessment of risk status Teaching antenatal mothers Maintenance of Antenatal records 	<ul style="list-style-type: none"> *Conduct Antenatal *Examinations 30 *Health talk – 1 *Case book recordings 	<ul style="list-style-type: none"> *Verificatio n of findings of Antenatal examination s *Completio n of casebook recordings
Labour room O.T.	4	<ul style="list-style-type: none"> Assess women in labour Carry out per-vaginal examinatio ns Conduc t normal deliveri es Perfor m episiotomy & suture it Resusci tatenew borns Assist 	<ul style="list-style-type: none"> Assessment of women in labour Pervaginal examinations & interpretation Monitoring & caring of woman in labour Maintenance of partograph Conduct normal delivery Newborn assessment & immediate care Resuscitation of newborns Assessment of risk status of newborn Episiotomy & suturing Maintenance of labour& birth records Arrange for & assist with Caesarean section and care for woman & baby during 	<ul style="list-style-type: none"> * Conduct normal deliveries-20 * Pervaginal examinations - 5 * Perform & suture the epi - siotomies-5 *Resuscitate newborns-5 * Assist with Caesarean sections-2 * Witness abnormal deliveries-5 *Assist with MTP & other surgical procedures-1 *Case book recordings 	<ul style="list-style-type: none"> *Assessmen t of clinical performanc e with rating scale *Assessmen t of each skill with checklists *Completio n of case book recordings

		with Caesarean Section s, MTP and other surgical procedures	Caesarean <ul style="list-style-type: none"> • Arrange for and assist with MTP and other surgical procedures 		
Post natal ward	4	<ul style="list-style-type: none"> • Providing nursing care to post natal mother & baby • Counsel & teach mother & family for parenthood 	<ul style="list-style-type: none"> • Examination and assessment of mother and baby • Identification of deviations • Care of postnatal mother and baby • Perineal care • Lactation management • Breast feeding • Baby bath • Immunization, • Teaching postnatal mother: <ul style="list-style-type: none"> ○ Mother craft ○ Post natal care & ○ Exercises ○ Immunization 	* Give care to Post natal mothers - 20 *Health talks – 1 *Case study – *Case presentation -1 *Case book recordings	*Assessment of clinical performance *Assessment of each skill with checklists *Completion of case book recording *Evaluation of case study & presentation and health education sessions
Newborn nursery	2	<ul style="list-style-type: none"> • Provide nursing care to newborn at risk 	<ul style="list-style-type: none"> • Newborn assessment • Admission of neonates • Feeding of at risk neonates <ul style="list-style-type: none"> ○ Katori spoon, paladi, tube feeding, total parenteral nutrition • Thermal management of neonates-kangaroo mother care, care of baby in incubator • Monitoring and care of neonates • Administering medications • Intravenous therapy 	*Case study-1 *Observation study -1	*Assessment of clinical performance *Assessment of each skill with checklists *Evaluation of and observation study

			<ul style="list-style-type: none"> • Assisting with diagnostic procedure • Assisting with exchange transfusion • Care of baby on ventilator • Phototherapy • Infection control protocols in the nursery • Teaching & counseling of parents • Maintenance of neonatal records 		
Family Planning clinic	Rotation from post natal ward 1 wk	<ul style="list-style-type: none"> • Counsel for and provide family welfare services 	<ul style="list-style-type: none"> • Counseling technique • Insertion of IUD • Teaching on use of family planning methods • Arrange for & Assist with family planning operations • Maintenance of records and reports 	<ul style="list-style-type: none"> * IUD insertion -5 * Observation study -1 * Counseling - 2 * Simulation exercise on recording & reporting - 1 	<ul style="list-style-type: none"> * Assessment of each skill with checklists * Evaluation of and observation study

*** Essential Requirements for registration as midwife**

* Antenatal examination	30
* Conducting normal deliveries in hospital/home/health centre	20
* Vaginal examination	5
* Episiotomy and suturing	5
* Neonatal resuscitation	5
* Assist with Caesarean Section	2
* Witness/Assist abnormal deliveries	5
* Postnatal cases nursed in hospital/home/health center	20
* Insertion of IUD	5

Note : All casebooks must be certified by teacher on completion of essential requirements

Internship Obstetrical Nursing

Internship Duration - 5 weeks

Area	Duration (in weeks)	Objective	Skills	Assignment	Assessment Methods
Labour ward	2	*Provide comprehensive care to mothers and neonates	Integrated Practice	*Completion of other essential requirements *Case book recordings	*Assess clinical performance with rating scale *Completion of case book recordings
Neonatal intensive care unit/ NICU	1				
	2				
Antenatal					

NURSING RESEARCH AND STATISTICS

Placement: Third year

Time: Theory – 45 Hours

Internship Practical-45Hours

Course Description: The course is designed to enable students to develop and understanding of basic concepts of research, research process and statistics. It is further, structured to conduct/participate in need based research studies in various settings and utilize the research findings to provide quality nursing care. The hours for Practical will be utilized for conducting Individual / group research project.

Unit	Time (Hrs)	Learning Objectives	Contents	Teaching Learning Activity	Assessment Methods
I	4	<ul style="list-style-type: none"> * Describe the concept of research, terms, need and areas of research in Nursing * Explain the steps of research process 	Research and Research Process <ul style="list-style-type: none"> * Introduction and need for Nursing research * Definition of Research & nursing research * Steps of scientific method * Characteristics of good research * Steps of Research process-overview 	<ul style="list-style-type: none"> * Lecture discussion * Narrate steps of research process followed from examples of published studies 	<ul style="list-style-type: none"> *Short answer *Objective type
II	3	<ul style="list-style-type: none"> * Identify and state the research problem and objectives 	Research problem / question <ul style="list-style-type: none"> * Identification of problem area * Problem statement * Criteria of a good research problem * Writing objective 	<ul style="list-style-type: none"> * Lecture discussion * Exercise on writing statement of problem and objectives 	<ul style="list-style-type: none"> *Short answer *Objective type
III	3	<ul style="list-style-type: none"> * Review the related literature 	Review of Literature <ul style="list-style-type: none"> * Location * Sources * On line search; CINHALL, COCHRANE etc * Purposes * Method of review 	<ul style="list-style-type: none"> * Lecture discussion * Exercise on reviewing one research report/article for a selected research problem * Prepare annotated bibliography 	<ul style="list-style-type: none"> *Short answer *Objective type
IV	4	<ul style="list-style-type: none"> * Describe the research approaches and designs 	Research approaches and designs <ul style="list-style-type: none"> * Historical, survey and experimental * Qualitative and quantitative designs 	<ul style="list-style-type: none"> *Lecture discussion * Explain types of research approaches 	<ul style="list-style-type: none"> *Short answer *Objective type

				used from examples of published and unpublished research studies with rationale	
V	8	<ul style="list-style-type: none"> * Explain the sampling process * Describe the methods of data collection 	Sampling and Data Collection <ul style="list-style-type: none"> * Definition of population, sample, sampling criteria, factors influencing sampling process, types of sampling techniques * Data – why, what, from, whom, when, where to collect * Data collection methods and instruments: <ul style="list-style-type: none"> o Methods of data collection o Questioning, interviewing o Observations, record analysis and measurements o Types of instruments o Validity and reliability of the instrument o Pilot study o Data collection procedure 	<ul style="list-style-type: none"> * Lecture discussion * Reading assignment on examples of data collection tools * Preparation of sample data collection tools * Conduct group research project 	<ul style="list-style-type: none"> *Short answer *Objective type
VI	4	<ul style="list-style-type: none"> * Analyze, interpret and summarize the research data 	Analysis of data: <ul style="list-style-type: none"> * Compilation, Tabulation, classification, summarization, presentation, interpretation of data 	<ul style="list-style-type: none"> * Lecture discussion * Preparation of sample tables 	<ul style="list-style-type: none"> *Short answer *Objective type
VII	15	<ul style="list-style-type: none"> * Explain the use of statistics, scales of measurement and graphical presentation of data * Describe the measures of central tendency and variability and methods of correlation. 	Introduction to statistics <ul style="list-style-type: none"> * Definition, use of statistics, scales of measurement * Frequency distribution and graphical presentation of India * Mean, Median, Mode, Standard deviation * Normal probability and tests of significance. * Co-efficient of correlation * Statistical packages and its application 	<ul style="list-style-type: none"> * Lecture discussion * Practice on graphical presentation * Practice on computation of measures of central tendency, variability and correlation 	<ul style="list-style-type: none"> *Short answer *Objective type

VIII	4	* Communicate and utilize the research findings	Communication and Utilization of Research * Communication of Research findings <ul style="list-style-type: none"> ○ Verbal report ○ Writing research report ○ Writing scientific article/paper - Critical review of published research - Utilization of research finding 	* Lecture discussion * Read / presentations of a sample published / unpublished research report * Writing group research project	*Short answer *Objective type *Oral Presentation *Assessment of group research project
------	---	--	---	--	---

MALWANCHAL UNIVERSITY

MIDWIFERY AND OBSTETRICAL NURSING

Placement: Fourth Year

Time: Theory -50 hours 30 minutes

Practical -183 3 hours

Internship Practical-240 hours

Course Description: The course is designed to enable students to develop and understanding of basic concepts of research, research process and statistics. It is further, structured to conduct/participate in need based research studies in various settings and utilize the research findings to provide quality nursing care. The hours for Practical will be utilized for conducting Individual / group research project

Unit	Time (Hrs)	Learning Objectives	Contents	Teaching Learning Activities	Assessment Methods
I	10	*Describe the Identification and management of women with high risk pregnancy	High-risk pregnancy-assessment & management <ul style="list-style-type: none"> Screening and assessment <ul style="list-style-type: none"> Ultrasonics, cardiotomo-graphy, NST, CST, non-invasive & invasive, Newer modalities of diagnosis High –risk approach Levels of care; primary, secondary & tertiary levels Disorders of pregnancy <ul style="list-style-type: none"> Hyper-emesis gravidarum, bleeding in early pregnancy, abortion, ectopic Pregnancy, vesicular mole, Ante-partum haemorrhage Uterine abnormality and displacement Diseases complicating pregnancy <ul style="list-style-type: none"> Medical and surgical conditions Infections, RTI(STD), UTI, HIV, TORCH Gynaecological diseases complicating pregnancy Pregnancy induced hypertension & diabetes, Toxemia of pregnancy, hydramnios, Rh incompatibility Mental disorders Adolescent pregnancy, Elderly primi and grand multipara 	*Lecture Discussion *Demonstrate using video films, scan reports, photo graph etc *Case discussion/ presentation *Health talk *Practice Session *Supervised Clinical practice *Assessment of skills with checklist *Lecture discussion	*Essay type *Short answers *Objective type *Assessment of skills with checklist *Assessment of patient management problems

			<ul style="list-style-type: none"> • Multiple pregnancy • Abnormalities of placenta & cord • Intra-uterine growth-retardation • Nursing management of mothers with high-risk pregnancy • Maintenance of Records and Report 		
II	10	*Describe management of abnormal labour And obstetrical emergencies	Abnormal Labour – assessment and management <ul style="list-style-type: none"> • Disorders in labour <ul style="list-style-type: none"> ○ CPD and contracted pelvis ○ Malpositions and malpresentations ○ Premature labour, disorders of uterine actions-precipitate labour, prolonged labour ○ Complications of third stage: injuries to birth canal • Obstetrical procedures and operations; <ul style="list-style-type: none"> ○ Presentation and prolapse of cord, Vasa praevia, amniotic fluid embolism, rupture of uterus, shoulder dystocia, obstetrical shock • Obstetrical procedures and operations; <ul style="list-style-type: none"> ○ Induction of labour, forceps, vacuum version, manual removal of placenta, caesarean section, destructive operations • Nursing management of women undergoing Obstetrical operations & procedures 	*Lecture Discussion *Demonstration *Case discussion/presentation *Practice Session *Supervised Clinical practice *Assessment of skills with checklist *Assessment of patient management problems	*Essay type *Short answers *Objective type *Assessment of skills with checklist *Assessment of patient management problems
III	4	*Describe management of post natal complications	Abnormalities during Postnatal Periods <ul style="list-style-type: none"> • Assessment and management of women with postnatal complications <ul style="list-style-type: none"> ○ Puerperal infections, breast engorgement & infections, UTI, thrombo- Embolic disorders, post-partum 		*Essay type *Short answers *Objective type *Assessment of skills with checklist

			haemorrhage, Eclampsia & subinvololution <ul style="list-style-type: none"> ○ Psychological complications: - Post partum Blues - Post partum Depression - Post partum Psychosis		*Assessment of patient management problems
IV	10	*Identify the high risk neonates and their nursing management	Assessment and management of High risk newborn <ul style="list-style-type: none"> • Admission of neonates in the neonatal intensive care units- protocols • Nursing management of : <ul style="list-style-type: none"> - Low birth weight babies - Infections - Respiratory problems - haemolytic disorders - Birth injuries - Malformations • Monitoring of high risk neonates • Feeding of high risk neonates • Organisation & management of neonatal intensive care units • Infection control in neonatal intensive care units Maintenance of reports and records		
V	4	*Describe indication, dosage, action, side effects and nurses responsibilities in the administration of drugs used for mothers	Pharmaco-therapeutics in obstetrics <ul style="list-style-type: none"> • Indication, dosage, action, contra indication & side effects of drugs • Effect of drugs on pregnancy, labour & puerperium, • Nursing responsibilities in the administration of drug in Obstetrics – oxytocins, antihypertensives, diuretics, toco-lytic agents, anti-convulsants; • Analgesics and anesthetics in obstetrics • Effects of maternal medication on foetus & neonate 	*Lecture discussion *Drug book Drug presentation	*Essay type *Short answers *Objective type *Assessment of skills with checklist *Assessment of patient management problems

VI	10		<p>*Appreciate the importance of family welfare programme</p> <p>*Describe the methods of contraception & role of nurse in family welfare programme</p>	<p>Family Welfare Programme</p> <ul style="list-style-type: none"> • Population trends and problems in India • Concepts, aims, importance & history of family welfare programme • National Population: dynamics, policy & education • National family welfare programme; RCH, ICDS, MCH Safe motherhood • Organization & administration at national, state, district, block and village levels • Methods of contraception; spacing, temporary & permanent, Emergency contraception • Infertility and its management • Counseling for family welfare • Latest research in contraception • Maintenance of vital statistics • Role of national, international & voluntary organizations • Role of a nurse in family welfare programme • Training/Supervision/Collaboration with other functionaries in community like ANMs, LHVs, Anganwadi workers, TBAs (Traditional birth attendant- Dai) 	<p>*Lecture Discussion</p> <p>*Demonstration</p> <p>*Practice session</p> <p>*Assessment of skills with checklist</p> <p>Assessment of field visits and project reports</p>	<p>*Essay type</p> <p>*Short answers</p> <p>*Objective type</p> <p>*Assessment of skills with checklist</p> <p>*Assessment of patient management problems</p>
VII	Th	Pr	Describe Transportation of baby and common accidents/mishaps in labor room	<p>Transportation of baby and common accidents/ mishaps in labor room- Theory: Guiding principles for transporting sick babies and common mishaps in labor room and their management</p>	Lesson Plan; PPT/Job Aid Checklist	Essay type *Short answer
	1					
VIII	30 mn	1	Describe Counseling GATHER approach	<p>Counseling - GATHER approach- Theory: The concept, components and application of counseling using GATHER approach based on Family Planning Guidelines</p> <p>Practical: Post-Partum or antenatal FP counseling during clinical postings</p>	Lesson Plan; PPT/Job Aid Checklist	Essay type *Short answer

IX	1	2	Describe Post-Partum IUCD (PPIUCD)	Post-Partum IUCD (PPIUCD)- Theory: Introduction to PPIUCD- mechanism, benefits, side effects, return to fertility, complications, Medical eligibility criteria Practical: Family Planning clinics in 4th year BSC(N) Practical sessions. Activity 34- Insertion and removal of IUDs	Lesson Plan; PPT/Job Aid Checklist	Essay type *Short answer
----	---	---	-------------------------------------	--	------------------------------------	-----------------------------

MALWANCHAL UNIVERSITY

COMMUNITY HEALTH NURSING-II

Placement: Fourth Year

**Time: Theory -101 Hours 30 Minutes
Practical - 150 Hours 30 Minute**

Course Description: This course is designed for students to practice Community Health Nursing for the individual, family and groups at both urban and rural settings by using concept and Principles of Health and Community Health Nursing

Unit	Time (Hrs)	Learning Objectives	Contents	Teaching Learning Activities	Assessment methods
I	4	* Define Concepts, scope, principles and historical development of community health and community Health nursing	Introduction * Definition, concept and scope of Community Health and Community Health Nursing * Historical development of <ul style="list-style-type: none"> o Community Health o Community Health Nursing - Pre-independence - Post-independence 	*Lecture discussion	*Essay type *Short answer
II	6	* Describe health plans, policies, various health committees and health problems in India	Health planning and policies and problems * National Health planning in India – 5 year plans * Various committees and commissions on health and family welfare <ul style="list-style-type: none"> o Central council for health and family welfare (CCH and FW) o National Health Policies (1983, 2002) o National Population policy • Health problems in India 	*Lecture discussion * Panel discussion	*Essay type *Short answer
III	15	* Describe the system of delivery of	Delivery of Community Health Services * Planning, Budgeting and material management of SCs, PHC and CHC * Rural: Organization, staffing and functions of Rural Health Services provided by Govt. at :	* Lecture discussion * Visits to various health delivery systems	*Essay type *Short answer

		<p>Community Health Services in Rural and Urban areas</p> <p>* List the functions of various levels and their staffing pattern</p> <p>* Explain the components of health services</p> <p>* Describe alternative system of health promotion and health maintenance</p> <p>* Describe the chain of referral system</p>	<ul style="list-style-type: none"> ○ Village ○ Subcentre ○ Primary Health Centre ○ Community Health Centre/Sub divisional ○ Hospitals ○ District ○ State ○ Centre <p>* Urban: Organisation, staffing and functions of urban health services provided by Govt. at :</p> <ul style="list-style-type: none"> ○ Slums ○ Dispensaries ○ Maternal and child health centres ○ Special clinics ○ Hospitals ○ Corporation/Municipality/Board <p>* Components of Health Services</p> <ul style="list-style-type: none"> ○ Environmental sanitation ○ Health Education ○ Vital statistics ○ MCH – Antenatal, Natal, Postnatal, MTP act, female foeticide act, child adaptation act. ○ Family welfare] ○ National Health programmes ○ School Health Services ○ Occupational Health ○ Defence services ○ Institutional services <p>* Systems of medicine and health care</p> <ul style="list-style-type: none"> ○ Allopathy ○ Indian system of medicine and Homeopathy ○ Alternative health care systems like yoga, meditation, social and spiritual healing etc <p>* Referral system</p>	<p>* Supervised field practice</p> <p>* Panel discussion</p>	
IV	25	<p>* Describe Community Health Nursing approach</p>	<p>Community Health Nursing approaches, concepts and roles and responsibilities of Nursing Personnel</p> <p>* Approaches</p> <ul style="list-style-type: none"> ○ Nursing Theories and Nursing process 	<p>* Lecture discussion</p> <p>* Demonstration</p> <p>* Practice session</p> <p>* Supervised</p>	<p>* Essay type</p> <p>* Short answer</p>

		<p>hes and concepts * Describe the roles and responsibility of Community Health Nursing Personnel</p>	<ul style="list-style-type: none"> ○ Epidemiological approach ○ Problem solving approach ○ Evidence based approach ○ Empowering people to care for themselves <p>* Concepts of Primary Health Care:</p> <ul style="list-style-type: none"> ○ Equitable distribution ○ Community participation ○ Focus on prevention ○ Use of appropriate technology ○ Multi-sectoral approach <p>* Roles and responsibilities of Community Health Nursing personnel in</p> <ul style="list-style-type: none"> ○ Family Health services ○ Information education communication (IEC) ○ Management information system (MIS): Maintenance of records and reports ○ Training and supervision of various categories of health workers ○ National Health programmes ○ Environmental sanitation ○ Maternal and child health and family welfare ○ Treatment of minor ailments ○ School Health services ○ Occupational Health ○ Organisation of clinics, camps: types, preparation, planning, conduct and evaluation ○ Waste management in the centre, clinics etc. <p>* Home visit: concept, principles, process techniques: bag technique home visit</p> <p>* Quantities of community health nurse</p> <p>* Job description of community Health Nursing personnel</p>	<p>field practice *Participation in camps * Group Project</p>	
V	15	<p>* Describe and appreciate the activities</p>	<p>Assisting individuals and groups to promote and maintain their health</p> <p>* Empowerment for self care of individuals, families and groups in -</p> <p>A. Assessment of self and family</p> <ul style="list-style-type: none"> ○ Monitoring growth and 	<p>* Lecture discussion * Demonstration * Practice session</p>	<p>* Essay type * Short answer</p>

		<p>s of community health nurse in assisting individuals and groups to promote and maintain their health</p>	<p>development</p> <ul style="list-style-type: none"> - Mile stones - Weight measurement - Social development o Temperature and Blood pressure monitoring o Menstrual cycle o Breast self examination and testicles o Warning Signs of various diseases o Tests: Urine for sugar and albumin, blood sugar <p>B. Seek health services for</p> <ul style="list-style-type: none"> o Routine checkup o Immunization o Counseling o Diagnosis o Treatment o Follow up <p>C. Maintenance of health records for self and family</p> <p>D. Continue medical care and follow up in community for various diseases and disabilities</p> <p>E Carryout therapeutic procedures as prescribed / required for self & family</p> <p>F. Waste Management</p> <p>* Collection and disposable of waste at home and community</p> <p>G. Sensitize and handle social issues affecting health and development for self and family</p> <p>* Women Empowerment</p> <p>* Women and child abuse</p> <p>* Abuse of elders</p> <p>* Female Foeticide</p> <p>* Commercial sex workers</p> <p>* Food adulteration</p> <p>* Substance abuse</p> <p>H. Utilize community resources for self and family</p> <ul style="list-style-type: none"> o Trauma services o Old age homes o Orphanage o Homes for physically and mentally challenged individuals o Homes for destitute 	<p>* Supervised field practice</p> <p>* Individual / group/family/ community health education</p>	
--	--	---	--	---	--

VI	20	<p>* Describe national health and family welfare programmes and role of a nurse</p> <p>* Describe the various health schemes in India</p>	<p>National health and family welfare programmes and the role of a nurse</p> <ol style="list-style-type: none"> 1) National ARI programme 2) Revised National Tuberculosis Control Programme (RNTCP) 3) National Anti-Malaria programme 4) National Filaria control programme 5) National Guinea worm eradication programme 6) National Leprosy eradication programme 7) National AIDS control programme 8) STD control programme 9) National programme for control of blindness 10) Iodine deficiency disorder programme 11) Expanded programme on immunization 12) National Family Welfare Programme – RCH Programme <p>historical development, organization, administration, research, constraints</p> <ol style="list-style-type: none"> 13) National water supply and sanitation programme 14) Minimum Need programme 15) National Diabetics control programme 16) Polio Eradication: Pulse Polio Programme 17) National Cancer Control Programme 18) Yaws Eradication Programme 19) National Nutritional Anemia Prophylaxis programme 20) 20 point programme 21) ICDS programme 22) Mid-day meal applied nutritional programme 23) National mental health programme <p>* Health Schemes</p> <ul style="list-style-type: none"> ○ ESI ○ CGHS ○ Health insurance 	<p>* Lecture discussion</p> <p>*Participation in National Health Programmes</p> <p>* Field visits</p>	<p>*Essay type</p> <p>*Short answer</p>
----	----	---	---	---	---

VII	5		Explain the roles and functions of various national and international health agencies	* Health Agencies International – WHO, UNFPA, UNDP, World Bank, FAO, UNICEF, DANIDA, European Commission (EC), Red cross, USAID, UNESCO, Colombo Plan, ILO, CARE etc. National – Indian Red Cross, Indian council for child welfare, Family Planning Association of India (FPAI), Tuberculosis Association of India, Hindu Kush Nivaran Sangh, Central Social Welfare Board, All India women's conference, Blind Association of India etc.	* Lecture discussion * Field Visits	*Essay type *Short answer
VIII	Th	Pr	*Describe Roles & Responsibility of MLHP/CHO	Roles & Responsibility of MLHP/CHO- Theory: Roles expected from CHO during their posting at sub-centres in the community	*Lesson Plan; *PPT *Check list	*Essay type *Short answer
	30 min					
IX	4		*Explain New National Health Programs-	New National Health Programs-Theory- Includes updates in National Health Programmes in RMNCAH+N, Adolescent health, MHS, PMSMA, Dakhshata, SUMAN - SurakshitMatritvaAashwasa, WIFS & National Iron Plus Initiative guideline, NTEP, NPCBVI, NPHCE, NPPCD, NTCP, NOHP, NPPC, NPPMBI. Technical updates- Vit- A Supplementation, Iron Supplementation, Albendazole and Calcium supplementation to pregnant women, Antenatal Corticosteroids	*Lesson Plan; *PPT *Check list	*Essay type *Short answer
X	1	2	*Describe Ayushman Bharat, CPHC-Concept. Key elements	Ayushman Bharat, CPHC-Concept. Key elements- Theory: Upgradation of SC-HWC; Concept of CPHC- CPHC Guideline; PMJAY Practical: Visit to SC-HWC during the internship; Understand functionalities of SCHWC using checklist	*Lesson Plan; *PPT *Check list	*Essay type *Short answer
XI	1	2	*Discuss standard treatment	Standard treatment protocols at SC- Theory: Care by CHO as per service delivery	Lesson Plan; *PPT *Check list	Essay type *Short answer

			t protocol s at SC	framework of CPHC guidelines Practical: Diagnostics at SC-HWC		
XII	30 m nt	2	*Describe Social Mobiliz ation skills	Social Mobilization skills - Theory: Understand the concept and benefits of Social Mobilization; role of Health Worker in Social Mobilization Practical: Activity 8 of module 3 of CCH	*Lesson Plan; *PPT *Check list	*Essay type *Short answer
XIII	30 m nt		Describe IDSP	IDSP: Theory: Integrated Disease surveillance programme under Communicable disease	*Lesson *Plan; PPT	*Essay type *Short answer
XIV	30 m nt	1 1/2	*Describe MCTS theory	MCTS- Theory: ANMOL/RCH portal and its implications in improving MCH Practical: Hands-on experience on ANMOL tablet during visit to SC	*Lesson Plan; *PPT *Check list	*Essay type *Short answer
XV	1	4	*Explain National Family Planning	National Family Planning programme- Theory: Newer family planning methods, unmet need, Basket of choice Practical: organising family planning clinics, Counseling of couples using GATHER Approach and Interval IUCD & PPIUCD insertion	*Lesson Plan; *PPT *Check list	*Essay type *Short answer
XVI	1	1	*Explain Health Planning and Healthcare delivery system in India	Health Planning and Healthcare delivery system in India (IPHS)- Theory: Concept of planning and management for health, Health Care delivery system in India as per IPHC norms Practical: Facility assessment checklist for PHC and SC as per IPHS norms	Lesson Plan; PPT & Job Aid Checklist	*Essay type *Short answer
XVII	30 m nt	1	*Explain Sources of Vital Statistics	Sources of Vital Statistics- Theory: different sources and their importance in India, implications on health parameters Practical: community mapping, calculating vital statistics of the community	*Lesson Plan; PPT/Job Aid Checklist	*Essay type *Short answer
XVII I	1	2	*Explain National	National Health Programmes on Communicable & NCDs- Theory: Communicable diseases:	*Lesson Plan; PPT/Job	*Essay type *Short

			<p>Health Programmes on Communicable & NCDs</p> <p>updates in NVBDCP, NTEP (earlier RNTCP) and NLEP</p> <p>Non-communicable diseases: NPCDCS, elderly care (NPHCE), palliative care (NPPC), blindness and visual impairment (NPCBVI), deafness (NPPCD), tobacco control (NTCP), oral health (NOHP), Trauma and Burn Injuries (NPPMBI), Mental Health (NMHP)</p> <p>Practical: Visit to NCD screening camp and NCD clinics</p>	Aid Checklist	answer
--	--	--	--	---------------	--------

MALWANCHAL UNIVERSITY

COMMUNITY HEALTH NURSING – II – PRACTICAL

Placement : Fourth Year

**Time: Practical - 150 hours 30minutes
Internship- 195 hours**

Areas	Duration (in week)	Objectives	Skills	Assignments	Assessment Methods
Communi- ty health nursing	1 wk. for Urban 4 wk for Rural	<ul style="list-style-type: none"> * Identify Community Profile * Identify prevalent communicable and non-communicable diseases * Diagnose health needs of individual, families and community * Plan, provide and evaluate care * Participate in School Health Program * Participate in National Health programs * Organize group for self help and involve clients in their own health activities * provide family welfare services * Counsel and educate individual, family and community * Collect 	<ul style="list-style-type: none"> * Community Health Survey * Community diagnosis * Family care: Home adaptation of common procedures * Home visit: bag technique * Organize and conduct clinics – antenatal, postnatal, well baby clinic, camps etc. * Screen manage and referrals for: <ul style="list-style-type: none"> ○ High risk mothers and neonates ○ Accidents and emergencies ○ Illness : Physical and mental ○ Disabilities * Conduct delivery at centre/home: Episiotomy and suturing * Resuscitate new born * School Health programme <ul style="list-style-type: none"> ○ Screen, manage, refer children * Collaborate with health and allied agencies * Train and supervise health workers * Provide family welfare services: Insertion of IUD * Counsel and teach individual, family and community about: HIV, TB, Diabetics, hypertension, Mental 	<ul style="list-style-type: none"> * Community survey report-1 * Family care study-1 * Project – 1 * Health talk - 1 * Case book recording 	<ul style="list-style-type: none"> * Assess clinical performance with rating scale * Evaluation of community survey report, family care study, project and health talk * Completion of activity record. * Completion of case book recording

		vital health statistics * Maintain records and reports	health, adolescents, elderly health, physically and mentally challenged individuals etc. * Collect and Calculate Vital health statistics * Document and maintain <ul style="list-style-type: none"> o Individual, family and administrative records. o Write reports-center, disease, national health programme/projects 		
--	--	---	--	--	--

Placement: Internship

Time: 4 Weeks

Area	Duration	Objectives	Skills	Assessment
Urban	4 Weeks	* Provide comprehensive care to individual, family and community	* Integrated Practice and group project – 1 in each rural and urban	* Assess clinical performance with rating scale * Evaluation of project

Note: During the Rural Posting they should stay in Health centers under the supervision of teachers.

MANAGEMENT OF NURSING SERVICES AND EDUCATION

Placement: Fourth Year

Time: Theory - 93 hours

Practical :2 hours

Course Description: This course is designed to enable students to acquire understanding of management of clinical and community health nursing services, nursing educational programmes. This is also designed to enable students to acquire understanding of the professional responsibilities, prospects and contribution to the growth of the profession.

Unit	Time (Hrs)		Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
	Th	Pr				
I	4		* Explain the principles and functions of management	Introduction to management in nursing * Definition, concepts and theories * Functions of management * Principles of Management * Role of Nurse as a manager	* Lecture Discussion * Explain using organization chart	*Short answers
II	5		* Describe the elements and process of management	Management Process * Planning; mission, philosophy, objectives, operational plan * Staffing: Philosophy, staffing study, norms, activities, patient, classification systems, scheduling * Human resource management; recruiting, selecting, deployment, retaining, promoting, super annuation etc * Budgeting: concept, principles, types, cost benefit analysis, audit * Material management: equipment and supplies * Directing process (Leading) * Controlling: Quality management * program Evaluation Review Technique (PERT) , Bench marking, Activity Plan (Gantt Chart),	* Lecture Discussion * Simulated Exercises * Case studies	*Essay type *Short answer

III	8	20	<p>* Describe the Management of nursing services in the hospital and community</p>	<p>Management of nursing services in the hospital and Community</p> <p>* Planning:</p> <ul style="list-style-type: none"> ○ Hospital and patient care units including ward management ○ Emergency and disaster management <p>* Human resource management:</p> <ul style="list-style-type: none"> ○ Recruiting, selecting, deployment, retaining, promoting, superannuation etc. ○ Categories of nursing personnel including job description of all levels ○ Patient /population classification systems ○ Patients/population assignment and Nursing care responsibilities ○ Staff development and welfare <p>* Budgeting: proposal, projecting requirements for staff, equipments and supplies for</p> <ul style="list-style-type: none"> ○ Hospital and patient care units ○ Emergency and disaster management <p>* Material Management; procurement, inventory control, auditing and maintenance in</p> <ul style="list-style-type: none"> ○ Hospital and patient care units ○ Emergency and disaster management <p>* Directing and leading: delegation, participatory management</p> <ul style="list-style-type: none"> ○ Assignments, rotations, delegations ○ Supervision & guidance ○ Implement standards, policies, procedures and practices ○ Staff development and 	<p>*Lecture discussion</p> <p>*roaster, ward supervision</p> <p>* Assignment on duties and responsibilities of ward sister</p> <p>* Writing report</p> <p>*Demonstration</p> <p>*Simulated Exercise</p> <p>*Case study</p> <p>*Supervised practice in ward writing indents,preparing duty</p>	<p>*Essay type</p> <p>*Short answer</p> <p>*Assessment of problems solving exercise</p> <p>*Assessment of the assignments</p> <p>* Performance evaluation by ward sister with rating scale</p>

				<p>welfare</p> <ul style="list-style-type: none"> ○ Maintenance of discipline <p>* Controlling / Evaluation:</p> <ul style="list-style-type: none"> ○ Nursing Rounds/visits, Nursing protocols, Manuals ○ Quality Assurance Model, documentation- ○ Records and report <p>Performance appraisal</p>		
IV	5		<p>* Describe the concepts, theories and techniques of Organizational behaviour and human relations</p>	<p>Organizational behaviour and human relations</p> <p>* Concepts and theories of organizational behaviours</p> <p>* Review of Channels of communication</p> <p>* Leadership styles</p> <p>* Review of Motivation; concepts and theories</p> <p>* Group dynamics</p> <p>* Techniques of;</p> <ul style="list-style-type: none"> ○ Communication; and ○ Interpersonal relationships ○ Human relations; <p>* Public relations in context of nursing</p> <p>* Relations with professional associations and employee unions and Collective bargaining</p>	<p>* Lecture Discussion</p> <p>* Role plays</p> <p>* Group games</p> <p>* Self assessment</p> <p>* Case discussion</p> <p>* Practice Session</p>	<p>*Essay type</p> <p>*Short answer</p> <p>*Assessment of problem solving</p>
V	5	5	<p>* Participate in planning and organizing in service education program</p>	<p>In Service education</p> <p>* Nature & scope of in -service education program,</p> <p>* Organization of in-service education</p> <p>* Principles of adult learning,</p> <p>* Planning for in-service education program, techniques, methods and evaluation of staff education program.</p> <p>* Preparation of report</p>	<p>* Lecture Discussion</p> <p>* Plan and conduct an educational session for in service nursing personnel</p> <p>* Assess the planning & conduct of the educational session</p>	<p>*Short answer</p> <p>*Essay type</p> <p>* Assess the planning & conduct of the educational session</p>

VI	10		* Describe management of Nursing education institutions	Management of nursing educational institutions * Establishment of Nursing educational institution-INC norms and guidelines * Co-ordination with- <ul style="list-style-type: none"> ○ Regulatory bodies ○ Accreditation ○ Affiliation - Philosophy/objectives - Organization ○ Structure ○ Committees - Physical facilities ○ College/School ○ Hostel - Students <ul style="list-style-type: none"> ▪ Selection ▪ Admission ▪ Guidance and Counseling ▪ Maintaining discipline - Faculty and staff <ul style="list-style-type: none"> ○ Selection ○ Recruitment ○ Job description ○ Placement ○ Performance appraisal ○ Development and welfare ● Budgeting ● Equipments and supplies: audio visual equipments, laboratory equipment, books, journals etc. ● Curriculum; Planning, implementation and evaluation, ● Clinical facilities ● Transport facilities ● Institutional Records and reports – Administrative, faculty, staff and students. 	* Lecture Discussion * Role plays * Counseling session * Group Exercises	*Essay type *Short answers
VII	10		* Describe the ethical and legal	Nursing as a Profession * Nursing as a profession <ul style="list-style-type: none"> ○ Philosophy; nursing practice 	* Lecture Discussion * Case discussion	*Short answers * Assessment

			responsibilities of a professional nurse. * Explain the nursing practice standards	<ul style="list-style-type: none"> ○ Aims and objectives ○ Characteristics of a professional nurse ○ Regulatory bodies; INC, SNC Acts; - Constitution, functions ○ Current trends and issues in Nursing * Professional ethics <ul style="list-style-type: none"> ○ Code of ethics; INC, ICN ○ Code of professional conduct; INC, ICN * Practice standards for Nursing; INC * Consumer protection Act * Legal aspects in Nursing <ul style="list-style-type: none"> ○ Legal terms related to practice; registration and licensing ○ Laws related to Nursing practice, Breach and Penalties ○ Malpractice and negligence 	* Panel discussion * Role plays * Critical incidents * Visit to INC/SNRCs	of critical incidents
VIII	3		* Explain the various opportunities for professional advancement	Professional Advancement: * Continuing education * Career opportunities * Collective bargaining * Membership with professional organization; National and International * Participation in research activities * Publications; Journals, newspaper	* Lecture Discussion * Review / Presentation of published articles * Group work on maintenance of bulletin board	*Short answers
IX	30 minutes		*Discuss Programme management including Monitoring & Supervision	Programme management including Monitoring & Supervision-Theory: SC-HWC as a program and its impact on community health. CHO's role as manager. Concepts of Leadership, Supervision, Monitoring and De-stressing	*Lesson Plan; *PPT *Check list	*Essay type *Short answer
X	1	1	*Explain HMIS	HMIS-Theory: Concept, data elements and flow, recording	*Lesson Plan; PPT & Job Aid, Checklist	*Essay type *Short answer

				and reporting formats Practical: Orientation on HMIS application during CHC/PHC and SC visit		
XI	1		*Describe Electronic Medical Record	Electronic Medical Record- Theory: Concept, benefits, disadvantages, roles of health care providers	*Lesson Plan; PPT	*Essay type *Short answer
XII	30 mn t	1	*Explain financial management, Accounts and computing at Sub Center	Financial management, Accounts and computing at Sub Center- Theory: budgeting and financial provisions at Sub centre. Untied funds and its usage Practical: study of records and register during the field visits to SC	*Lesson Plan; PPT/ Job Aid	*Essay type *Short answer

MALWANCHAL UNIVERSITY